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THE TRAILS CLUB OF OREGON

History: On October 3, 1915, 26 men of the Progressive Businessmen's Club gathered at Summit of Larch Mountain to dedicate the newly completed trail from Multnomah Falls to the top of Larch Mountain. Capping the ceremony they announced the formation of the Trails Club of Oregon, with Sam Lancaster, famous for building the Columbia River Scenic Hwy, as first president. After a few years as guardians of the trail, our founders became interested in developing an outdoor club, which was incorporated on June 5, 1923 as the Trails Club of Oregon.

Objective: The objectives of the club have remained unchanged: to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities; to promote activities of a social and recreational nature for the benefit and enjoyment of its members; and generally to encourage and promote the physical and mental capacities of its members.

In furtherance of these objectives, the club members volunteer to conduct weekly hikes and other activities in season. This includes maintaining our two lodges, Nesika Lodge overlooking the Columbia Gorge and Tyee Lodge on the south slope of Mount Hood.

Principles: Our foremost rule is always Common Sense and Courtesy to others. It is expected that persons participating in club activities will be physically able and properly equipped to enjoy them. For safety and practical reasons, no intoxicants, smoking, firearms or pets are permitted at Trails Club activities or lodges. The only exception to the rule is published "dog friendly" activities. To avoid possible ill feelings political or sectarian demonstrations are also discouraged.

Club Structure

All club officers and committee members are non-paid volunteers.

Board: The club is governed by a board of four elected officers (President, Vice President, Secretary, Treasurer) and five elected trustees (Trips, Social, Membership, Lodges, Publications), who conduct club business according to our Articles of Incorporation and Bylaws. (Copies of these documents are available on our web page or by request from the Membership Chair.) Board members are recruited by our Nominating Committee and elected by the club members at the annual meeting. Each board member's term of office is two years, with four members elected on the even year and five on the odd. The board meetings are held monthly and members are welcome to attend. Check the web site or current newsletter for the date, time and location.

Committees: Our committees conduct many of the club's events. ***Trips*** and ***Outings*** are responsible for outdoor activities. ***Social*** schedules the annual banquet, club picnics, Adventures & Travels nights and most of the lodge events from March through November with the ***Winter Coordinator*** arranging hosts for the winter months. ***Promotion*** and ***Membership*** work together to endorse our club to prospective members and arrange trips that meet all of the membership requirements. ***Lodge & Properties*** and ***Property Advisory*** oversee the maintenance and

UNA DAVIES HIGH TRAVELER AWARD

The ***High Traveler Award*** is an annual award that goes to the member who has logged the most **new** miles on the Pacific Crest Trail in Oregon, Washington, Northern and Southern California. No duplicate miles may be counted. The High Traveler plaque is displayed at Tyee and an individual plaque is presented to the winner. This award is named in honor of Una Davies, who was also an avid backpacker and president of the Club in 1956-57.

Year	Miles	Hiker	Year	Miles	Hiker
1953	166	Una Davies	1983	210	Dallas Swogger
1954	168	Anne Bohlen	1984	229	Liz Daeges
1955	131	Laura Hook	1985	283	Liz Daeges
1956	162	John Hook	1986	89	June Smelser
1957	258	George & Margery Frank	1987	112	Pat Hahner
1958	107	Norm & Mary Lou Greene	1988	70	Christine Olsen
1959	192	Ding Cannon	1989	120	Susan Keller
1960	248	Inez Riney	1990	*	none
1961	168	Phillip Weigant	1991	110	Christine Klooster
1962	137	Peggy Stone	1992	97	Debbie Harrison
1963	173	Peggy Stone	1993	110	Debbie Harrison
1964	172	Durward Wright	1994	127	Debbie Harrison
1965	338	Connie Burton	1995	140	Ken Becker
1966	382	Dale & Mary Ellen Cowen	1996	160	Ken Becker
1967	227	Judy Johnson	1997	73	Gary & Bev Mohnkern
1968	158	Dale & Mary Ellen Cowen	1998	152	Gary & Bev Mohnkern
1969	178	Connie & Jake Kopp	1999	*	none
1970	136	Robert Hilands	2000	104	Darlene Nelson
1971	121	Connie & Jake Kopp	2001	211	Glen Conrad
1972	149	Twila Rasmussen	2002	359	Linda Conrad
1973	315	Bruno Kolkowsky	2003	261	Glen Conrad
1974	301	Bruno Kolkowsky	2004	311	Linda & Glen Conrad
1975	197	Bruno Kolkowsky	2005	134.	Gerda Eck, Allen Burrell
1976	112	Paul Sawyer	2006		Linda Conrad
1977	80	Bud Dawell	2007	425	Linda Conrad
1978	355	Paul Sawyer	2008	234	Linda Conrad
1979	183	Wyvonne Nordstrom	2009	244	Linda Conrad
1980	102	Patricia Oberlander	2010	392	Glen Conrad
1981	265	Stella Reese			
1982	399	Bud Dawell			

MARY LOU GREENE HIGH MILER AWARD

The ***High Miler Award*** is presented annually to the person who logs the most total miles on club hikes, backpacks, snowshoes, cross country skis, kayaks and a percentage of bike rides. The club's High Miler Award plaque is displayed at Tyee and an individual plaque is presented to the winner. is named in honor of Mary Lou Greene, a former Trails Club president in 1965 and an avid backpacker.

