



Trail Blazer

Vol. 92 No. 9 For information, access www.trailsclub.org

September 2019



REPEATING HIKES

Morning Hike - Class A/B, Wednesdays 9:30 - ~noon

We hike 4 to 6 miles for 2 to 4 hours. Watch the web site for leader and meeting place information.

9/4 - Pier Park , Leader: Ken Kane

9/11 - Friendly House at NW Thurman and 26th , Sue Holmes 971-212-9540 sueholmes28@yahoo.com

9/18 - Audrey Perino, 503-522-9911 audrey53@comcast.net

9/25 - Wayne Schweinfest, 503-253-3073 WSchweinfest@msn.com

Evening Hike, Weds @ 6-8 PM, Class B

We leave at 6 PM sharp; hike until 8 PM-ish in Forest Park and the West Hills. Bring water, a flashlight or headlamp, and dress for changeable weather. Meet: Wallace Park between NW 25th and 26th on Raleigh. Check Meetup or TCO website for changes in listings.

9/4 - Rebecca Knudeson, rknudeson@gmail.com, 503-810-0988

9/11 - Gini Bateman, ginibateman@comcast.net, 503-771-1560

9/18 - Catherine Schielder, catherineschied@gmail.com, 503-234-1839

9/25 Rebecca Knudeson, rknudeson@gmail.com, 503-810-0988

September Events Summary

1-3	Sat-Tues	Tyee: Hike & Dine, Labor Day Wknd
2	Mon	Puget Island - Deer Sanctuary Ride
4-5	Wed-Thu	Jefferson Park Backpack
7	Sat	Willamette Park/Zoo Ride
7	Sat	Puget Island - Deer Sanctuary Ride
8	Sun	Green Mtn - Lacamas Lake Ride
10	Tues	<i>Board Meeting</i>
12-16	Thu-Sun	Mt. Adams Backpack
15	Sun	<i>Blazer Deadline</i>
15	Sun	Portland to Gladstone Loop Ride
20-22	Fri-Sun	Nesika: Work Trip
21	Sat	Membership Hike to Nesika
21	Sat	Canby Ferry Bike Ride
28-29	Sat-Sun	Tyee: Hike and Dine
29	Sun	Banks-Vernonia Bike Ride

Scheduling, fees, and lodge availability are updated on website www.trailsclub.org

MEMBERSHIP NOTES

First readings: **Tony Jones**, sponsors (sp): Nathen Barton & Susan Rice; **Liz Schilling**, sp: Sue Holmes & Audrey Perino; **Ronald Potts & Karen Eddleman**, : Bill Yandon & Bob Horn; **Delores Niebergall**, sp: Glen Conrad & Inge Winters; **James Cansler**, Beaverton, sp: Bill Yandon & Beverly Drotter; **Tatiana Pereira**, sp: Inge Winters & Bob Horn; **Kim Perez**, sp: Linda Conrad & Bob Horn; **Steve Bigham**, Beaverton, sp: Inge Winters & Bob Horn; **Angela Palacios**, Oregon City, sp: Beverly Drotter & Linda Conrad; **Tony Heiner**, Beaver Creek, sp: Beverly Drotter & Linda Conrad; **Natasha Haynes**, sp: Linda Conrad & Beverly Drotter; **Gretchen Baller**, sp: Glenda Chaite & Sue Pickgrobe; **Grant Nelson**, sp: Nancy Overpeck & Barbara Doenecke.

Second readings: **Jane Gunn**, sponsors (sp): Gini Bateman & Bob Link; **Tiare DC King**, sp: Raya Budrevich & Sarah Pitzman; **Henry Day & Delores Day**, sp: Beverly Drotter & Susan Ashtenfelter; junior member: **Johanna Wagner**, sp: Nathan Barton & Susan Ashtenfelter.

We accepted all the second readings.

Editor's Note: This edition of the Blazer is late due to unforeseen circumstances. Apologies! -Dave

TRAIL BLAZER

Published monthly by the
Trails Club of Oregon
P.O. Box 67095
Portland, OR 97268

Organized 1915 Incorporated 1923
Member of the Federation of Western Outdoors Clubs (FWOC)

Electronic subscription is included with membership. Non-member subscription by request to PO Box is \$25 per year.

