



Trail Blazer

Vol. 93 No. 3

www.trailsclub.org

March 2020



Snow fun at Tyee during Kid's Weekend. Photo: Sylvia Ashley

March Events Summary

All Wednesdays	Morning Hikes (see <i>Repeating Hikes</i>)
3 Tues	Board Meeting
6-8 Fri-Sun	John Day Backpack
11 Wed	Hike Planning, Sellwood Pub
13 Fri	Herbal Salve Making Class
14 Sat	Tyee: Hike Leader Training
20-22 Fri-Sun	Deschutes River Backpack
28 Sat	Coldwater Lake Loop Snowshoe

Scheduling, fees, and lodge availability are updated on website www.trailsclub.org

MEMBERSHIP NOTES

Second readings all approved: Mary Hennrich, Dawn Bull, Max-Jayde Romero.

Membership: 268 Regular, 2 Life/Golden, 36 Life, 4 Junior, 14 Golden, 324 total

NOTICE: The **Membership Directory** is found at: <https://trailsclub.org/resources/directory/>

This online directory can be sorted and searched. It is also much more up-to-date than any printed directory could be. This year, print copies are only being provided to members who request one, which is done by sending an email with your name to dir@trailsclub.org before the end of March. The printed directories will be available to pick up at the Annual Banquet.

Save the Date: Weekend Outing on the McKenzie River

June 12-14, Friday-Sunday
(Optional: Stay Sunday Night)

Belknap Hot Springs Resort on the gorgeous McKenzie River is the setting for this 15th annual outing. The resort, which is about 150 miles from Portland (between Sisters and Eugene off Hwy 126), has 2 mineral springs swimming pools and acres of landscaped gardens and trails. Visit the resort website at www.belknaphotsprings.com for photos and details on lodging choices. Recreational opportunities in the area include: hiking, mountain biking on the McKenzie River trail, fishing, boating

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EVENTS & ACTIVITIES



John Day Backpack

March 6, 8 am - March 8 1 pm

Total mileage is approx. 6 miles/day.

We will meet at the Walmart on Sandy BLVD. to car pool, 8am. North of Big "W" on Walmart Building. I have a Gray RAV4. Day 1 we will day hike on South East corner of bridge at Cottonwood Canyon State Park up an old wagon trail to an old farmstead on the Lost Corral Trail as far as we feel comfortable. Maximum 8.6 miles round trip. We will go back to the cars and back pack up river on the Hard Stone trail about 1.2 miles to a flat area on the river and spend the night. Next day we will pack back to the cars and hike up the Pinnacle Trail about 3 miles to a fantastic camp area on the John Day River and day hike as we feel the need. Sunday we will hike out the 3 miles and drive home. You will need a warm sleeping bag, a three season tent, tent pads, 1-2 SOL emergency blankets, rain gear, shoe spikes, possibly snow shoes (weather permitting), rain gear, Stove, water filter, 10

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THE TRAILS CLUB OF OREGON
P.O. Box 67095, Portland, Oregon 97268-1095

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one-year period, approval by the Board of Trustees, and payment of \$50 in dues and a \$15 entrance fee.

Board Meetings: Usually first Tuesday of the month, 7:00 pm, at Mazamas Mountaineering Center, 527 SE 43rd Ave. at SE Stark St. Portland, OR

President	Sheryl Wagner President@trailsclub.org
Vice President	Beverly Drottar VicePres@trailsclub.org
Secretary	Rebecca Knudeson Secretary@trailsclub.org
Treasurer	Bill Yandon Treasurer@trailsclub.org
Trustee-Nesika	Glen Conrad NesikaChair@trailsclub.org
Trustee Tyeec	Nathen Barton TyeecChair@trailsclub.org
Trustee-Membership	Lori Leach MembershipChair@trailsclub.org
Trustee-Publications	Joel Reitz PublicationChair@trailsclub.org
Trustee-Social	Linda Conrad SocialChair@trailsclub.org
Trustee- Trips	Susan Ashenfelter TripsChair@trailsclub.org
Conservation	Candace Bonner Conservation@trailsclub.org
Editor	Dave Hays Blazer@trailsclub.org

Changes and other club correspondence should be sent to:
Membership@trailsclub.org or

Trails Club of Oregon
 P.O. Box 67095
 Portland, OR 97268-1095

Meeting Places

Friendly House NW Thurman and 26th. TriMet bus service on routes 15, 17 and 77 is nearby.

