



Trail Blazer

Vol. 92 No. 11 For information, access www.trailsclub.org

November 2019



Fall clouds in the Gorge. Photo: Rachel Eggers

November Events Summary

All Wednesdays	Morning Hikes (see <i>Repeating Hikes</i>)
2 Sat	Elderberry Syrup Making at Nesika
5 Tues	Board Meeting
9-10 Sat-Sun	Scouts use Tye Lodge
10 Sun	Trails Club of Oregon Annual Meeting
15 Fri	Blazer Deadline
15-17 Fri-Sun	Deschutes Backpack

Scheduling, fees, and lodge availability are updated on website www.trailsclub.org

MEMBERSHIP NOTES

First readings: Gladys Garza sponsors: Bill Yandon, Linda Conrad. Jonathan Pape sponsors: Bill Yandon, Linda Conrad

Second Readings approved: Chris Anderson, Judy Henderson, Laura Mehren, Hannah Holloper, Steven MacDonald, Jon Ugenti

Membership Summary: 310 total members: 253 regular members, 2 Life/Golden, 36 Life, 5 junior, 14 Golden

Important Web Page Update: The Meetup events no longer transfer automatically to our web site. Meetup broke that function. Events must be entered on our web site separately. Trails club events MUST be on our web site to be official, and listing on Meetup is optional.

TCO ANNUAL MEETING

Nov. 10th, 2:30 PM to 4:30 PM

The Annual meeting is used to vote on Bylaw changes, nominate and elect board trustees who overlook the management of the club and welcome new members. Refreshments will be provided. Feel free to bring goodies to donate to the meeting. Drinks will be provided.

This year we will be electing a new Treasurer, Trips and Tye Lodge Trustee. Please come and meet the present board, share ideas and promote our club.

Directions: North on Cesar Chavez Blvd., Right on Hancock and right on 40th Ave. Parking is in the back (turn on 41st). Some parking on the street is available. Destination is on East side of 40th in the Hollywood Senior Center, 1820 NE 40th Ave, Portland, OR 97212

EVENTS & ACTIVITIES

 **Elderberry Syrup Making at Nesika**
November 2 @ 10:00 am - 2:00 pm

Get ready for cold and flu season with this Elderberry Syrup making class at beautiful Nesika Lodge. Enjoy lunch and a syrup making lesson by herbalist Jeremy Riddle RH, RMT, PhD and his partner Bryce Colson LMT, RMT, PhD, owners and practitioners at Bound to Happen <https://boundto happen.health/>

We will begin syrup making at 11 a.m., breaking for lunch during the time the syrup is cooling. After lunch we will bottle the cooled syrup and everyone will go home w/ some of this amazing elixir.

We will meet at 10:00 a.m. at the 10 mile snow gate pull-off on Larch Mountain Road above Corbett, OR. For those without high clearance vehicles we will leave cars parked a few miles inside the gate before the road gets rough. The lower portion of the road requires 4WD/AWD high clearance vehicles. I have room for six folks including myself so I am limiting the class size. If someone has a vehicle they feel comfortable driving on a rougher road speak up and I will add you and expand the class size.

Continued Page 3...

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THE TRAILS CLUB OF OREGON
P.O. Box 67095, Portland, Oregon 97268-1095

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one-year period, approval by the Board of Trustees, and payment of \$50 in dues and a \$15 entrance fee.

Board Meetings: Usually first Tuesday of the month, 7:00 pm, at Mazamas Mountaineering Center, 527 SE 43rd Ave. at SE Stark St. Portland, OR

- President Sheryl Wagner
President@trailsclub.org
- Vice President Beverly Drottar
VicePres@trailsclub.org
- Secretary Rebecca Knudeson
Secretary@trailsclub.org
- Treasurer Cindy Lee
Treasurer@trailsclub.org
- Trustee-Nesika Glen Conrad
NesikaChair@trailsclub.org
- Trustee Tyee Aaron Bech
TyeeChair@trailsclub.org
- Trustee-Membership Lori Leach
MembershipChair@trailsclub.org
- Trustee-Publications Joel Reitz
PublicationChair@trailsclub.org
- Trustee-Social Linda Conrad
SocialChair@trailsclub.org
- Trustee- Trips Nathen Barton
TripsChair@trailsclub.org
- Conservation Candace Bonner
Conservation@trailsclub.org
- Editor Dave Hays
Blazer@trailsclub.org