Year	Miles	Hiker
1985	**204**	**Vivian Younce**
1986	**380**	**Paul Sawyer**
1987	**287**	**Nancy Tarter**
1988	**511**	**Paul Sawyer**
1989	**345**	**Dottie Blattner**
1990	**230**	**Nancy Tarter**
1991	**289**	**Marie Deuell**
1992	**281**	**Bob Haldors**
1993	**305**	**Fay Akerson**
1994	**347**	**Fay Akerson**
1995	**219**	**Gerda Eck**
1996	**237**	**Bev & Gary Mohnkern**
1997	**205**	**Giesela Piercy**
1998	**222**	**Gerda Eck**
1999	**459**	**Ann Dudley**
2000	**445**	**Ann Dudley**
2001	**337**	**Gerda Eck**
2002	**306**	**Linda Conrad**
2003	**301**	**Wayne Schweinfest**
2004	**328**	**Glen & Linda Conrad**
2005	**376**	**Gerda Eck**
2006	**266**	**Craig Carlson, Gerda Eck**
2007	**448**	**Linda Conrad**
2008	**396**	**Gerda Eck**
2009	**330**	**Callista Snively**
2010	**403**	**Brian Carlson**
2011	**222**	**Callista Snively**

improvements of our lodges and property. ***Publication*** produces our monthly newsletter and maintains our web site. ***Conservation*** represents us on environmental issues. Our Financial Committees (***Auditing***, ***Budget Advisory***, ***Investments*** and ***Memorial Endowment***) help us to manage and safeguard our funds. ***History*** preserves our club's historical materials. Some committee chairpersons are elected by the membership, some appointed by the president, subject to the approval of the board of trustees, and some are elected by the committee members themselves but all of the committees operate under the supervision of the Board of Trustees.

Members: All club activities are made possible by the voluntary participation of our members. This involves not only serving on committees or on the Board of Trustees, but acting as a leader on a trip or outing, working at the lodges, hosting or cooking at events, assisting with the annual banquet, presenting a program at Travel and Adventure nights and serving in numerous other ways. For more information contact the appropriate committee chairperson listed in the back of this directory.

Meetings: ***The Annual Meeting*** of the membership is held yearly at 7:30 p.m. on the second Monday of November. The location is published in our newsletter and posted on the web the month before the meeting. The program includes annual committee reports, elections of the board members and voting on any Bylaw changes. ***The Annual Banquet*** is held in the spring, usually in April. The event includes presentation of club awards, a guest speaker and program, information booths, and time to socialize with friends. ***All members should plan to attend these club meetings each year.***

Communication: Information about our club activities are published in our monthly newsletter ***"The Trail Blazer"*** and on our web site at ***www.trailsclub.org***.

See ***Club Communications*** section starting on page 8 for more information.

Membership

Requirements: Any person of good moral character and in agreement with the objectives and purposes of the club shall be eligible for membership as a regular member if 18 years of age or older, a senior member if 65 or older, or as a junior member if 12 through 17 years of age. **The following requirements are to be completed within one year:**

1. Complete one regularly scheduled trip; such as a hike, cross-country ski, snowshoe or backpack of not less than four miles: or a bike trip of not less than sixteen miles.
2. Attend one of our lodges during a regularly scheduled event.
3. Have two members, not in the same family or in the applicant's family sign the application as sponsors.

Application forms are available from our trip leaders, on our web page, by mail or phone.

Once all requirements have been met, the completed membership application must be submitted to the Board of Trustees along with the entrance fee of $15.00 and the first year's dues (see below) by mailing it to the club PO Box. New members joining in the last half of the year pay 1/2 the dues. See the application form for half year rates.

Annual Dues: All dues are payable to the club each year on or before the first of January. The dues renewal form is mailed to our members in their December newsletter and available on our web site.

Regular dues are $45 per year. Dues for Junior members (12-17), Seniors (65+), and additional family members at the same address are $25 per year.

Each person must apply for membership. The new member's entrance fee is $15.

Termination: Membership is considered terminated for failure to pay by the first day of February.

Resignation: Members may resign from the club by submitting a written resignation to the board. This allows a member to be reinstated at a later date without meeting many of the membership requirements.

Guests

Non-members who are interested in learning more about our club can request our information packet by mail, e-mail or phone. Guests are always welcome on Trails Club activities but must be accompanied and registered by a member to stay overnight at a lodge. Members can host up to 5 guests at club events. A guest should be a person known to the member.

Trips

Hiking, biking, backpacking, cross-country skiing and snowshoeing are the main outdoor activities of the Club. Our volunteers lead hundreds of trips each year with activity levels for all. These are published in our monthly newsletter and on our web site. Trails Club activities are designed to give participants safe and fun outdoor experiences. We promote awareness, appreciation and enjoyment of our beautiful Pacific Northwest.

Introduction to Trips: Check our pamphlets "Before Going with the Group" and "Cold Weather Guidelines" to become comfortable with trip expectations. Being prepared greatly increases your enjoyment of the trip. Good equipment for the specific activity is required for all events.

Leading a Trip: Contact the Trips Trustee to learn more about leading and to receive "Leading Trips". This booklet will cover most of the topics that you will need to know as a Trip Leader.

