



Trail Blazer

Vol. 92 No. 7 For information, access www.trailsclub.org

July 2019



Beverly Drotter shares naturalist insights on a hike up to Nesika.

July	Events Summary	
3	Wed	Morning & Evening Hikes
4-7*	Thu-Sun*	Wickiup Sisters Backpack <i>*may change</i>
10	Sun	AM & PM Hikes
11	Thurs	Kelly Point Park Bike
15	Mon	<i>Blazer Deadline</i>
17	Wed	Morning & Evening Hikes
19-21	Fri-Sun	Nesika: Work Trip
20-21	Sat-Sun	Tyee: Work Trip
20	Sat	Sandy River Bike Ride
24-25	Wed	Elk Cove Backpack
24	Wed	Morning & Evening Hikes
27-28	Sat-Sun	Tyee: Hike and Dine
28	Sun	Canby-Sawtell Bike Ride
31	Wed	Morning & Evening Hikes

Scheduling, fees, and lodge availability are updated on website www.trailsclub.org

REPEATING HIKES

Morning Hikes - Class A/B, Weds. 9:30 AM, 2-4 hours

We hike 4 to 6 miles for 2 to 4 hours, usually in the Portland metropolitan area. Watch the web site for leader and meeting place information.

July 3 - No leader yet, see website.

July 10 - Leader: Audrey Perino, 503-522 9911, audrey53@comcast.net

July 17 - Leader: Sue Holmes, 971-212-9540, sueholmes28@yahoo.com

July 24 - No leader listed, see website.

July 31 - Meet at Friendly House, corner of NW Thurman and NW 26th, for 9:30 departure. Leader: Kathy Pollock, 503-341-9441, pollockkathy@ymail.com

Wednesday Evening Hikes @ 6-8 PM, Class B

Start at 6 PM sharp and hike at about 3 miles/hour until 8 PM-ish in Forest Park and the West Hills. Be prepared for elevation gain. Please carry a flashlight or headlamp and dress for changeable weather. **Meet:** Wallace Park between NW 25th and 26th on Raleigh. **Cost:** Free for Trails Club members; \$2 non-members.

Check Facebook, Meetup or TCO website for changes.

July 3 - Ldr.: Bob Link fanmanr@aol.com 360-859-3745

July 10 - Ldr: Bruce Seymore
bruceseymore65@gmail.com 503-722-2290

July 17 - Ldr: Gini Bateman ginibateman@comcast.net
503-771-1560

July 24 - Ldr: Lotte Schmitz lotteschmitz@msn.com
503-722-2290

July 31 - Ldr: Rebecca Knudeson rknudeson@gmail.com

EVENTS & ACTIVITIES



Wickiup Sisters Backpack

July 4 (or 5th?) - 7th (or 8th?) - See Website

[We are contemplating changing dates to July 5th through 8th if majority prefer to be home for July 4th.] This event still has space!! Please note that I'm keeping a list of those seriously interested in attending, and will give priority to previous attendees of backpack training classes or prior experience, as well as attendees for June 22 first aid weekend at Tyee Lodge. All interested : Please contact me directly to be put on waitlist via personal message here, or via comments below. More details to follow, meeting place may change. If the weather looks rainy I will cancel the trip.

...EVENTS Continued Page 3

MEMBERSHIP NOTES

First readings:

- *Jane Gunn*, Portland, sponsored by Gini Bateman and Bob Link
- *Tiare DC King*, Beaverton, sponsored by Raya Budrevich and Sarah Pitzman
- *Henry Day and Delores Day*, Beaverton, sponsored by Beverly Drotter and Susan Ashtenfelder

Jr. Member:

- *Johanna Wagner*, Vancouver, sponsored by Nathan Barton and Susan Ashenfelder

TRAIL BLAZER

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**POSTMASTER: Send address changes to
THE TRAILS CLUB OF OREGON
P.O. Box 67095, Portland, Oregon 97268-1095**

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one-year period, approval by the Board of Trustees, and payment of \$50 in dues and a \$15 entrance fee.

