



Trail Blazer

Vol. 94 No. 7 www.trailsclub.org

July 2021

July Events

2	Fri	Tour de Westside Ride
6	Tues	Milwaukie-Lake Oswego Ride
7	Weds	Wednesday Night Hike
8	Thurs	Peninsula Park/Pier Park Ride
11	Sun	Willamette Valley Ride
14	Weds	Wednesday Night Hike
17-18	Sat-Sun	Tyee Lodge Work Trip
21	Weds	Wednesday Night Hike
22-24	Thurs-Sat	Burnt Lake/Paradise Backpack
23-25	Fri-Sun	Ramona-Bald-McNeil Backpack
23-25	Fri-Sun	Nesika Work Trip
28	Weds	Wednesday Night Hike
31	Sat	Milwaukie-LakeO-West Linn Bike

Scheduling, fees, and lodge availability are updated on website www.trailsclub.org

EVENTS & ACTIVITIES



Tour de Westside Ride, Class B

Fri, July 2, 10:00am-5:00pm

Leader: Chaz Shaw

We will ride a 22-mile loop with about 1,200 foot gain through the westside bergs of Beaverton, Tigard, Tualatin and Sherwood. Some of the ride will be on multiuse paths and some on roads. Bring plenty of water and snacks. We could stop for lunch or sweets in Sherwood. Confirm participation on TCO Meetup or by emailing leader. Pace: 12-14 mph. GPS route: <http://ridewithgps.com/routes/7500513>
Meet: Big Al's parking lot, 14950 SW Barrows Rd, Beaverton, OR
Contact: sign up on Meetup, (503) 729-7560, chaznw@gmail.com



Milwaukie-Lake Oswego Ride, Class B

Tues, July 6, 10:00am-5:00pm

Leader: Allen Burrell

This ride starts at the SE Park MAX Light Rail Station just South of Milwaukie. We will bicycle the trolley trail to Oregon City then cross the Old Oregon City Bridge riding on mostly neighborhood streets through West Linn and Lake Oswego. We will stop for lunch at the iron furnace in historic Rogers Park. A climb up the Tryon Creek recreational trail will take us to a downhill ride through historic River View Cemetery, cross the Sellwood Bridge and return to the transit center after riding through Milwaukie using the bike path. Distance: 25 miles, 1300 ft elevation gain. Bring a sack lunch. Meet: SE Park MAX Light Rail Station, 2735 SE Park Ave at the bronze statue
Contact: burrell@teleport.com, (503) 288-3859



Wednesday Night Hike

Weds, July 7, 6:00-8:00pm

Leader: Rebecca Knudeson

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.
Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



Photo: Erin K

Welcome New TCO Members!

Laura Rogers
Jason Boeshans
Linda Lancaster
Joan Holstrom
David Becker
Wendy Whorton

Ruth Romer
Elizabeth Copeland
James Winkler
Jerry Manuell
Mary Edwards

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Board Meeting

Trails Club of Oregon Board Meeting Minutes
June 1, 2021 7:00 - 9:00pm, Zoom/in-person

Present:

Sheryl Wagner	President
Beverly Drotter	Vice President
Rachel Eggers	Treasurer
Rebecca Knudeson	Secretary
Glen Conrad	Nesika Trustee
Lori Leach	Membership Trustee
Joel Reitz	Publications Trustee
Linda Conrad	Social Trustee
Dolores Niebergall	Trips Trustee

Absent:

Nathen Barton Tyee Trustee

1. Treasurer's Report, Rachel reporting

Beginning Balance.....	\$21,833
Expenses.....	\$1,238
Deposits.....	\$3,409
Ending Balance.....	\$24,004

Rachel researched the \$150 deposit in January 2020 to Fulton Community Center. Trailer Registration is due 6/30/21. It will be mailed to George Milne. State of Oregon registration due 6/7/21. Lori volunteered to be the agent for TCO. Trip leaders can now pay trip fees via PayPal. The link and QR code are on the TCO site.