Leader Training & First Aid Classes: Each year leader training and first aid are provided free of charge to our leaders. If you are interesting in leading contact the Trips Chairperson for more information.

HENRY WAESPE DISTINGUISHED SERVICE AWARD

The highest honor the Trails Club can bestow is the Henry Waespe Distinguished Service Award. This recognition is given to an individual who has served the Club both well and long. It is given not for a single achievement, but for a record of service to the Club in various capacities. It remembers Henry Waespe, who spent almost a lifetime serving the Club he loved.

1985	**Norm Greene**	**2001**	**Wayne Schweinfest**
1986	**Ding Cannon**	**2002**	**George Blinco**
	Graham Townsend	**2003**	**Jerry Reneau**
1987	**Darrel Tarter**		**June Smelser**
1988	**Lee Squier**	**2004**	**Leonard Murphy**
1989	**Ray Ellis**	**2005**	**Randy Dietrich**
1990	**Arlean Ellis**	**2006**	**Gerda Eck**
1992	**Jeanette Townsend**	**2007**	**Fern Anderson**
1993	**Paul Sawyer**	**2008**	**Merrill Hugo**
1994	**George Milne**	**2009**	**Walt Garvin**
1995	**Dottie Blattner**	**2013**	**Carla Haake**
1996	**Angelo Carella**	**2014**	**Ann Dudley**
1997	**Nancy Tarter**		
1998	**Julie Davies**		
1999	**Dallas Swogger**		

Trip Leader Award

This award is to honor the leader of the most trips in the previous year. These trips may include hiking, snowshoeing, cross-country skiing, bicycling, backpacking, kayaking, and outings.

2009	**Gerda Eck**
	Susan Saul
2010	**Brian Carlson**
2011	**Audrey Perino**
2012	**Audrey Perino**
2014	**Gerda Eck**

THE TRAILS CLUB OF OREGON PRESIDENTS

1916	**S.C. Lancaster**	1956, 57	**Una Davies**
1917	**Henry R. Hayek**	1958	**Ralph Burrough**
1918	**Chester Hogue**	1959, 60	**Norman Greene**
1919	**Fred H. Kiser**	1961, 62	**Pete Stangell**
1920, 21	**R. J. Grace**	1963	**Edward Hill**
1922	**D. P. Wells**	1964	**Paul Riseley**
1923	**George Bickel**	1965	**Mary Lou Greene**
1924	**Fred Steeble**	1966	**Larry Williams**
1925, 26	**H. F. Morden**	1967, 68	**Anne Bohlen**
1927	**Martin Deragisch**	1969, 70	**Carl Soderback**
1928	**A. W. Kindorf**	1971, 72	**Stanley Goodell**
1929	**George Henderson**	1973, 74	**George Blinco**
1930	**Roy D. Beam**	1975	**Jon Vonderbout**
1931	**Herman Erren**	1976, 77, 78	**Walter Ruse**
1932, 33	**Edward Lenz**	1979, 80	**Angelo Carella**
1934, 35	**Glen DeGroff**	1981, 82	**Ray Ellis**
1936, 37	**Edward Neubauer**	1983, 84	**Dallas Swogger**
1938	**Melvin Becker**	1985, 86	**Darrel Tarter**
1939	**Herb Rasor**	1987, 88	**Bernice Stearns**
1940, 41	**G.E. Cannon**	1989	**Gene Hatfield**
1942	**Harold Mace**	1990	**Brent Forsberg**
1943	**Kenneth Martin**	1991, 92, 93	**George Milne**
1944	**Ray Cummins**	1994	**Frank Tucker**
1945	**Harold Mace**	1995, 96, 97	**Oscar Fuller**
1946	**Frank Dorsey**	1998, 99	**Bill Peterson**
1947, 48	**Durward Wright**	2000, 01	**Leonard Murphy**
1949	**Ray Wybenga**	2002, 03	**Gerda Eck**
1950	**Henry Waespe**	2004, 05	**Art Stangell**
1951	**Wm. Spreadborough**	2006, 07	**Craig Sharpe**
1953	**George Velguth**	2008, 09	**Susan Saul**
1952	**Samuel Jacobsen**	2010,2011	**Randy Dietrich**
1954,55	**John Hook**	2012, 2013	**Richard Gaunt**
		2014, 2015	**George Milne**

Outings: The Trails Club members host various multi-day outings during the year. All proposed outings are to be submitted to the Outing Coordinator, approved by the Trips Trustee and reported to the Board before permanently being added to the clubs calendar by the Vice President. Check our booklet "Outings Policy and Procedures" if you are interested in leading.

Trip Fees: The current day trip fee for hikes, backpacks, bikes, snowshoe, cross-country skis and outings are $1.00 per day (or night) for members and $2.00 for non-members. Carpooling suggested donation is $.10 to $.15 cents per mile to the driver, with a limit of $.20-$.30 cents per mile for all riders in a car. Group camping trips or outings may require additional fees and deposits.

Trip Ratings: Many activities will have a rating when listed in the club newsletter. Paying attention to the level of activity may be the difference between a great day for you and an uncomfortable day. Be in adequate physical condition for the activity you are attempting and select trips that match your abilities. **Harsh or unusual conditions may greatly increase the exertion and skill required.** Contact the leader if you have any questions about the trip.