Changes and other club correspondence should be sent to:
Membership@trailsclub.org or

Trails Club of Oregon
 P.O. Box 67095
 Portland, OR 97268-1095

Meeting Places

Friendly House NW Thurman and 26th. TriMet bus service on routes 15, 17 and 77 is nearby.

Gateway TCO : From I-205: take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple blocks and park in the Park and Ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84: take I-205, take the above exit and instructions

Mazamas Mountaineering Center (MMC): A common meeting place for Board meetings and other administrative functions. It is located at 527 SE 43rd Avenue, one block south of Stark St.

Target: A common westside meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park and meet on the west side of Target's parking lot across from Starbucks Coffee. Tri Met bus service on routes 47, 52 and 89 is nearby.

Tryon Creek State Park: Sometimes used for Wed. AM (and other) hikes. From I-5 South: Take Terwilliger Blvd. exit, bear right, heading south past Taylor's Ferry Rd. and bear left at at Boone's Ferry Rd split, right at second roundabout exit, staying on Terwilliger. Park entrance is a right about one mile past the roundabout. Park near the Nature Center.

Trails Club of Oregon & Meetup Websites

Our website (TrailsClub.org) is the official site for club events and information. There is also a Trails Club Meetup.com site that allows event planners to organize TCO events online, and publicize these events to a wider audience (Meetup.com/Trails-Club-of-Oregon/events/). However, all events posted on the TCO Meetup site should be added to our TCO website as well (and this no longer happens automatically, unfortunately).

While we try to get every event in the Blazer and on the Trails Club website (www.trailsclub.org), some events, especially those planned on short notice, may not appear in the Blazer.

Use the Calendar menu item for a monthly calendar or use the Activities menu to filter events. Registration on the web site is not required to view the events.

Also: All may use the Payment menu item on our web site to use PayPal to pay your dues. You can pay for all members in a household in one transaction.



...EVENTS Continued

Please sign-up on [Meet-up](#).

Once we get done with our drive in there is still a quarter mile hike into the lodge on a dirt trail. Being November we will watch the weather and plan clothing choices accordingly. If we have any significant rain plan for mud! Wear/bring hiking clothes/boots/rain gear and know that unless we are blessed with a rare sunny November Saturday you will probably get wet/muddy on the hike in! Please have a small day type pack with a water bottle, extra hat/gloves and maybe some heavy socks to wear in the lodge if you want to take your boots off.

If someone would like to lead a hike up from Multnomah Falls Lodge please message me!

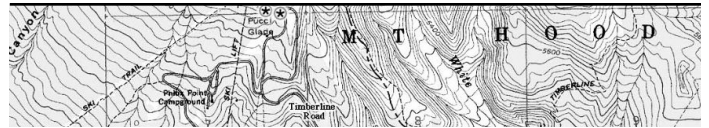
Leader: [Cynthia Lee](#), cynthia.e.lee@gmail.com



Deschutes Backpack
November 15 @ 8:00 am - Nov. 17 @ 2:00 pm

We will meet at the Walmart on Exit 16 of I-84 at 8:00 AM. We will start the hike at Mack's Canyon and take three days to hike the 23.6 miles to the mouth of The Deschutes River. We usually hike 6 miles on Friday and then 10 on Saturday and 6 out on Sunday morning. It will be cold at night. Ensure you have a warm sleeping bag, down pants, down slippers, 4 season tent, down coat and long Johns. I also carry extra fuel in the winter. We will hire a shuttle driver at \$125 per car. This saves us time and gets us home earlier on Sunday. This area is beautiful. Animals to be seen; bear, raccoons, river otters, Mountain Sheep, deer, eagles, Ospreys, water fowl. The first 6 miles we hike in and out of old railroad culverts. The rest of the hike we hike by beautiful Columnar columns of rock on an old rail road bed that consistently heads downhill.