Board Meetings: Usually first Tuesday of the month, 7:00 pm, at Mazamas Mountaineering Center, 527 SE 43rd Ave. at SE Stark St. Portland, OR

President Sheryl Wagner
President@trailsclub.org

Vice President Beverly Drottar
VicePres@trailsclub.org

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Secretary@trailsclub.org

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Changes and other club correspondence should be sent to:
Membership@trailsclub.org or

Trails Club of Oregon
P.O. Box 67095
Portland, OR 97268-1095



Meeting Places

Friendly House NW Thurman and 26th. TriMet bus service on routes 15, 17 and 77 is nearby.

Gateway TCO : From I-205: take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple blocks and park in the Park and Ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84: take I-205, take the above exit and instructions

Mazamas Mountaineering Center (MMC): A common meeting place for Board meetings and other administrative functions. It is located at 527 SE 43rd Avenue, one block south of Stark St.

Target: A common westside meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park and meet on the west side of Target's parking lot across from Starbucks Coffee. Tri Met bus service on routes 47, 52 and 89 is nearby.

Tryon Creek State Park: Sometimes used for Wed. AM (and other) hikes. From I-5 South: Take Terwilliger Blvd. exit, bear right, heading south past Taylor's Ferry Rd. and bear left at at Boone's Ferry Rd split, right at second roundabout exit, staying on Terwilliger. Park entrance is a right about one mile past the roundabout. Park near the Nature Center.

Meetup Website

The Trails Club Meetup site allows event planners to organize TCO events online and publicize these events to a wider audience. While we try to get every event in the Blazer and on the Trails Club website (www.trailsclub.org), some events, especially those planned on short notice, may not appear in the Blazer.

All events posted on the TCO Meetup site at:<https://www.meetup.com/Trails-Club-of-Oregon/events/> are automatically added to our new web site. Use the Calendar menu item for a monthly calendar or use the Activities menu to filter events. Registration on the web site is not required to view the events.

Also: All may use the Payment menu item on our web site to use PayPal to pay your dues. You can pay for all members in a household in one transaction.



Jeff Lawton's photo of painters hard at work at Nesika

EVENTS, Continued...



Kelly Point Park Bike Ride

July 11

More details to be posted on the website. Leader: Audrey Perino, 503-522-9911 audrey53@comcast.net



Nesika Lodge July Work Trip

July 19-21

This work trip we will continue to work on the water line. We will be doing some brush clearing on the road and trails. Bring your tools. Would be nice if someone could bring in a weed whacker. We will try to get another tent pad built. We will be watering trees every work trip. Since there is 1360 that will take some time. We have a water hook up at the new tank so we hopefully will not have to carry too many buckets of water. We still have debris from fire to haul out with tractor. Thanks for everyone's help. Will be good to see you. We will be painting Copula if weather permits and finish painting on the Generator Shack. We will also be training people on driving the tractor if you are members. Goal is to increase usage of the lodge. You are eligible to open the lodge if you have been a member for one year and if you have gone through orientation on opening and closing the lodge. You then need to send in a \$20. key deposit to open and close lodge and to get into the gate on Larch Mountain Road.

Please let Linda Conrad know if you are interested in leading a membership hike on Saturday. For membership hikes we like the group to be at the lodge by noon and we will furnish lunch.

I will meet people on Friday at Walmart Exit 16 on HWY 84 at 8:00 AM. Gate will be open on Friday and Saturday at 9:00 AM. Gate will be open on Saturday night for those who want to leave. Meals and lodging are free for the labor. Since our dorms burnt down please bring a tent, sleeping pads, sleeping bag and flash lights. Please state when you will be coming in and when you are leaving. Please contact Linda Conrad before July 19th to register. You can register below or email Linda at lcgrconrad@aol or call or text on cell phone at; 360-907-5096.