Hike:

Class A - Easiest. Usually an easy to moderate pace with good trails. These hikes will be 4 to 8 miles and no more than 1500 feet elevation gain.

Class B - Longer. Moderately paced. Usually 6 to 12 miles in length with up to 3000 feet of elevation gain.

Class C - Longer, possibly difficult, and have a strong pace. Usually over 8 miles with over 3000 feet of elevation gain. Sometimes the trail itself is in poor condition. Boots are recommended for B/C hikes.

Bicycle:

Class A - Rides are from 20 to 30 miles without hills.

Class B - Rides are from 20 to 40 miles with small hills.

Class C - Rides are longer and have more hills.

Backpack:

Class A - Trips may include beginning or 1st-time backpackers. Typically two days and one night in length. Less than 1000 feet elevation gain per day. Daily mileage in single digits. Trails in generally good condition.

Class B - Trips should have strong hikers and have some backpack experience. Multi-night trips. Elevation gain of up to 2000 feet per day. Daily mileage may reach double digits. Trails may range from good to rugged condition.

Class C - Trips should have strong hikers with considerable backpack experience. Multi-night trips. Elevation gain may exceed 2000 feet per day. Daily mileage may reach double digits. Trails may range from good to rugged condition. May include off-trail or cross-country travel.

Snowshoe and Cross Country Ski:

These events all use a variation of the hikers A, B and C classification with A being the easiest trips.

Multi-day Outings:

These activities may include some hikes, bike rides, snowshoes, X/C skies, backpacks depending on the leader's plans.

Trip Rules:

- Be in adequate physical condition for the activity you are attempting and select trips that match your abilities.
- Contact the leader if you have any questions about the trip and to let them know that you will be attending. If you must cancel let the leader know as soon as possible.
- Arrive at the meeting place 10 - 15 min. before the departure time.
- Good walking shoes or boots are required on the trail, with boots recommended for class B & C hikes.
- Carry plenty of water and a sack lunch.
- Please no smoking, intoxicants, or firearms while participating on trips.
- Pets allowed only on designated trips.
- Pack your Ten Essentials.
- If you are not adequately prepared, the leader has the right to leave you at the meeting place.
- Stay with the group, between the leader and the person appointed to bring up the rear.
- The leader is responsible for the group's safety and determines which routes are taken.

Camp Rules:

1. Guard against fires. Build a fire in designated areas and only if you have secured a permit. Keep it under control and be certain it is extinguished before leaving.
2. Pets are allowed only on designated trips.
3. Please no smoking, intoxicants, or firearms while participating on trips.
4. Leave your camp site in good order and cleaner than you found it. Burn or carry out all refuse.
5. If lost or need help, remember the number 3. Three whistles, three smoke signals, three flashes of light, etc., to signal for aid.

Club Awards

High Mileage Awards

Earning ***patches and chevrons*** is part of the Trips Committees high mileage awards program. Members may apply for the green "Total Trail Miles Hiked" patch after completing 30 miles on published club activities. They may also request mileage chevrons for their accumulated miles in the amounts of 100, 250, 500, 750 and 1000 miles. The top award in this area is the ***Mary Lou Greene High Miler Award*** which is presented annually to the person who logs the most total miles on club hikes, backpacks, snowshoes, cross country skis, kayaks and a percentage of bike rides. The club's High Miler Award plaque is displayed at Tyee and an individual plaque is presented to the winner. This award is named after Mary Lou Greene, A former Trails Club president who was an avid backpacker.

Pacific Crest Trail (PCT) Mileage Awards

Members may apply for the blue "Pacific Crest Trail Backpacker" ***patch*** after completing their first 30 miles hiked on the PCT. Mileage ***chevrons*** are also available in the amounts of 100, 250, 500, 750 and 1,000 for their accumulated miles. The ***PCT All State Award*** plaque and chevron is awarded when a member has traveled the length of the Pacific Crest Trail in Oregon, Washington or separately for Northern and Southern California. There is no time limit for this accomplishment. The ***Una Davies High Traveler Award*** is awarded annually to the member who has logged the most **new** miles on the Pacific Crest Trail in Washington, Oregon, and California. No duplicate miles may be counted. The High Traveler plaque is displayed at Tyee and an individual plaque is presented to the winner. The award is named after Una Davies, an avid backpacker and president of the Club in 1956-57.

Applications forms for these awards are to be sent to the club's PO Box no later than March 1st for the prior year's mileage. Applications and rules are available on our web site or by contacting the committee chair.

Henry Waespe Distinguished Service Award

The highest honor the Trails Club can bestow is the Henry Waespe Distinguished Service Award. This recognition is given to an individual who has served the Club both well and long. It is given not for a single achievement, but for a record of service to the Club in various capacities. It remembers Henry Waespe, who spent most of his lifetime serving the Club he loved.

Nominations are to be sent in writing to the club's PO Box, Attention: President, by March 1st.

Trip Leader Award

This award is to honor the leader of the most trips in the previous year. These trips may include hiking, snowshoeing, cross-country skiing, bicycling, backpacking, kayaking, and outings. No application is needed for this award. A gift card and certificate will be presented to the winner.