If you have questions call Linda Conrad @ 360-907-9056



REPEATING HIKES

Morning Hikes - Class A/B, Wednesdays 9:30 - ~noon

We hike 4 to 6 miles for 2 to 4 hours. Watch the web site for leader and meeting place information.

Nov. 6 We will meet in front of Ascension Episcopal church at 1823 SW Spring St. between SW Vista and 18th for 9:30 departure to Council Crest. Leader: Mike Harrison, 360-326-3084, 509-290-1565.

Nov. 13. We hike 4-6 miles for 2-3 hours somewhere in the Portland area, often in Forest Park. Hike departs at 9:30. Watch this site for meeting place. Leader: Sue Holmes, 971-212-9540, sueholmes28@yahoo.com.

Nov. 20. Nov. 20. We will hike along the Fanno Creek Trail. Meet in the north parking lot at the Garden Home Recreation Center, 7475 SW Oleson Road. Please be ready to step off at 9:30. If the weather cooperates, this 4.75-mile hike will be interpretive, emphasizing neighborhood history and architecture. Additional details can be found at: http://www.woodbloom.com/kenaud/Fanno_Rummer_loop_hike.pdf. Leader: Ken Kane, 503-522-9997, ken@woodbloom.com.

Nov. 27. We hike 4-6 miles for 2-3 hours somewhere in the Portland area, often in Forest Park. Hike departs at 9:30. Please watch this site for leader and meeting place.



Fall Color in the rejuvenating forest around Nesika. Photo: Rachel Eggers

CONSERVATION NOTE

Fall has fully arrived, vine maple leaves red and orange, bigleaf maple yellow and brown, chanterelles showing golden among the conifers.

As Thanksgiving approaches, most of us outdoor Oregonians are showing our thankfulness by enjoying Oregon's mountains, forests, rivers, streams and lakes. And while we enjoy the Oregon fall, we should take a moment to think about how vulnerable the Oregon we love is, in this time of climate change. We have been in drought since 2012, and though the drought has lessened now, many of the once perennial small streams which dried up have not begun to flow again. Our beloved western red cedar continue to turn brown, and many have already died. Our forests and our waters continue to be at risk.

A full 80-90% of the water we drink, bathe in, irrigate with, originates in our forests. In a previous issue of the Blazer, we published an article by Mary Scurlock on the Oregon Forest Practices Act (OFPA), what it is and does, and in what respects it falls short of protecting our forests and waters, ever more important to us as climate change progresses. A voter initiative to reform and correct the most important failings of the OFPA was carefully crafted by environmental lawyers working with some of our Oregon conservation non-profits. It reached the Secretary of State Bev Clarno, who blocked it from proceeding further. (See the Oregon Live article in the Oregonian by Rob Davis, Oct 4, 2019.) This decision is being appealed; stay tuned.

I hope as we enjoy the fall, and give thanks for all the beauty we enjoy here, that we not only resolve to do our best to minimize our individual negative impacts on the climate, but also join in the work of the environmental organizations featured in our prior Conservation notes. It will take changes at the city, county, state, national, and international levels, to protect and heal our beautiful Oregon and our beautiful planet.

Wishing you all a good Thanksgiving,

For the love of our forests, streams, rivers, and wetlands,

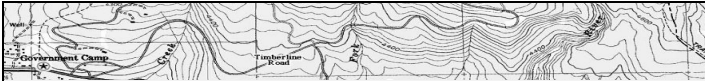
Your Conservation Committee



4T Trail hikers in Washington Park. Photo: Gerda Eck



Halloween fun at Nesika Lodge! Photo: Linda Conrad



**Trails Club of Oregon Board Minutes
Oct 1, 2019**

Attendees: Sheryl Wagner, President; Beverly Drottar, Vice President; Rebecca Knudeson, Secretary; Lori Leach, Membership Trustee; Glen Conrad, Nesika Trustee; Joel Reitz, Publications Trustee

Absent: Nathen Barton, Trips Trustee; Cindy Lee, Treasurer; Linda Conrad, Social Trustee; Aaron Bech, Tyee Trustee

Approved minutes of September meeting.