Gateway TCO : From I-205: take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple blocks and park in the Park and Ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84: take I-205, take the above exit and instructions

Mazamas Mountaineering Center (MMC): A common meeting place for Board meetings and other administrative functions. It is located at 527 SE 43rd Avenue, one block south of Stark St.

Target: A common westside meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park and meet on the west side of Target's parking lot across from Starbucks Coffee. Tri Met bus service on routes 47, 52 and 89 is nearby.

Tryon Creek State Park: Sometimes used for Wed. AM (and other) hikes. From I-5 South: Take Terwilliger Blvd. exit, bear right, heading south past Taylor's Ferry Rd. and bear left at at Boone's Ferry Rd split, right at second roundabout exit, staying on Terwilliger. Park entrance is a right about one mile past the roundabout. Park near the Nature Center.

Trails Club of Oregon & Meetup Websites

Our website (TrailsClub.org) is the official site for club events and information. There is also a Trails Club Meetup.com site that allows event planners to organize TCO events online, and publicize these events to a wider audience (Meetup.com/Trails-Club-of-Oregon/events/). However, all events posted on the TCO Meetup site should be added to our TCO website as well (and this no longer happens automatically, unfortunately).

While we try to get every event in the Blazer and on the Trails Club website (www.trailsclub.org), some events, especially those planned on short notice, may not appear in the Blazer.


Use the Calendar menu item for a monthly calendar or use the Activities menu to filter events. Registration on the web site is not required to view the events.

Also: All may use the Payment menu item on our web site to use PayPal to pay your dues. You can pay for all members in a household in one transaction.



...EVENTS Continued


essentials, warm sleeping clothes. Dry clothes. Hat, gloves. Food for three days (2 breakfasts, 3 lunches, 2 dinners). If weather looks like it is going to be super cold and miserable we will attempt to get a cabin. the Cabins sleep 8. There is potable water at the campground. Cost is \$2 per day for non-Trails Club of Oregon Members.

 **Hike Planning at Sellwood Pub**
March 11, 6-8 pm

March 11th at the Sellwood Public House at 6 pm members (21 and over) will once again meet to make plans for upcoming hikes all the way into next year. Each event brings new faces and a lot of hikes that end up on the Trails Club of Oregon calendar. Show up and meet people with whom you want to eat, drink, and hike. We usually share a few recommendations for gear and hike planning. There is lots of encouragement for *getting* out there and doing what you've been hoping to do for a long time. Sign up on the Meetup site or call or text Susan Ashenfelter at 503-453-5762 to RSVP.

 **Herbal Salve Making Class**
March 13 @ 5:30 pm - 7:30 pm

Come join us in making an organic herbal anti itch salve just in time for backpacking, hiking and bug season. We will join Master Herbalist and Naturopath Jeremy Riddle & Bryce Colson as we learn the craft of salve making at their shop in Gladstone. Signup and pay on Meetup.

 **Tyee: Hike Leader Training**
March 14 @ 11:00 am - 3:00 pm

March 14, 2020 Saturday 11 am - 3 pm with optional hike afterwards until dark. The Hike Leader Training is to be hosted by Susan Ashenfelter. Please RSVP via meetup or phone call (503)453-5762. This event is free except for the cost of lunch (\$7) and published lodge day-use fees (\$3), so it's a steal at \$10 per person. If enough people want to stay for dinner we will have a pot-luck dinner.

Held at Tyee Lodge. Optional overnight stay with published lodge fees (\$15 member, \$25 non-member) to be arranged with Chaz Shaw, Lodge Host. Please provide your own food and equipment if you will be staying Saturday Night through Sunday Morning.