Lodge Scheduling Procedures:

This procedure is used to make sure scheduling conflicts do not happen and that lodge hosts are qualified to operate our lodges. Any member can make "incidental use" of the lodges at any time if they are qualified to operate the lodge. However, without scheduling, or checking the schedule, they may encounter an unexpected lodge event. ***It is important to read the lodges information on pages 14 -17 of this hand book to familiarize yourself with many of the lodge rules and procedures before scheduling a lodge event. Additional information will be included in the Lodge Host Packet that will be mailed to you after your event is scheduled.***

1. Check for available dates on the club website at www.trailsclub.org (event calendar; lodge events) to see if the lodge is already scheduled.
2. Request your lodge date by e-mail. Send the request to the specific lodge e-mail address tyee@trailsclub.org or nesika@trailsclub.org. Request must include members name, dates requested, and type of use (Hosted , Host Only, or Special Group). Using these e-mail addresses will send the request to the appropriate people.
   The Vice President, or Tyee Winter coordinator* may be contacted by phone if e-mail is not available.
3. If board approval is required, the VP will make the request at the next board meeting. You will be notified you when your date is approved
4. The VP will notify the webmaster to place the event date, event name and contact name on the Lodges calendar.
5. After your event has been approved, it is your responsibility to submit an article to blazer@trailsclub.org before the Blazer deadline prior to your event, to get your event's information published in the newsletter and placed on the web site if desired. When writing an article for your weekend you should include anything special about the weekend. If you know there will be many small children, or plan to play games until dawn, mentioning this will help get a compatible crowd. What meals will or will not be served, if it's a pot-luck, special foods (vegetarian, etc.) should be mentioned as well.
6. If you need a loaner key, contact the lodge chair so one can be mailed to you before your event. Do not borrow a key from another member unless approved by the lodge chair.
7. A host packet will be sent to you, with all the forms and complete instructions, after your event is scheduled. If you do not receive one, the forms may also be downloaded from the Trails Club web site (Members/Forms).
8. After your lodge event, the hosting forms must be promptly completed and returned, with the lodge fees, to: TCO, PO Box1243, Portland, OR 97207.

* Note: During the winter months (Dec 1 - March 31) Tyee lodge is scheduled by a winter coordinator. Contact the winter coordinator to schedule Tyee lodge during these months.

The Ten (or so) Essentials:

(things you will need to survive an unexpected night on the trail)

1. **Insulation** – extra clothing that can be layered and wicks moisture away including a hat and gloves.
2. **Navigation** – map and compass, know how to use them.
3. **Protection** – insect repellent, sun block, sunglasses and a wide brimmed hat, even on overcast days and when in the mountains.
4. **Illumination** – flashlight or head lamp with extra batteries.
5. **Emergencies** – First Aid Kit, your completed "Emergency Contact & Medical Information Form," paper and a pen in a zip-lock bag. A whistle and mirror to signal for help (3 whistles or flashes of light).
6. **Fire** – fire starter, matches in waterproof container or lighter.
7. **Repair** – including a knife or multi-tool, duct tape, safety pins, toilet paper, zip lock bag to carry out used paper.
8. **Nutrition** – extra food.
9. **Hydration** – extra water in non-breakable bottle.
10. **Shelter** – small mylar space blanket, large trash bags plus a piece of insulation or form.

Meeting Places:

Most leaders designate a meeting place within the Portland Metropolitan area to assemble at before the trip. At the meeting place, participants will be informed about the trip, sign the trip log, pay their trip fee and if they wish, join a car pool.

Gateway Park & Ride on the east side of Portland is used as a meeting place for hikes in the Gorge or on Mt Hood. From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the park and ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84, take I-205 and follow the above exit and instruction.

Wallace Park is a common meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh between NW 25th and NW 26th. Parking is usually not a problem on Raleigh. Tri-Met buses 15, 17 and 77 service is near.

Friendly House is a meeting place for Forest Park and city hikes. Meet in front of Friendly House (2617 NW Savier St.) on NW 26th between Savier and Thurman. Parking is usually not a problem. Tri-Met bus service on routes 15, 17 and 77 is near by.

Target is a common west side meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park and meet on the west side of Target's parking lot across from Starbucks Coffee. Tri-Met buses 47, 52 and 89 service is near.

Club Communications

US Mail - PO box

The Trails Club post office box is the official postal address for the club. All club mail should be sent to the PO box. The address is:

Trails Club of Oregon
P.O. Box 1243
Portland, OR 97207-1243

Club Office Space

The club now has office space for the next year. The address is:

2080 SE Oak Grove Blvd. Suite 10
Milwaukie, Oregon 97267

This space is currently being used by the History Committee, but other committees are welcome to use it if there is a need.

Mail should be sent to the PO box, not the office address.

Phone - Information Line

The club's phone line is for requesting general information about the club. The phone goes directly to a voice mail box that is checked periodically. ***This phone should not to be used for emergency communications*** as messages are not checked daily. The Number is: **503-233-2740**

Newsletter -The Trail Blazer

The Trails Club publishes a printed monthly newsletter, ***The Trail Blazer***, which is mailed to members near the end of each month. Non-members can subscribe to our newsletter for a nominal subscription fee (currently $25 / year). Electronic copies of the newsletter are also available on the Trails Club web site.

Members can choose to save paper by opting for "Electronic Only" Trail Blazers. When you sign up for Electronic Only you will not get a paper blazer in the mail, but you will receive an e-mail reminder each month when the new Trail Blazer is posted to the web site.