Treasurer's Report: Cindy via email

Beginning Balance 8/1/19	\$16,009.38
Checks and Payment (withdrawals)	\$5,840.14
Deposits.....	\$7,356.20
Ending Balance 7/31/19	\$17,525.44

Committee Reports:

Nesika Lodge, Glen

No time is yet set for Iron Mtn. Tree to cut slabs. Due to expenses of about \$5,000 for the permit, required architect design and materials, we will only do one pit toilet now (where the men's was located previously). We will still need the seats and required self closing doors. The prefab structure now is on site. The water system is finished. They cleared around the new trees. Seedlings are growing well. 22 or 25 attended September's work trip. 6 came on the membership hike with 2 new cards turned in.

Tyee Lodge, Bill Yandon for Aaron

No work trip in September. One is scheduled for Oct to prepare for winter. The inventory list is on the website. Joel reported his research on the excessive water use at the lodge. Our bill last year was \$1,572 due to one month where we used 409 cu. ft. in 30 days, (7 gallons a minute). A valve must have been left wide open for the whole month. We don't know yet what the once-a-year meter reading is for last year (July-July). This coming year's water fee will be based on that reading. We will get our first bill for this year on Oct. 1. We considered installing a ball valve instead of a gate valve. Our 2 inch supply line requires we have a

meter. People in our water district with a 3/4 inch line are charged a flat fee. We need a clear check list for closing and opening to avoid the problem again. Bill will work on it.

Membership, Lori

First readings: Gladys Garza sponsors: Bill Yandon, Linda Conrad. Jonathan Pape sponsors: Bill Yandon, Linda Conrad

Second Readings approved: Chris Anderson, Judy Henderson, Laura Mehren, Hannah Holloper, Steven MacDonald, Jon Ugenti

Membership Summary: 310 total members: 253 regular members, 2 Life/Golden, 36 Life, 5 junior, 14 Golden

Will send a mailing for Annual meeting reminder and dues notice.

Publications, Joel.

A member suggested we sign up to receive passes for the Columbia Employee store. We need to figure out a method for ID for members.

Trails Club events must be posted on website to be official, not just on Meet Up.

Trips, Nathen via email

He is leading a Mt St Helens hike this Saturday and has applied for a booth at the Scout

University. He will donate the required small fee.

Social, Linda absent

Annual meeting on Nov. 10 at 2:30.

New Business:

We need to retrieve the survey for the road easement for Nesika from our former attorney. We will need it when we try to get official access from the Forest Service.

Continued discussion of Tyee use by outside groups.

Nominating committee: Charles Shaw, Susan Ashenfelter, Gerta Eck, Jeff Lawton. We could use one more person.

Rebecca Knudeson was granted approval for a special ed group's use of Tyee with teens paying a junior member rate and the adults, the guest adult rate.

Nov. 5 is next board meeting at Mazama's.

TRAILS CLUB OF OREGON

P.O. BOX 67095

Portland, OR 97268

www.trailsclub.org

November 2019

Gentle Reminders

For activities such as bicycle, snowshoe, and x-c skiing check with the leaders for the difficulty level. Good equipment for the specific activity is required for all events. For hikes, snowshoe:

Class A—Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B—Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C—Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the trip leader if you have any questions and to let him or her know that you will be attending. Bring plenty of water and a sack lunch. Please, no alcohol. Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Fees

There is no charge to Trails Club members for day activities; non-members pay \$2. Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders. Other fees may apply.

If you have RSVP'd for an activity at a lodge involving food expense and are unable to participate, you are obligated to do one of the following: Cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: blazer@trailsclub.org

Submissions are due by the fifteenth of the month prior to publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis
Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name, Phone, and/or email.

Editor: Dave Hays

Send pictures, new events, corrections and anything else for the Trails Club of Oregon website to:

webmaster@trailsclub.org