**POSTMASTER: Send address changes to
THE TRAILS CLUB OF OREGON
P.O. Box 67095, Portland, Oregon 97268-1095**

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one-year period, approval by the Board of Trustees, and payment of \$50 in dues and a \$15 entrance fee.

Board Meetings: Usually first Tuesday of the month, 7:00 pm, at Mazamas Mountaineering Center, 527 SE 43rd Ave. at SE Stark St. Portland, OR

President Sheryl Wagner
President@trailsclub.org

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Changes and other club correspondence should be sent to:
Membership@trailsclub.org or

Trails Club of Oregon
P.O. Box 67095
Portland, OR 97268-1095



Meeting Places

Friendly House NW Thurman and 26th. TriMet bus service on routes 15, 17 and 77 is nearby.

Gateway TCO : From I-205: take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple blocks and park in the Park and Ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84: take I-205, take the above exit and instructions

Mazamas Mountaineering Center (MMC): A common meeting place for Board meetings and other administrative functions. It is located at 527 SE 43rd Avenue, one block south of Stark St.

Target: A common westside meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park and meet on the west side of Target's parking lot across from Starbucks Coffee. Tri Met bus service on routes 47, 52 and 89 is nearby.

Tryon Creek State Park: Sometimes used for Wed. AM (and other) hikes. From I-5 South: Take Terwilliger Blvd. exit, bear right, heading south past Taylor's Ferry Rd. and bear left at at Boone's Ferry Rd split, right at second roundabout exit, staying on Terwilliger. Park entrance is a right about one mile past the roundabout. Park near the Nature Center.

Meetup Website

The Trails Club Meetup site allows event planners to organize TCO events online and publicize these events to a wider audience. While we try to get every event in the Blazer and on the Trails Club website (www.trailsclub.org), some events, especially those planned on short notice, may not appear in the Blazer.

All events posted on the TCO Meetup site at:<https://www.meetup.com/Trails-Club-of-Oregon/events/> are automatically added to our new web site. Use the Calendar menu item for a monthly calendar or use the Activities menu to filter events. Registration on the web site is not required to view the events.

Also: All may use the Payment menu item on our web site to use PayPal to pay your dues. You can pay for all members in a household in one transaction.



Springwater Corridor ride: Ken Kane

WORK TRIPS



Nesika—September 20th 9 am to 22nd 12 pm

We will open gate on Larch Mountain Road at 9:00 AM on Friday and Saturday morning. The gate will also be open on Saturday evening for those not wishing to spend the night.

Activities: Continue with management of clearing weeds around seedlings. Possibly build 2 outhouses. Fall cleaning. Trail clearing, wood supply. We may be working with wood slabs, hauling and stacking for storage. We are still working on water tank wiring. Any electricians who would like to help are welcome.

Call or text Linda Conrad at 360-907-5096 to register. You will need tent, sleeping bag and pad. Food for work trips is free.



Time warp! A September photo makes it into the September Blazer from Bill Yandon, Jefferson Park backpacking trip.

EVENTS & ACTIVITIES



Jefferson Park Backpack September 4 @ 8:30 am - Sept/ 5 @ 1:00 pm

We'll access Jefferson Park via the Whitewater Trail on the south and west side of Mount Jefferson. Our hike in will be approximately 6 miles or so one way with approximately 1800 feet of elevation gain. Jefferson Park is well known for its scenery and is an extremely popular destination. Once we get to Jefferson Park, we'll explore the area for the best campsites (Scout or Russel Lake?), and set up camp and explore some more if we wish. Limit of backpacker is six to reduce impact and comply with Wilderness restrictions, drivers need NW Forest Pass to

park at trail head. No fees to dues paying Trail's Club members, nonmembers pay \$2.00 per day. Meeting site time: 8:30 AM at the French Prairie Rest Stop at milepost 281 just south of Wilsonville. Cars cannot be left at Rest Stop, contact leader via e mail to arrange carpool and parking at Leaders home in area. Leader: Bill Yandon email wkyandon@gmail.com



Willamette Park/Zoo Bike Ride September 7 @ 9:45 am - 2:00 pm

NOTE: THIS IS A CHANGE IN DATE FROM THE ORIGINAL POSTED ON THE BIKE SCHEDULE

We'll ride from Willamette Park downtown to Goose Hollow, MAX up to the Zoo and ride back down to Willamette Park. Most of the ride is on city streets and there are a bunch of hills, both up and down (so this is a fair bit harder than my usual rides, but I promise to go slowly and/or wait on the hills). Between 15-20 miles. Bring \$\$ and/or a ticket for the MAX ride. We'll probably go somewhere for lunch after the ride. I don't ride in the rain or the excessive heat, so please call me on my cell if the weather seems iffy.