Web Site - TrailsClub.org

The club also maintains a web site at ***www.trailsclub.org***. This is quickly becoming the primary place to find current information about club activities because updates can be posted as conditions change.

Current events and activities are posted both by month and some by activity in the ***Event Calendar*** area.

Information of interest to members is in the ***Members*** area. This includes online copies of the newsletter *The Trail Blazer*, club forms, and electronic copies of the clubs by-laws. The member's area also has lists of club award winners and past

Lodge events must be published in the newsletter or on the club web site a minimum of seven days prior to the start of the event to be eligible for fees waivers.

Training: Lodge opening and closing training is typically held during Lodge Work Trips. Host and Cook training are held once or twice a year and covers Lodge Rules, Host/Cook instructions and Lodge forms.

Keys: Those who have been a member for over a year and frequently host or attend work trips may request a personal lodge key by submitting a key request form (available on the web site) to the clubs PO Box for approval by the Board of Trustees. Borrowing another member's key is prohibited. Loaner keys are available for hosts from the lodge chair.

Unscheduled Opening of Tyee: During the period from November 1 through April 30, there is a minimum charge of $50 per night for unscheduled openings of Tyee Lodge. This does not apply to a scheduled and published event, or the night before such an event. The standard lodge fees apply to all who stay the unscheduled night before an event. ***Events must be published 7 days prior to the event, in the Blazer or on the club web site, to qualify as a scheduled opening.***

Lodge Scheduling Policies :

The following policies are used for scheduling and reserving our beautiful lodges. These policies help ensure that lodge availability is fair for all club members.

1. The lodges are for the sole use of our members and their guests. The Trails Club does not rent our lodges to private groups or individuals.
2. Members ***in good standing and who have been approved to operate the lodges*** can schedule the lodges for Hosted, Host Only, or Special Group events or make incidental use of the lodges. All lodge users are encouraged to be aware of other events in the lodges and do their best to coordinate and cooperate with events before, during, and after the lodge visit.
3. Board of Trustees approval is required for Special Group events where the member will be hosting more than 5 guests or taking reservations from non-hosted guests. A member who schedules a Special Group event is responsible for their guests and will collect and submit the standard lodge fees. ***Other members are allowed to use the lodge during these events, if space is available***.
4. When members are using one of the lodges for Incidental Use, ***without a host***, each member is responsible for sending in their own lodge fees and those of their guests, with a completed lodge registration card or lodge usage report to the club's PO Box.
5. The lodges are scheduled through the Vice President (see Scheduling Procedures below). Tyee is scheduled with the Tyee Winter Coordinator Dec 1 through Mar 31.
6. Events chairpersons (Winter Sports, Social, etc.) also need to schedule the dates of club events at the lodges with the Vice President.

Day-Use Fee: $2.00 is charged to all members and guests staying at either lodge during the day. Drop-in hikers are exempt.

Unscheduled Openings Fee: November 1 through April 30, there is a minimum charge of $50 per night for unscheduled openings of Tyee Lodge

Meal Fees: The meal fee is $3.00 for Breakfast, $5.00 for Lunch, (when included in the meal schedule) and $7.00 for Dinner. Children younger than twelve (12) are half price. Meal fees may be higher if announced in the event description or at registration.

Registration: Contact the host listed in our newsletter or on our web site to register for a lodge event. The deadline for registration is usually the Wednesday prior to a weekend event before 9 p.m. unless a different deadline is stated. Members may make reservations for themselves and up to 5 guests. Lodge hosts will not accept reservations from non-members.

Cancellation: If you need to cancel, contact the host as soon as possible. Members and guests are obligated to pay for their meals if they are no shows or cancel after the deadline. Contact the host for amount due and payment instructions.

Fees Payment: Payment of fees should be made to the lodge Host, or sent to the Trails Club at P. O. Box 1243, Portland, OR 97207.

Lodge Volunteer Opportunities:

Work Trips: The lodges are maintained at monthly "work trip" weekends during the summer months. Lodging and meals are provided free to those that participate. See the club newsletter or web site for more information.

Hosting: Members in good standing and who have been approved to operate the lodges can volunteer to host. The host is responsible for scheduling the event, submitting an announcement, taking member reservations, opening and closing the lodge, enforcing lodge rules, making sure that the lodge is clean for the next group, collecting lodge fees for their event and for the previous non-published night before, and completing and submitting the lodge forms and fees to the club's PO Box.

Cooking: Meals are offered at many hosted lodge events. The lodge cook may be a member or a guest of a member. The cook is responsible for planning the menus, shopping for the food, transporting the food to the lodge, preparing and serving the meals. Cooks typically provide a dinner and breakfast during an overnight event. Lunches may also be provided on multi-day events.

Benefits: At published "***Hosted***" events the lodge overnight fee and meal fee are waived for the host and one cook. When more than 15 people are served meals, an additional assistant may be added who also receives their overnight fee and meals free of charge. An additional assistants may be added for every 15 people served.

At published "***Host Only***" events the lodge overnight fee is waived for the host.

The Tyee winter Unscheduled Opening fee is waived for Hosted events.

presidents. A Members Only area, accessible with a password, contains direct contact information for club officers and trustees as well as board of trustee meeting minutes. Members can get access information by contacting the webmaster.