The best way to go on more hikes is to lead them. That way you know that you are going to be able to go where you want at the pace you want to go. It's easier that you think, and that's just what I will make clear during our hike leader training at Tyee on Saturday March 14th from

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Pittock Mansion hikers: Ken Kane

REPEATING HIKES

Morning Hikes - Class A/B, Wednesdays 9:30 - ~noon

We hike 4 to 6 miles for 2 to 4 hours. Watch the web site for leader and meeting place information.

March 4. We will meet at Friendly House, NW Thurman and 26th, for departure at 9:30. Then we will hike to the Rose Garden, Wildwood Trail to the bridge across W. Burnside, then back down to northwest. Bring sticks if you use them. Leader: Kathy Pollock, 503-341-9441, pollock-kathy@ymail.com. Class A/B.

March 11. We hike 4 to 6 miles for 2 to 3 hours. Watch the web site for meeting place. Leader: Sue Holmes, 971-212-9540, sue-holmes28@yahoo.com.

March 18. We hike 4 to 6 miles for 2 to 3 hours. Watch the web site for leader and meeting place.

March 25. We will meet at Friendly House at NW Thurman and 26th for departure at 9:30. We will go up Balch Creek to Audubon, then across Cornell to the Collins Farm trails. Leader: Marlysoe Edwards, 503-956-1630, marlysoe@hotmail.com. Class A/B.

...McKenzie River CONTINUED

on nearby lakes, guided whitewater rafting trips, golfing and other natural hot springs. The outing is Fri and Sat nights, with an option of Sun night on your own. Sat and Sun breakfasts and Sat appetizers/campfire dinner will be provided. Fri night there is an optional potluck dinner. Lunches are not included. There will be an 8 mile loop hike Sat to view Sahalie Falls and Clear Lake.

LODGING OPTIONS (per night, not including 9.8% tax)—allows use of the mineral pools:

- **TENT sites** for 1-2 people (\$8 each additional person) are \$30
- **RV sites/no sewer** are \$35 for 1-2 people (\$8 each additional person)
- **RV sites w/ sewer** are \$40 for 1-2 people (\$8 each additional person)
- **(Limited) CABIN** prices are divided by the number of people and range from \$175 for 1-2 people to \$195 for up to 4 people (\$10 each additional person)
- **LODGE ROOMS** range from \$110 for 2 people to \$140 for up to 4 people

OTHER FEES include the cost and transportation of food/beverages/supplies, which totals \$25 for adults and \$12.50 for children under age 12.

TO REGISTER (*registration opens Feb 1st for TCO members and March 1st for nonmembers): 1) Contact Vicki Wood at 503-850-4366 or vw48@comcast.net to inquire about lodging availability; 2) Mail a \$25 **nonrefundable** deposit and completed application/liability **and** medical form for **each person** to: Trails Club of Oregon, PO Box 67095, Portland, OR 97268 OR you can pay by Paypal if you have an account. The forms can be downloaded from our website at www.trailsclub.org 3) Your lodging fee is due by May 4th and is nonrefundable unless someone is on a waiting list and wants your spot.

This outing is limited to a maximum of 40 people. TCO is not responsible for providing or arranging your transportation to or from the outing. You will be notified when your deposit and forms are received.

...EVENTS Continued

11 am to 3 pm. If you are thinking that you might have some time on your hands and you have hikes to do, don't be caught going alone. Invite people!

We will talk about choosing trails and how and when to write up and advertise events. We will talk about posting on Meetup and our TCO website. We will give you a few rough drafts of good write-ups to standardize our messages, or offer resources for volunteers willing to write up your hikes for you if you are unable. On TCO hikes we collect a tiny fee for non-members, and we also insist that people sign a release. Both items are to protect you as a leader. We'll talk about safety and what you are and aren't responsible for. People take on less responsibility than they think if they use our hike resources. Most importantly, you should know that this is really fun, especially if you are an inclusive person and good communicator.

After the training for kicks and giggles we plan on taking a hike rain or shine, snow or (maybe not sleet). Just come prepared for snow with shoe chains because it is Mt Hood in March and that is the least you will need. I plan on bringing my new snowshoes.