2. Committee Reports

a. Nesika - Glen

Our lock was removed from the gate again. Glen worked on it, and the problem should be solved. There are only two locks now, ours and the lock belonging to the USFS. He hauled building materials twice. The builders will start on June 8 instead of 9. We will have about six experienced carpenters. The wood splitter is working fast. We will have 5-8 people each day

of the work party and more on the weekend. A large number have signed up for the membership hike. We plan to build a new woodshed to replace the earlier one. The road has been clear this month. Trisha Schultz will be trained to open lodge during the work weekend.

b. Tyee Lodge - Nathen

Nathen has resigned his position as lodge trustee. We unanimously approved to ask Bill Yandon to fill the position until the annual meeting. There are a lot of trees across the trail that will need to be removed.

c. Membership - Lori

First readings:
none

Second readings, all approved:

Laura Rogers
Linda Lancaster
David Becker
Elizabeth Copeland
James Winkler
Jason Boeshans
Joan Holstrom
Wendy Whorton
Ruth Romer
Jerry Manuell
Mary Edwards

Total Membership: 292. 11 Golden; 3 Junior; 35 Life; 2 Life/Golden; 13 Provisional; 228 Regular

d. Publications - Joel

He put an online trip report under forms and has set up a trip fee payment on the website via PayPal.

e. Trips - Dolores

Total of 17 hike and bike activities this month:
5 bike rides
5 hikes, including one to Nesika
4 Wednesday night hikes
3 backpacks

A Trips Planning meeting was led by Jennifer Samuels and Trip Leader Training was led by Dolores Niebergall. A big thanks to all of the volunteer leaders who make the Club a happening place to be.

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Board Meeting Minutes *(continued)*

She plans to keep trip planning online via Zoom. The Introduction to Trip Leader Training was attended by 9-10 people. She recorded it, and we intend to put in our website. Joel could put it under the hike leader tips. We would like to have a TCO YouTube channel where the whole slide show could be seen. Others have made presentations that could be put on YouTube. We discussed granting permission to Meetup organizers. We will think about it and come up with a bylaw addition.

f. Social - Linda

She is still trying to contact Fulton Community Center for our annual meeting on the second weekend of November. She hopes to have an August 22 picnic at Lacamas Lake again

4. New Business

A. First aid/CPR update: we are still working on this training. We can put a brief first aid training link on our website. There are Train the Trainer programs, so TCO could have an in house trainer. Beverly will look into the costs of the different trainings.

B. Hike leader training: New leaders are required to watch the online training with a signed acknowledgement when they've watched it. We could add on our site a place to check that they've seen the training and have co-led a hike. We should have a database of leaders/event organizers in order to communicate.

C. We voted to look into an attorney who will update our liability waiver. The board will examine our explanations of difficulty and determine club guidelines. We are looking for suggestions to put together for next meeting. We can use Mazamas as a resource.

D. The board voted to not approve the Mt. Adams climb due to level of difficulty and need of training.

E. Most discussion should take place in Board meetings. In between meetings, board members shouldn't be emailing. Emails should go to the whole board unless 2 or 3 members are working on a project.

F. The Garmin can be reserved on our website on a first come, first served basis. It should be passed from one user to the next. Beverly will start an inventory of Club items.

Next meeting: August 3 on Zoom.
Submitted by Rebecca Knudeson, Secretary

Tyee Lodge Hike and Play Weekend!

Friday, Aug 6 - Sunday, Aug 8

Tyee Lodge will be open and two or three hikes will be planned throughout the weekend, including a sunset hike. Outside tenting is encouraged and everyone must bring their own meals. We will follow Oregon State guidelines in terms of COVID-19 (TBA). Please bring your favorite game to share in the evening!

Registration on Meetup opens:

Friday, July 9 at 8:00pm (members)

Friday, July 16 at 8:00pm (non-members)

Members \$15/night, non-members \$25/night.

Day use fee \$3.



Old School Trails Club. Shared by: Ralph Bloemers

2021 Tyee Lodge Work Weekends

Sign up on Meetup

July 17 - 18

September 25 - 26

October 23 - 24

(weather dependent)

EVENTS & ACTIVITIES *(continued)*



Peninsula Park/Pier Park Bike, Class A
Thurs, July 8, 10:00am-4:00pm
Leader: Audrey Perino

Please join me for an easy ride around North Portland. 15 miles round trip, flat, mostly on residential, low traffic streets. Bring a lunch for a picnic at Pier or Peninsula Park. Please make sure your tires are pumped. There should be beautiful roses at Peninsula Park!
 Meet: N Ainsworth St and N Borthwick Ave
 Contact: audrey53@comcast.net, (503) 522-9911