Other web site information includes General information about the club, photo galleries, and general contact information for the club.

Facebook

A Trails Club of Oregon ***Facebook*** group has been established for use by members and those interested in the club. The group it is currently informal and there for members to use as they will. No attempt is made to post all, or any, club activities to the group. The group is restricted, so people must ask to join the group.

To join the group you must have a Facebook account, you can then search for the "Trails Club of Oregon" group and join the group.

Information can be posted by any member of the group and so do not necessarily represent a recommendation by the club or its board of directors.

Yahoo group - TCOmem

TCOmem ***Yahoo*** group was started to serve as an informal e-mail list server for people interested in Trails Club activities. It is an administered group, so people must ask to join the group. The group does not reach all members, nor is is strictly limited to current club members. People expressing a genuine interest in the club are allowed to join the group.

To join the group you must have a Yahoo account (they are free). Then go to groups.yahoo.com and search for TCOmem. Click on "Join this group" then wait for the confirmation e-mail message.

Messages can be sent by any member of the group and so do not necessarily represent a recommendation by the club or its board of directors.

Trails Club Meetup

The club has recently established a Meetup site. Meetup is an additional way to publicize and manage trips. The event leader posts the event on Meetup themselves. Meetups provide many tools to help leaders manage their event and is a ideal way to set up a short notice trip.

E-mail

A great deal of club communication is conducted via e-mail. We include e-mail contact information whenever possible for event leaders and include member e-mail addresses in our directory.

The following e-mail addresses are used for routine club business. It is best to use these e-mail addresses, rather than a personal e-mail directly to an individual, when possible. These addresses are routed to all the current, appropriate people.

Club

mail@trailsclub.org - This is a general contact e-mail for information about the club. Messages are directed to the membership committee.

membership@trailsclub.org - This e-mail is used to send corrections to member information such as address, phone, and e-mail changes. It is also used to opt in and out of the "electronic only" Blazer list. This address is routed to the membership database manager.

Publications

blazer@trailsclub.org - This is the address that is used to submit articles to our publications; ***The Trail Blazer*** and our web site. Messages are directed to the Trail Blazer editor, the webmasters, and the vice president (for the club calendar).

webmaster@trailsclub.org - This address is used to contact the webmasters about issues specific to the club web site trailsclub.org, and other electronic communications that are maintained by the club. This e-mail is routed to the webmaster and the assistants as well. This lets us cover for each other when one of us is away having outdoor fun.

Lodges

The two club e-mail addresses make it easy to request lodge use, contact the lodge chair, or report conditions at one of our lodges. These e-mail are routed to the lodge chairs and the vice president (for scheduling).

Nesika Lodge	Nesika@trailsclub.org
Tyee Lodge:	Tyee@trailsclub.org
Tyee Winter Coord	TyeeWinter@TrailsClub.org

TyeeWinter is used to contact the Tyee winter hosting coordinator. This is used to volunteer to host at Tyee in the winter, or find out if a winter weekend is available. It is ***not*** used to make reservations for a lodge stay. You must contact the host directly to make a lodge reservation.

* Each member may bring up to 5 guests to the lodges (Including all children). A guest should be a person known to the member. Guests must be registered by a member. Lodge hosts will not accept reservations from non-members.

Lodge Rules:

- The overriding rules at the lodges are always ***Common Sense and Courtesy to Others***. Please make an extra effort to cooperate with the other lodge users so everyone enjoys their time at the lodge.
- All persons using the lodges are to sign the register, even if they do not stay overnight.
- No smoking, intoxicants or firearms allowed in or near the lodges.
- Pets are allowed outside at lodges only at "Pet Friendly" events.
- Minors using the lodges must have adult supervision.
- Use of the kitchen area must be approved by the cook or host.
- Storage of food is not permitted in the dorms.
- No open flames allowed in the sleeping areas.
- All users of the lodges are expected to help with the kitchen chores and lodge clean-up. Everyone is responsible for leaving the lodge clean for the next group.
- All garbage must be hauled out and no food is to be left behind other than club staples.
- The the lodge trustee must approve any modifications to the lodge buildings or property. Contributions of equipment and materials must also have prior approval.
- All major projects must be approved by the Lodge Committee.
- It is the responsibility of **everyone** using the lodge to see that lodge rules are followed.

Lodge Fees:

Everyone who stays the day or overnight in the lodges, on or near lodge property and has access to any of the lodge buildings is required to pay lodge fees, except for lodge events where the board has approved the fees being waived.

The following overnight rates apply for both Nesika and Tyee as of April 1, 2010:

Adult Member (18 and over)	$10.00
Adult Guest (18 and over)	$15.00
Junior Member	$5.00
Teen (Age 12-17)	$10.00
Child (under Age 12)	$5.00
Member Family Cap	$30.00
Guest Family Cap	$40.00

The family cap is the maximum a family pays per night for lodge fees. A family is defined as one or two adults from the same household and the minors related to them.

Lodge General Information:

Our lodges are run "cooperatively". Everyone helps with the chores, and everyone helps make sure new people know the routines and rules. There is no paid staff or caretaker to clean up after you, so please do your share of the clean-up before you leave.

Sleeping quarters are dormitories with bunk beds. Mattresses are provided at both lodges, but you need to bring your own sleeping bag or bedding.