That is another thing you will want to remember about leading. Set clear expectations. Knowing that

participants have the gear (including 10 essentials) needed for the expected weather, and even unexpected weather is about half of it. The rest is timely appearance, physical ability, maps and self-sufficiency. I like what Rachel Eggers wrote in her recent hikes: "I am an unpaid volunteer, not a paid guide. You are responsible for your own health and safety during and on the way to and from the hike." I found the more clear the message, the less people show up unprepared.

Your Host for the training event will be Susan Ashenfelter (503)453-5762. The Tye Lodge Host for Saturday night only through Sunday Morning will be Chaz Shaw.



Deschutes River Backpack March 20 @ 7:00 am - March 22 @ 1:00 pm

Deschutes River Backpack: Macks Canyon to Mouth of Deschutes River: 23 miles

We will Meet at Walmart on Sandy BLVD at 7:00 AM and car pool to Trail Head. (We will be in North area of parking lot straight North of the W on the Walmart sign on building. I have a gray Rav4 or a maroon Sienna Van.) Cost of Shuttle is \$120 per car, to have our cars

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**February TCO Board Minutes
February 4, 2020**

Trails Club of Oregon Board Meeting Agenda

Attendees:

Sheryl Wagner	<i>President</i>
Beverly Drottar	<i>Vice President</i>
Rebecca Knudeson	<i>Secretary</i>
Susan Ashenfelter	<i>Trips Trustee</i>
Joel Reitz	<i>Publications Trustee</i>
Nathen Barton	<i>Tyee Trustee</i>
Cynthia Lee	<i>(Previous treasurer for Bill Yandon)</i>
Nina Rohrs	<i>(Social committee for Linda Conrad)</i>

Absent:

Bill Yandon	<i>Treasurer</i>
Lori Leach	<i>Membership Trustee</i>
Glen Conrad	<i>Nesika Trustee</i>
Linda Conrad	<i>Social Trustee</i>

1.) Approved the minutes of the January meeting.

2.) Treasurer’s Report — Bill Yandon by email with comments from Cynthia: Cindy and Bill have met several times in order to train him as Treasurer. A new account has been set up at U, S, Bank to be in compliance with current federal regulations. Signers on account are Cindy, Rebecca, and Bill. Most of the funds in the old account were transferred into the new. We can add additional signers at any US Branch with the new signer and one Club member registered on the State Filing.

Bill, Cindy, Lodge, Social, and Membership Trustees met and completed a budget for 2020. Bill is starting initial contacts and inquiries in order to file 2020 Taxes. QuickBooks has been updated to 2020 and set up with Club data.

Moved, seconded and passed to appoint Cynthia Lee as an authorized person on our Columbia Threadneedle account.

Beginning balance\$100.00
(when the new account was established)

Deposits\$17,281.36
(from old account with \$3501.60 remaining)

Checks and payments (withdrawals).....\$150.00

Ending balance 1/31/20.....\$16,994.31

3.) Committee Reports

Nesika Glen absent.

Tyee Lodge Nathen reported. Discussed resupplying certain items and issuing keys.

Membership — Lori via email:

Second readings all approved: Mary Hennrich, Dawn Bull, Max-Jayde Romero. Membership: 268 Regular, 2 Life/Golden, 36 Life, 4 Junior, 14 Golden, 324 total

Publications — Joel reported. We are looking for a replacement for our present editor who has moved to southern Oregon. Next Blazer will have a notice for people to opt in to receive a printed directory. Otherwise, the directory is available to members only on line. Whenever we do a PayPal transaction on the website, we are charged \$.30 plus 2.9% of the transaction. Moved, seconded and passed to have these fees paid by the users rather than absorbed by the Club.

Trips — Susan reported that monthly planning meetings are going well. Hike leader training is scheduled at Tyee for March 14.

Social — Linda via email: Picnic in August at Lacamas Lake. Banquet scheduled in May at Fulton Community Center.

New Business — Moved, seconded and approved to reinstate a lodge attendance as a requirement for membership. Discussed trial rental of Tyee in the summer in order to raise money for the Club during months of light use.