Willamette Valley Bike, Class B
Sun, July 11, 10:00am-5:00pm
Leader: Terry Lawson

This ride will utilize the Willamette Valley Scenic Bikeway south of Champoeg State Park. There are two routes with the same beginning and end pieces, with the longer route adding 16 additional miles in the middle. The route is largely flat on rural roads with scenic distant views of the Cascade foothills. A link to the full route (43 miles) is <https://ridewithgps.com/routes/2319986>; the link to the short route (27 miles) is <https://ridewithgps.com/routes/8182882>. Email leader to indicate that you are planning to ride (the ride may be rescheduled if weather is poor), which length ride you plan to do, and for directions to the start point.
 Meet: Bankers Cup parking lot, St. Paul
 Contact: lawson.terry@gmail.com, (971) 998-6072



Wednesday Night Hike
Weds, July 14, 6:00-8:00pm
Leader: Gini Bateman

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.
 Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



Tyee Work Trip
Sat, July 17-Sun, July 18
Host: Bill Yandon

We will continue to work on maintenance projects at the Lodge. There are many chores and as always there will be a range of chores from easy to more challenging. If we have time Saturday afternoon or evening, we can go on a stroll in the area. Lodge will open by 8:00am on Saturday, close around noon on Sunday. Meals will be lunch and dinner on Saturday, breakfast on Sunday. Please indicate by Thurs eve, July 15 which days you will attend and which meals you will attend. Include any special dietary requirements. Only two fully vaccinated cohorts per dorm are allowed overnight. Sleeping outside in tents is preferred. Check with host regarding bringing a dog.

Masks must be worn indoors for restroom use or work; we will social distance for eating. Restrictions may be eased if all are fully vaccinated and State COVID requirements change.

Meet: Tyee Lodge, Government Camp
 Contact: sign up on Meetup, wkyandon@gmail.com



Canby to Sawtell Hill Loop Bike, Class C
Sun, July 18, 8:45am-4:00pm
Leader: Maureen Covell

This is a class C bike ride, due to rigorous uphill and mileage total. We will ride mostly on rural roads from Canby to Molalla. Then we will ascend Sawtell Hill Rd, which is a strenuous 6-mile climb. As we go up, the scenery becomes more forested and there are beautiful views. The rest of the ride is a mix of downhill, flat and rollers. Bring lunch and water; we will eat in the park in tiny Scotts Mill. Helmet and extra bike tube required. \$2 fee for non-members. Preregistration is required for this ride.

Meet: Canby Senior Center, 1250 S Ivy St, Canby
 Contact: signup on Meetup or by email to charleycvl@aol.com



Nesika Fun. Photos: Dolores Niebergall



Wednesday Night Hike
Weds, July 21, 6:00-8:00pm
Leader: Lotte Schmitz or Bruce Seymour

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.
 Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.

EVENTS & ACTIVITIES *(continued)*



Burnt Lake and Paradise Park Backpack
Thurs, July 22-Sat, July 24
Leader: Jennifer Samuels

Enjoy some wildflowers on Mt Hood! Day 1: Hike Burnt Lake Trailhead to Burnt Lake (3.7 miles, 1600 gain), set up camp for both nights, hike to Cast Lake via ZigZag Lookout (4.5 miles, 1000 gain). Day 2: out and back to Paradise Park (around 10 miles, 2700 gain), spend several hours at Paradise Park enjoying the wildflowers and views. Day 3: hike out to trailhead – adios!
Contact: signup on Meetup



Wednesday Night Hike
Weds, July 28, 6:00-8:00pm
Leader: Lotte Schmitz or Bruce Seymour

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.
Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



Nesika Work Trip
Fri, July 23-Sun, July 25
Leader: Linda Conrad

Walls are up on Lodge, but we need painting and caulking for all nails and seams. We need someone to work on cracks in chimney puttying. We'll finish woodshed and start splitting wood. Trail work is still needed on Cougar Rock Trail and access trail to Franklin Ridge. Bring loppers and brush clearing materials. Meals provided. Lodging is outdoor in tents only.
Contact: signup on Meetup



Milwaukie/Lake O/West Linn Bike, Class C
Sat, July 31, 8:45am-5:00pm
Leader: Dave CROUT