Tyee Lodge July Work Trip

July 20-21

Join us at Tyee for our mid-summer work party. We will have a variety of maintenance items at various levels to complete in order to keep our mountain lodge functioning. Jobs that need to be accomplished: Stacking and bringing in wood, general Lodge cleaning and inventory, general cleaning outside around lodge, general inspection, light plumbing repairs, possible staining of back porch and stairs.

Lodging and meals provided for to those attending and participating. Please stipulate which meals that you will be attending and any dietary requirements that you have.

RSVP's close on the Wednesday prior to work party so we can get a good count for meals. If you are spending the night, Lodge has "dorm" sleeping and you will need a sleeping bag.

If we have time and daylight on Saturday, we can go for a short hike in the area.

Lodge will open at 8:30 Saturday morning and close by noon on Sunday. Meals will be lunch and dinner on Saturday and breakfast on Sunday. Work party host is Bill Yandon email: wkyandon@gmail.com



Sandy River Bike Ride

July 20, 9 AM - 5 PM

Join me for a ride that follows the Sandy River from its mouth to Dodge Park, and crosses it twice. We will start at Lewis & Clark State Park near Troutdale, head south on the Historic Columbia River Highway for a few miles before crossing the river on the Stark Street Bridge, ride up and down the hills and dales and across the farmland above the river, then cross the river once more at Dodge Park, where we turn around. Total distance is approximately 30 miles, with cumulative elevation gain about 1,800 feet. Be prepared for some short but steep hills. Optional lunch in Troutdale after the ride.

Meet: 9 AM at Lewis & Clark State Park near Troutdale, Exit 18 from I-84. Go south after exiting freeway; the parking lot is just past the railroad underpass on the left. No parking fee. Leader: Dave Crout 503-460-9782, or dave_sandy@comcast.net. Contact leader for more information.



Elk Cove Backpack

July 24, 8 AM - July 25, 12 PM

We'll access Elk Cove on the north side of Mount Hood via the Vista Ridge Trail and the Timberline Trail. The views are great on the way up especially once we reach the Timberline Trail and Wyeast Basin. Scenery should include the north face of Mount Hood, Mount Adams, Saint Helens, and Mount Rainier. Elk Cove itself is quite picturesque with views of the north side of Mount Hood. Good water should be available and plenty of campsites. We'll spend the night at Elk Cove and explore the area. Mileage will be approximately 4 ½ each way with about 1700 feet of elevation gain going in and about a 400 foot loss into Elk Cove. Number of participants limited to six due to wilderness restrictions and desire to keep impact to a minimum. No fees to Trail's Club member, nonmember fee is \$2.00 per day. NW Forest pass required to park at trailhead. To register sign up on meetup or contact leader prior to Monday July 22nd at 8:00 PM Leader: Bill Yandon E mail wkyandon@gmail.com

...EVENTS Continued Page 4



EVENTS, Continued...

Tyee: Hike & Dine, "Fiesta Dinner" **July 27, 10 AM - July 28, 12 PM**

Cooks: SUE HOLMS AND LIZ SCHELLING
Please join Liz Schilling and Sue Holmes for a Southwestern Fiesta Dinner the last weekend in July. Liz is a well thought of chef in NW Portland where she resides and has agree to cook with her friend Sue. Hope to see you all there. Come con Mucho Gusto, Amigos!

Hikers meet at 10 am at Tyee Lodge. Hike leader gets free meal!

DINNER IS USUALLY SERVED AT 6 PM. Some dinners will be limited to 30 persons, dinner and breakfast are \$ 20.00. Pay at Tyee Lodge. Reserve for overnight \$15 for members. Day only \$20:\$17.00 dinner + \$ 3.00 lodge fee. Guests overnight \$ 25.00. Extra money over the cost of the raw food will aid Trails Club budget. Make reservations or cancel by Wednesday morning week of event.

For **RESERVATIONS** and more information call NANCY OVERPECK at 360-836-5464. Failure to cancel reservation will result in payment the cost of the meal.