Next board meeting March 3 at Mazamas. Submitted by Rebecca Knudeson, secretary.



A kiddo helps shovel snow at Tyee. Photo: Sylvia Ashley

...EVENTS Continued

shuttled to Mouth of Deschutes from Macks Canyon. We will hike 6 miles day one, 10 miles day 2 and 6-7 miles day three to get to cars. Cost is \$2 per non Trails Club of Oregon Members. This hike is beautiful in the spring with new growth on the trees. You should be prepared for ticks and rattle snakes. The first 6 miles is in and out of old railroad Culverts to camp in a big meadow on a bend in the river. No rest rooms night one. Day 2 we will hike to 3 miles below the Old Harris Ranch which burnt down in 2018. There is a nice out house here. Day three we will explore the upper trail or the lower river trail back to the cars. Sites along the way: old railroad debris, eagles, cranes, herons, ducks, geese, Cormorants, Mountain sheep, deer, bear, raccoons, beaver, and more. You will need; three season tent, warm sleeping bag, sleeping pad, SOL emergency blanket, stove, cookgear, water filter, water bottles, 2 breakfasts, 3 lunches and 2 dinners. Rain gear, gloves, hat, sleeping clothes, warm clothes, 10 essentials. Trekking poles.



Coldwater Lake Loop Snowshoe

March 28 @ 5:00 am - 9:00 pm

Coldwater Lake Loop is a beautiful snowshoe which is medium intermediate skill level. This is an 11.3 mile snowshoe 2,056 ft of elevation gain. This is a beautiful area. This will be a stretch for most people. This is a loop hike so please consider you skill level carefully before signing up for this hike. There will be no waiting for the group to come back your way if you get tired in the middle. This is a Trails Club of Oregon event which is free to members and \$2 for non-members. Hike Leader: Rachel Eggers (971-645-8240)

REQUIRED GEAR:

- Waterproof Boots
- Snowshoes
- Microspikes
- Trekking Poles
- Non-cotton clothing
- 2L of water (minimum)



Snowshoeing to Clear Lake Butte. Photo: Rachel Eggers

- A method to attach your snowshoes to your pack, if needed.

Recommended Gear: Waterproof pants, Rain shell, Packable down jacket, Warm gloves, hand warmers, Snacks, Small first aid kit, Paper map of the area, Extra cell phone batteries and cord, Warm hat, Wool socks, Sunglasses, Sunscreen, Camera (you are going to want pictures...), Change of clothes for the car ride back.

Driving Notes: We will be organizing carpooling at Gateway. Drivers need to have chains or snow tires. We will be taking HWY35 out of Hood River and this highway can sometimes get "interesting". Drivers will also need to have a Washington Sno-Park Pass and National Parks pass. Carpool fee per passenger will be \$20 paid in cash directly to your driver. Please have exact change available.

Disclaimer: I am only an unpaid volunteer, not a paid guide. You are responsible for your own health and safety during and on the way to and from the hike.



Near Clear Lake Butte. Photo: Rachel Eggers

Snowy Clear Lake fire tower. Photo: Rachel Eggers

TRAILS CLUB OF OREGON

P.O. BOX 67095

Portland, OR 97268

www.trailsclub.org

March 2020

Gentle Reminders

For activities such as bicycle, snowshoe, and x-c skiing check with the leaders for the difficulty level. Good equipment for the specific activity is required for all events. For hikes, snowshoe:

Class A—Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B—Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C—Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the trip leader if you have any questions and to let him or her know that you will be attending. Bring plenty of water and a sack lunch. Please, no alcohol. Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Fees

There is no charge to Trails Club members for day activities; non-members pay \$2. Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders. Other fees may apply.

If you have RSVP'd for an activity at a lodge involving food expense and are unable to participate, you are obligated to do one of the following: Cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: blazer@trailsclub.org

Submissions are due by the fifteenth of the month prior to publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis
Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name, Phone, and/or email.

Editor: Dave Hays

Send pictures, new events, corrections and anything else for the Trails Club of Oregon website to:

webmaster@trailsclub.org