Lodge Events: Our lodges are open many weekends and holidays throughout the year for our members and their guests to enjoy. This is made possible by our members who volunteer to host or cook at an event. On event weekends the lodge is usually open from Saturday afternoon to Sunday afternoon. Reservations are required to stay overnight and for meals. Please review all of the information below before registering for a lodge event.

Types of Events:

- **Hosted** events have a member host and at least one cook. Meals, usually dinner and breakfast, are offered at the lodge for a reasonable fee. Hosted events must be scheduled with the Vice President and published in our newsletter and/or on our web site. Hosted events are open to members and their guests.*
- **Host Only** events have one member host. Meals are not provided. Everyone is responsible for their own food or a potluck item. Host Only events must be scheduled with the Vice President and published in our newsletter and/or on our web site. These events are open to members and their guests.*
- **Special Group** requests are made by a member who wishes to hold an event, such as a family reunion or another group, where there will be more than 5 guests per member or taking reservations from un-hosted guests. These events are scheduled with the Vice President, who will submit the request to the board for approval. The event may be non-published and only noted on the club Lodges calendar. If a write-up of the event is published at least 7 days before the event and TCO members attend, fees may be waved for the host and/or cooks during the event, see Hosted or Host Only above. The requesting member serves as the lodge host and has all of the responsibilities of a lodge host. Members are allowed to use the lodge during these events if space is available.
- **Incidental Use** is unscheduled, non-published, visits to the lodges by a member and their guests*. The member is responsible for the proper operation of the lodge, submitting their lodge fees for themselves and their guests, and leaving the lodge clean and ready for the next group or event. Qualified members may use the lodges at any time, but are encouraged to check the Lodges schedule so they are aware of other scheduled uses of the lodges.

Club Officers

The club also has established club e-mail addresses to make it easy to contact the right person based on their club role without having to look up who is responsible, then find their personal e-mail. There is a club e-mail address each for officer and trustee as well as addresses to contact just the officers or entire board.

Board of Trustees	board@trailsclub.org
Club Officers	officers@trailsclub.org

Officers:

President	president@trailsclub.org
Vice Pres.	vicepres@trailsclub.org
Secretary	secretary@trailsclub.org
Treasurer	treasurer@trailsclub.org

Trustees

Nesika Lodges	NesikaChair@trailsclub.org
Tyee Lodges	TyeeChair@trailsclub.org
Membership	MembershipChair@trailsclub.org
Publications	PublicationChair@trailsclub.org
Social	SocialChair@trailsclub.org
Trips	TripsChair@trailsclub.org

Others:

Legal Counsel	legal@trailsclub.org

Note: e-mail addresses are **not** case sensitive. Capitalization is shown for clarity.

Lodges

The club owns, and maintains two lodges. ***Tyee Lodge*** on Mt Hood near Government Camp and ***Nesika Lodge*** in the Columbia River Gorge.

TYEE LODGE

Tyee Lodge was officially dedicated on September 28, 1952, with an addition built in 1958. The lodge is situated on Forest Service land about two miles northeast of Government Camp. The three level lodge contains two sleeping areas on the upper floor, a large comfortable living room with a fireplace, a full kitchen with two glass top electric ranges and a big dining hall on the main floor and on the lower area a ping pong room, drying area for wet clothes and an equipment holding area. The lodge can accommodate 22 women and 22 men in the bunk style sleeping dormitories.

It is reached in winter by a quarter-mile trail starting at a point four-tenths of a mile up the Timberline Road. In summer the lodge is reached by driving about one mile up the West Leg Road.

Tyee Lodge is open most weekends in the winter. It is close to Summit Ski Area and the Alpine Ski Trail. The terrain surrounding the lodge has a gentle slope, making it an attractive area for beginning skiers and snowshoers. During the summer months the lodge is used for many events and as a base for hiking on the numerous trails in the area.

NESIKA LODGE

The original Nesika Lodge, a rustic log cabin was built in 1924 on the club's property in the Columbia River Gorge, between Multnomah Falls and Oneonta Creek, high above the Columbia River. The original lodge was replaced with a beautiful log and stone structure built mainly by our members and dedicated in 1997. The new lodge includes a full kitchen centered around a wood burning range, dining space, game areas and plenty of space to sit around the fireplace. A local water system and generator provide water and power for the lodge. The sleeping quarters, two bunk style dormitories provide three separate sleeping areas for approximately 50 people. There is also space for small tents for those that prefer to sleep outdoors. Other outbuildings include a generator building, wood shed, tool shed and outhouses.

The club's property is normally reached by trail. The more scenic approach starts from the Columbia River highway at Multnomah Falls just 30 miles from Portland. The route follows along Multnomah Creek with its many waterfalls and cascades, then cuts through Multnomah Basin and a tall timbered area, a total distance of about four miles. The other approach is via Palmer Mill Road near Larch Mountain, then by trail. The road is gated so you must have a key to drive in.

Nesika Lodge is an ideal spot for large or small parties with the opportunity to take numerous hikes in the surrounding area, or just take an easy stroll out to the viewpoint to enjoy the spectacular view of the Columbia River Gorge.

MEMBERSHIP HANDBOOK

P.O. BOX 1243
Portland, OR 97207
www.trailsclub.org
mail@trailsclub.org

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