This activity is last Saturday each month through October, with next month being a triple, Kathy Pollock , Nancy O, Barbara Jones (holiday), then Nancy O and Ann McKinney, and conclude with Gerda Eck and Cathy Schiedler. We would love to have Tyee Lodge full (30) of members and guests for Hike and Dine!

Canby-Sawtell Bike Ride **July 28, Class C**

We will ride mostly on rural roads past farms and countryside going from Canby to Mollala. Then we will ascend Sawtell Hill which is a strenuous 1100 ft climb, in about 6 miles. As we go up, the scenery becomes more forested and there are beautiful views. 45 miles round trip.

Depart: Contact leader for details. **Leader:** Maureen Covell, 503-954-4501 charleycvl@aol.com

CONSERVATION NOTE

Your conservation committee has no organization to introduce this month, just some reminders about your own role in conservation.

First, as you plan your summer hikes, climbs, and backpacks, consider volunteering with some of the organizations we have previously featured. I especially recommend Trailkeepers of Oregon as a good fit for TCO members. I can attest from repeated personal experience that you will go to someplace beautiful, in good company, have a day of satisfying work, learn something new, and be glad you volunteered. <https://www.trailkeepersoforegon.org>

Second, be aware of all the little ways we as individuals make things better—or worse— by our daily habits. It adds up! Consider your water usage— a good place to start is the Regional Water Providers Consortium, with outdoor tips: <https://www.conserveh2o.org/outdoor-water-conservation-tips> and indoor tips: <https://www.conserveh2o.org/indoor-water-conservation-tips> Most of us can do much better with little pain.

Plastics and their role in wildlife disasters have been in the news. If you have not already, consider investing in washable, reusable grocery bags, and even more importantly, the wonderful washable produce bags: <https://washableproducebags.com> (These are the ones I use, but there are scores of different brands out there now. Buy from bulk bins when you can, and avoid plastic packaging whenever possible.

Last, if you are up at Nesika, look for our little seedlings with the green, orange and pink flagging. Take a few minutes to fill a 5 gallon bucket and give them a drink. Thank you!

That is all for now. Enjoy your summer outdoors! For the love of our forests, streams, rivers, and wetlands,

Your Conservation Committee



Resting after a day of work and play at Nesika. Jeff Lawton

ANNUAL BANQUET A SUCCESS!

Food, musicians, and dancing were all wonderful at the Annual Banquet this June. Many thanks go to everyone who helped plan, setup, and/or attended the event!

Of particular note, we honored several of our dedicated members for their contributions to the club:

The **Waespe Award** was presented to **Jeff Lawton** for his volunteerism in jump starting and spearheading much of our social internet presence with Meetup, Nesika website, and Facebook. He also has been a hike leader and avid participator in work weekends. When he has an idea, he goes forth and makes it happen.

Randy Dietrich was recognized for his multiple years of board participation as well as many years of service creating and managing the database as well as his immense participation in building Nesika. Now that he has stepped down from the board, the president awarded him with a woodworking apron and Japanese dovetail saw so he can spend more time on his favorite hobby.

Joel Rietz was recognized for always being on the job at Tyee, fixing nearly everything. He has also been a board member for awhile and was presented with a Dickies Trails Club employee work shirt and tool belt so he can continue his jack of all trades work at the lodge.