Meet: 9:45 am for a 10 am departure, in front of Fulton Pub at 0618 SW Nebraska St., near the entrance to Willamette Park. There should be parking on Nebraska St. or other side streets, but you may have to look around. Leader: Audrey Perino 503-522-9911 (cell) or email audrey53@comcast.net



Puget Island / White Tail Deer Sanctuary Ride September 7 @ 10:00 am - 12:00 pm

This is an "B" ride of 33.4 mostly flat miles. The pace will be somewhere between 12-15mph. This is not a race or a training ride. More of a tootle. We will meet at Skamokowa Vista Park, ride through the White Tail Deer Sanctuary, the bucolic berg of Cathlamet then on to lovely Puget Island. There is about a mile of gravel path as we cross the deer sanctuary.

If you wish to combine this with camping and kayaking, we will be camping at Skamokowa Vista Park on Thursday and Friday nights. Make your own reservations: (360) 795-8605

\$2 for Non-Trailsclub Member riders.



Green Mtn – Lacamas Lk Bike Ride - Class B September 8 @ 10:00 am - 2:00 pm

Spend This is a 25 mile loop ride with a scenic traverse around Green Mtn and Lacamas Lake. There is 846 ft of ascent, largely in the Green Mtn and Lacamas Lake middle portion of the ride, with a rest/lunch stop at Lacamas Lake.

Depart: 10 am on McGilivray just east of Chkalov in Vancouver.

EVENTS, Continued...

There is street parking on McGillivray.

The ride may be cancelled and rescheduled in bad weather – please contact leader before the day of the ride if you intend to ride so information about any cancellation can be sent to you.

<https://ridewithgps.com/routes/21066760>

Leader: Terry Lawson 971-998-6072
lawson.terry@gmail.com



Mt Adams Backpack Loop: Morrison Creek Trail to Lake Takhlakh September 12 @ 6:00 pm - September 15 @ 2:00 pm

We will leave from the Pendelton Woolen Mill Parking Lot in Washougal just off HWY 14 at 6:00PM Thursday evening and drive up to Morrison Creek Camp to spend the night. Friday morning we will shuttle a car to Lake Takhlakh our exit point.

We will hike from Morrison Creek Trail Head to Looking Glass Lake on Friday Night. Looking Glass Lake is less than a mile off the trail. Approximately 6-7 miles. Saturday we will hike from Lookingglass Lake to Sheep Lake and spend the night unless a better spot can be found. Approximately 5-6 miles. Sunday we will hike from Sheep Lake to Takhlakh Lake approximately 5-6 miles.

We will need one car to assist shuttle driver to pick up car at Morrison Creek. You will need tent, tent tarp under tent, insulated pad, warm sleeping bag, stove, fuel, cook

gear, set of warm clothes and rain gear. I like a poncho. If rain is predicted it would be good to bring an extra tarp. Be prepared to hang your food. If snow is predicted we will cancel trip. You will need 3 breakfasts, 3 lunches and 2 dinners. Be prepared to filter water.

If you have questions please phone or text Linda Conrad @ 360-907-5096.



Portland to Gladstone Loop Ride - Class A September 15

This is a leisurely 22 mile ride, mostly flat and mostly on bike paths. We will go from Sellwood along the Springwater and 205 bike paths to Gladstone, and return on the Trolley Trail. Join us for one of the last Trails Club rides of the season. Contact leader for start time and location. Ride Leader: Maureen Covell, email: charleycvl@aol.com , phone: 503-954-4501



Membership Hike to Nesika September 21 @ 8:30 am - 5:00 pm


We will leave the Gateway Park and Ride PROMPTLY at 8:30 AM, then drive to the parking lot along Interstate 84 for Multnomah Falls to meet up in front of Multnomah Falls Lodge for the start of our hike around 9:00 AM. The parking lot fills quickly on the weekends so be prepared to car pool and be on time. The hike is 4 miles from Multnomah Falls Lodge, up the Larch Mountain Trail to the Nesika Lodge with 1800 feet of elevation gain. First mile is a good climb gaining 900 feet, moder-