Join me for a ride through a wide variety of landscapes, from city to country, from forest to meadow, and from rivers to a lake. We will start by traversing the Tillikum Crossing in Portland, ride along Terwilliger Blvd, and then make our way to Lake Oswego. From there, we head south and make a stop at Luscher Farms. Next, we enjoy a descent into West Linn and take a break at Fields Bridge Park on the Tualatin River. We return via Oregon City and the Trolley and OMSI-Springwater Trails. Total distance is approximately 45 miles, with cumulative elevation gain about 2,100 feet. Be prepared for some short but steep hills. Due to continuing COVID-19 concerns, please have a face covering available.
Meet: SE Caruthers St and SE 2nd Place, Portland
Contact: (503) 460-9782, dave_sandy@comcast.net



Nesika Beauty. Photos: Dolores Niebergall



Ramona-Bald Mtn-McNeil Backpack
Fri, July 23-Sun, July 25
Host: Rachel Eggers

Here is a link to the map detailing this trip:
<https://www.alltrails.com/explore/map/tue-16-mar-2021-15-46-5f14615?u=i>. Day 1: Hike 3.5 miles with 1000 ft gain. Leave the Ramona Falls Trailhead around 5:05pm and arrive in camp around 7pm just in time to set up camp, eat dinner and go to bed. Day 2: Break camp and hike six miles with 1800 gain and four stream crossings to set up camp on top of Bald Mtn! Options for add-ons are Yokum Ridge, McGee Creek Trail or the PCT North. Day 3: We'll watch the sunrise over Mt. Hood with a spectacular view! We will leave our tents and only carry the necessities up to the very tippy top of McNeil Point!!! We will come back and pack up and head back down the PCT to complete our loop to the Ramona Falls Trailhead. Estimated hike for Day 3 is 12.5 miles with around 3000 ft of EG. Total Hike for the 3 days is 21.66 miles with 5807ft gain. This does not include any of the add-ons for Day 2. See Trails Club website calendar for complete details.
Contact: signup on Meetup



Mosier Tunnels Bike. Photo: Gerda Meister Eck

Calling all Trip Leaders / Co-Leaders!

We're creating a directory of all TCO leaders and co-leaders so that the Trips Chair can communicate with you, send updates, announcements and policy changes.

Please email your name and the type of trips you lead to:

TripsChair@trailsclub.org

Thank you!



Mt Adams from Big Huckleberry. Photo: Crisse Millner

How do I Become a TCO Trip Leader?

- (1) Have current membership in Trails Club of Oregon.
- (2) Attend Basic Trips Training, or watch recording, or view slideshow.
- (3) Leaders are encouraged to have current certification in First Aid and CPR. TCO will provide this training in the future.
- (4) Co-lead one hike or backpack with an experienced TCO Leader (assisting or shadowing)
- (5) Lead one provisional hike or backpack with an experienced TCO Leader/Mentor

More info? Contact: TripsChair@trailsclub.org
We'll connect you with an experienced leader and get you going!

Nesika Rebuild Update

Redwing dormitory is framed and ready for roofing. The windows are on order and we're planning on caulking and painting at our next work trip. New stairsteps have been placed leading to the privy below the dormitory. Reconstruction has begun on the woodshed near the generator. With all of this going on, we're still doing trail upkeep near the Lodge!

Many, many thanks to all of the volunteers, especially the cooks!



Photo: Beverly Drottar



Photo: Glen Conrad

TRAILS CLUB OF OREGON

PO Box 67095

Portland, OR 97268

www.trailsclub.org

July 2021

Reminders

For activities such as bicycle, snowshoe, and XC skiing check with the leaders for the difficulty level. Good equipment for the specific activity is required for all events. For hikes, snowshoes:

Class A - Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B - Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C - Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the trip leader if you have any questions and to let him or her know that you will be attending. Bring plenty of water and a sack lunch. Please, no alcohol. Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Fees

There is no charge to Trails Club members for day activities; non-members pay \$2. Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders. Other fees may apply.

If you have RSVP'd for an activity at a lodge involving food expense and are unable to participate, you are obligated to do one of the following: Cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: blazer@trailsclub.org

Submissions are due by the fifteenth of the month prior to publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis
Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name, Phone, and/or email.

Editor: Jennifer Samuels

Send pictures, new events, corrections and anything else for the Trails Club of Oregon website to: webmaster@trailsclub.org