June Nesika Work Trip Report

A lot of work was done in a very short time period at Nesika. The roads and trails were brushed from the Brown Gate to the lodge by Glen Conrad and Ron Kinder. The generator shack was repainted and is now a camouflage green and brown. The painting was lead by a new Member Guy Meacham. They did a fabulous job. The water line is hooked up to the upper tank thanks to Pete Recksiek and Grant Nelson. The new wiring to the upper water tank has been placed in repaired conduit, the circuit boxes have been rewired at the pump. This was completed by Lynn Cochran, Dave Bogardus, Grant Nelson and Pete Recksiek. Pete Bryant placed a new check valve on the discharge side of the pump. This has drastically reduced the filling time for the tank. The cupola of the main lodge has a new forest green color on the back side and one end. To be completed at next work trip. We are still working on reparation of the old Nesika sign. It is currently getting numerous verathane coats to protect it from the weather so it can return to it's rightful place on the trail at the gate. We had great meals donated by Karen and Roger Anderson this weekend which also fed our 10 guests on Saturday's membership hike led by our VP, Beverly Drottar. Jeff and Echo worked hard for two days watering our precious 1360 trees which we planted in May. We want to thank all who attended and lent a hand to beautify and rejuvenate our beautiful lodge. - Linda Conrad

Photos: Wilderness First Aid at Tye



Board Meeting Minutes - June 4th 2019

Attendees: Beverly Drottar , Vice President; Cindy Lee, Treasurer; Rebecca Knudeson, Secretary; Glen Conrad, Nesika Trustee; Lori Leach, Membership Trustee; Joel Reitz, Publications Trustee; Linda Conrad, Social Trustee
Absent: Aaron Bech, Tyee Trustee; Nathen Barton, Trips trustee

Treasurer's report – Cindy

Chris Monti our investment Fund Volunteer Manager. Chris gave us some history about how the fund has been invested. Currently it is in a money market fund. We discussed how we could incrementally over a period of years buy into a balanced stock/bonds investment. We could identify what we need for Nesika and make a plan for the rest. As a board we can change the inflation rate every 5 years.

Beginning balance, 4/1/19:.....	\$22,996.65
Checks & Payment (Withdrawals):.....	-\$2,265.16
Deposits:.....	\$3,721.92
Ending balance, 4/28/19	\$24,453.41

Committee Reports:

Nesika – Glen: There has been a good survival rate on the tree planting at the beginning of May. On Memorial Day, a group of backpackers were scheduled but the weather caused them to cancel. Bob Horn changed fluids in the tractor. We discussed repair of water tank lid. Trail is open now along with the Larch Mountain road.

Tyee — Aaron absent.

Membership—Lori. Cleaned up the data base for the directory. She will contact one last time via email some of those with errant dues. Discussed whether \$50 for dues was too much. May revisit a reduced senior rate in the future.

Publications – Joel. Blazer editor is doing a good job. [*Hey, thanks! Sorry I'm often delayed. I'm changing jobs and moving right now...*] We printed 275 directories with 239 addresses. [Joel] is slowly setting up the website so people can publish their own information. He still needs to transfer over a couple things from the old website. Moved and passed that we provide a gift membership and initiation fee to our editor. [*Aww, shucks! Thanks again!*]

Social—Linda: The annual banquet was successful.

New Business:

- Moved and passed to designate Joel to replace Randy as signer on the Investment Fund.
- Discussed nominating committee.
- Cancelled July meeting due to lack of a quorum. The next meeting will be Aug 6.



Jeff Lawton's view from Nesika Lodge at sunset.

TRAILS CLUB OF OREGON
P.O. BOX 67095
Portland, OR 97268

www.trailsclub.org

July 2019

Gentle Reminders

For activities such as bicycle, snowshoe, and x-c skiing check with the leaders for the difficulty level. Good equipment for the specific activity is required for all events. For hikes, snowshoe:

Class A—Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B—Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C—Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the trip leader if you have any questions and to let him or her know that you will be attending. Bring plenty of water and a sack lunch. Please, no alcohol. Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Fees

There is no charge to Trails Club members for day activities; non-members pay \$2. Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders. Other fees may apply.

If you have RSVP'd for an activity at a lodge involving food expense and are unable to participate, you are obligated to do one of the following: Cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: blazer@trailsclub.org

Submissions are due by the fifteenth of the month prior to publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis
Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name, Phone, and/or email.

Editor: Dave Hays

Send pictures, new events, corrections and anything else for the Trails Club of Oregon website to:

webmaster@trailsclub.org