Palmiteer Point hikers: Mike Haasken

ating after the top of the Falls the rest of the way. Round trip mileage is 8 miles, but the reward is lunch at our beautiful Nesika Lodge. This hike is very scenic, with views of Multnomah Falls from above, and other falls along Multnomah Creek on the way to the Lodge. Pace will be one to two miles per hour, taking time to enjoy the journey. Trail's Club members will be working on necessary tasks at the Club's Lodge over the weekend. We will join the work crew for lunch, but bring snacks and water for the hike up and back.

This hike fulfills the qualifications to apply for membership with the Trail's Club, membership forms will be available to fill out. Carry water and snacks, non-cotton clothing and sturdy hiking shoes are preferred. Fees for the hike are \$2 for non-members and free for members. Hike leader: Bill Yandon email; wkyandon@gmail.com

 **Canby Ferry Bike Ride**
September 21 @ 9:00 am - 5:00 pm

Join me on a beautiful but challenging ride from Oregon City to Canby, across the Willamette, up and over Pete's Mountain to West Linn, and back to Oregon City over the Arch Bridge. This ride features the Oregon City Municipal Elevator, exploration of the Molalla Forest Road multiuse path in Canby, and of course the Canby Ferry. Add in scenic farmland and countryside south of the river, and great views north of the river, including an up-close look at Willamette Falls. Total distance is approximately 28 miles, with cumulative elevation gain about 1,500 feet.

...EVENTS Continued Page 6



A break to look up mushrooms...: Mike Haasken

CONSERVATION NOTE

Fall greetings! This month your conservation committee would like to reinforce our past messages with a few suggestions for members this fall for what you can do to support conservation of the places we love.

Join the Nesika work party September 20-22, and help us free up our little reforestation seedlings, which have been overgrown and overwhelmed. If you can't stay overnight, you can go in Saturday morning and leave Saturday evening after a delicious dinner.

Go to trailkeepersoforegon.org and sign up to volunteer for trail work. This is always a good way to have fun outdoors while giving back. And yes, they do trail work in the winter, too.

Set aside a few minutes each week to write or email your state or federal representatives about an issue you care about. So many of the places we love, so many of the laws which protect the wilderness and wildlife we love, are currently at risk. Almost every organization we have featured has issues listed on its website needing your support (or opposition.) From opposing mines near Mt St Helens (cascadeforest.org), to asking your state legislator for revision of the Oregon Forest Practices Act (forestwaters.org , oregonwild.org) to require more trees left along streams during timber harvest, your voice can make a difference.

Have you heard about the new movement among doctors for "RX Outdoors," physicians actually writing prescriptions for their patients to spend time outdoors? As TCO members you clearly believe that spending time outdoors is good. Try to find time each week to simply stand in a forest, not plunging off on a conditioning hike, but simply stand or sit, and smell, listen and look. Pay attention to the ground cover, the forest duff, the little shrubs, the hardwoods, as well as the great conifers. Notice who else is there, birds, bugs, ground dwellers, tree dwellers. And contemplate what her forests mean to Oregon, to all Oregonians, and to you. And for our older members, who are not out hiking the trails as they once did, time outdoors is even more important for your health; take time even if only to sit somewhere outdoors each week. You can do some of your reading and writing outdoors, with a little Herbal Armor (non-DEET) to keep the bugs from interrupting your concentration, soaking in the outdoors and filling your RX Outdoors prescription.

Wishing you fall beauty, wild mushrooms, and great hikes,

For the love of of our forests, streams, rivers, and wetlands,

Your Conservation Committee




EVENTS, Continued...

\$2 per bike on the ferry. Optional lunch at end of ride.

Meet: 9 AM at Jon Storm Park, 1801 Clackamette Dr., Oregon City. Access Clackamette Dr. from southbound McLoughlin Blvd. by turning right at the signal prior to the southbound I-205 ramp. From the south, turn left at the signal just after the I-205 ramp which is noted by a sign for Clackamette Park. Park is at the south end of Clackamette Dr.

Contact leader for more information. Leader: Dave Crout 503-460-9782, or dave_sandy@comcast.net

 **Hike and Dine September 28**
September 28 @ 10:00 am - September 29 @ 12:00 pm

HIKE AND DINE: INVITE YOUR FRIENDS

Celebrate Food and you can Hike too. Nancy O and Ann McKinney are cooks.

Menu: Petit steaks, baked stuffed potatoes and home-made rolls and Ann's "special" vegetables.

Breakfast cheese strata and pecan stickies. Plenty of sausage & eggs for gluten-free.

Meet at 10:00 am Saturday at Tyee and carpool to Hike.

Hike leaders get "free" meal. Make reservations by Sept 25. Nancy Overpeck : 503-894-9455 & Cell 503-806-2900 overpeck@wa-net.com

DINNER IS USUALLY SERVED AT 6 PM. Some dinners will be limited to 30 persons,

Dinner and breakfast are \$ 20. Pay at Tyee Lodge. Reserve for overnight \$15 for members. Day only \$20: \$17 dinner + \$ 3 lodge fee. Guests overnight \$ 25.

Extra money over the cost of the raw food will aid Trails Club budget. Make reservations or cancel by Wednesday morning week of event.

FAILURE TO CANCEL RESERVATION WILL COST THE PRICE OF THE MEAL.

We would love to have Tyee Lodge full (30) of members and guests for Hike and Dine.

 **Banks-Vernonia Bike Ride - Class B**
September 29

We will start at the Banks trailhead and ride to Vernonia on a paved bike/walking/horse path. The trail was built on a former railroad bed and passes through beautiful forested land. There is a 7 mile gradual, mild uphill section with 1 short steep hill. The rest is mainly flat or downhill. We will eat lunch in one of the restaurants in Vernonia. About 41 miles round trip. There is also an option to start from Buxton Trailhead, which shortens the ride to about 27 miles round trip. Contact leader for start times, directions and questions.

Leader: Maureen Covell 503-954-4501 or charley-cvl@aol.com



Happy Birthday, Bob! Jeff Lawton

Trails Club of Oregon Board Minutes

Date: 8/6/19

Attendees:

Beverly Drottar, Vice President; Cindy Lee, Treasurer; Rebecca Knudeson, Secretary; Glen Conrad, Nesika Trustee; Aaron Bech, Tyee Trustee; Joel Reitz, Publications Trustee; Linda Conrad, Social Trustee; Nathen Barton, Trips Trustee

Absent: Sheryl Wagner, President; Lori Leach, Membership Trustee Approved previous meeting June minutes

Treasurer's Report, Cindy

Beginning Balance 5/1/19	\$23,453.41
Checks & Payment (withdrawals).	(\$4,203.23)
Deposits...	\$3,985.26
Ending Balance 5/31/19	\$24,235.44
Beginning Balance 6/1/19	\$24,235.44
Checks and Payment	(\$2,625.46)
Ending Balance 6/30/19	\$21,609.98

Cindy is still trying to obtain a statement from Columbia Threadneedle, the company holding our investment fund. The post office fire and change of boxes have interrupted our communication.

Committee Reports:

Nesika Lodge, Glen

We are locked out at the gate on Larch Mtn Road and are working with the Forest Service to rectify the lock situation before the work trip this weekend.

On the June and July work weekend, we worked on the water system, repairing the collapsed top. The basement to the men's dorm was emptied, all metal reduced to scrap and hauled to the parking lot by Pete Bryant and Ron Kinder. Iron Mt Tree Service will take half of the slabs cut from downed trees as payment for their services. Paul Cutter and Linda Conrad painted the cupola. 20 people attended the June work trip, 12 on the July trip. Tree survival looks good so far.

MINUTES, Continued...

Permits: Since May we have been working with Multnomah County. Now, they have added a new sewage requirement. Another \$2200 may be required to get the septic permit.

Tyee Lodge, Aaron

We are attempting get the oil tanks filled. Some of the projects completed by the 15 attendees on the July work weekend: replaced the galvanized pipe to the kitchen sink, sprayed the foundation for bugs, repaired a toilet in women's restroom, repaired the supply valve to the drinks sink, and filled the basement wood bin. The outside wood storage is about 20% full. Discussed storing some small extra tanks of fuel in the paint tower. A motion passed to sell at the annual meeting any unneeded outing equipment to free space in the storage room. The wood boxes can be used at Nesika. The folding chairs will stay at Tyee.

Membership, Lori via email

First readings: Tony Jones, sponsors: Nathen Barton & Susan Rice; Liz Schilling, sponsors: Sue Holmes & Audrey Perino; Ronald Potts & Karen Eddleman, sponsors: Bill Yandon & Bob Horn; Delores Niebergall, sponsors: Glen Conrad & Inge Winters; James Cansler, Beaverton, sponsors: Bill Yandon & Beverly Drotter; Tatiana Pereira, sponsors: Inge Winters & Bob Horn; Kim Perez, sponsors: Linda Conrad & Bob Horn; Steve Bigham, Beaverton, sponsors: Inge Winters & Bob Horn; Angela Palacios, Oregon City, sponsors: Beverly Drotter & Linda Conrad; Tony Heiner, Beavercreek, sponsors: Beverly Drotter & Linda Conrad; Natasha Haynes, sponsors: Linda Conrad & Beverly Drotter; Gretchen Baller, sponsors: Glenda Chaite & Sue Pickgrobe; Grant Nelson, sponsors: Nancy Overpeck & Barbara Doenecke.

Second readings: Jane Gunn, sponsors: Gini Bateman & Bob Link; Tiare DC King, sponsors: Raya Budrevich & Sarah Pitzman; Henry Day & Delores Day, sponsors: Beverly Drotter & Susan Ashtenfelter; junior member: Johanna Wagner, sponsors: Nathan Barton & Susan Ashtenfelter.

We accepted all the second readings.

We discussed keys still in possession of a few people who are no longer members. Membership will send out postcards to them. Joel has the database.

Publications, Joel. Website is going well.

Trips, Nathen. We are looking to plan and get input.

Social, Linda

The annual meeting at the Hollywood community center was inexpensive. We will try to get it for our meeting in November and include potluck appetizers.

Hike and dines are going well. Will try to start up pic nights again.

New Business

1.) Moved and passed to change the inflation rate for the minimum balance requirements on our investment account to 2% retroactively to the previous 5 year re-evaluation time (2 years ago).

2.) We discussed updates to the bylaws to be presented at the annual meeting for a vote of the membership. Topics of the amendments, listed in a separate section of this Blazer*, include:

- Housekeeping changes to reflect the different communication modes now used with members
- Remove the specific inflation rate for investments minimum because this is determined by the Board periodically which does not require a by-law change.
- Change the membership process to encourage new members by instituting a "provisional" membership which provides immediate benefits upon payment pending completion of the full process within a year. This change serves to remove confusion during the process.

3.) Moved and passed to request a release of \$50,000 maximum from our investment fund, as needed, to replace buildings at Nesika over the time of reconstruction. The bylaws require a 2/3 vote of a quorum at the annual meeting. We hope to also draw money from the wood slabs and donations.

4.) We briefly discussed renting Tyee to outside groups.

5.) Moved and passed to direct Chris Monti to incrementally diversify the Fidelity account as recommended by the investment committee in June.

6.) Nomination committee: Chaz Shaw, Jeff Lawton. We need 3 more people.

7.) Approved the private event use of Tyee for Aaron's son's school on October 4th and 5th. We also approved Tyee's use for Nathen's scout group on Nov 9-10. Next month we will continue our discussion of Mazama's use of Tyee.

Sept 10 next meeting at Mazama's.

*Editor: Will post next Blazer, sorry.



TRAILS CLUB OF OREGON
P.O. BOX 67095
Portland, OR 97268

www.trailsclub.org

September 2019

Gentle Reminders

For activities such as bicycle, snowshoe, and x-c skiing check with the leaders for the difficulty level. Good equipment for the specific activity is required for all events. For hikes, snowshoe:

Class A—Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B—Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C—Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the trip leader if you have any questions and to let him or her know that you will be attending. Bring plenty of water and a sack lunch. Please, no alcohol. Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Fees

There is no charge to Trails Club members for day activities; non-members pay \$2. Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders. Other fees may apply.

If you have RSVP'd for an activity at a lodge involving food expense and are unable to participate, you are obligated to do one of the following: Cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: blazer@trailsclub.org

Submissions are due by the fifteenth of the month prior to publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis
Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name, Phone, and/or email.

Editor: Dave Hays

Send pictures, new events, corrections and anything else for the Trails Club of Oregon website to:

webmaster@trailsclub.org