



# Trail Blazer

Vol. 94 No. 8 [www.trailsclub.org](http://www.trailsclub.org)

August 2021

## August Events

4	Weds	Wednesday Night Hike
6	Fri	Umbrella Falls-Newton-Tyee
7	Sat	Tyee Dinner & Mirror Lake Sunset
11	Weds	Wednesday Night Hike
12	Thurs	SE Portland Bike Ride
13	Fri	Puget Island Deer Sanctuary Bike
14-15	Sat-Sun	Tyee Lodge Work Party
18	Weds	Wednesday Night Hike
21	Sat	Wilderness CPR/AED/First Aid
24-27	Tue-Fri	Upper Lena Explore, Olympic NF
25	Weds	Wednesday Night Hike
27-29	Fri-Sun	Nesika Work Trip
29	Sun	Boring/Redland Bike Ride
4-6	Fri-Sat	Trip Leader Team Building Trip
Scheduling, fees, and lodge availability are updated on website <a href="http://www.trailsclub.org">www.trailsclub.org</a>		

## EVENTS & ACTIVITIES



### Wednesday Night Hike

Weds, August 4, 6:00-8:00pm

Leader: Rebecca Knudeson

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.

Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



### Umbrella Falls to Newton Creek Hike and Dinner at Tyee Lodge

Fri, August 6, 8:30am-7:00pm

Leader: Rebecca Knudeson

Hike and Dine is back! Please join us at Trails Club of Oregon's Rustic Tyee Lodge near Government Camp for a Hike from Umbrella Falls to Newton Creek, followed by dinner at Tyee Lodge at 5:30. Hike is 9.5 miles, 1,400 elevation gain with water crossings.

Meet: Tyee Lodge

Contact: see Meetup for full details, fees and to register



### Dinner at Tyee Lodge followed by Sunset Hike to Mirror Lake

Sat, August 7, 5:30-7:30pm

Leaders: Mimi Cogswell, Dolores Niebergall

Hike and Dine is back! Please join us at Rustic Tyee Lodge near Government Camp for dinner, followed by a sunset hike up to and around Mirror Lake, led by Mimi. Mirror Lake Loop Trail is 4.2 miles, 672' elevation gain.

Meet: Tyee Lodge

Contact: see Meetup for full details, fees and to register



Annual Solstice Triple Crown. Photo: Jane Lawrence-Gunn



### Wednesday Night Hike

Weds, August 11, 6:00-8:00pm

Leader: Bruce Seymour

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.

Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



# No Board Meeting in July = No Minutes *Happy Summer!*



**SE Portland Bike Ride – Class A+**  
**Thurs, August 12, 9:45am-2:00pm**  
**Leader: Audrey Perino**

Ride will start at Sellwood Riverfront Park (down by the river, not up on the bluff). We will head east on the Springwater Trail, then north on the 205 bike path, west over the south flank of Mt. Tabor, down to the Eastbank Esplanade and back to Sellwood Riverfront Park. Ride is approximately 17 miles.

Meet: Sellwood Riverfront Park  
Contact: (503) 522-9911 or [audrey53@comcast.net](mailto:audrey53@comcast.net)



**Puget Island and Deer Sanctuary Bike, Class B**  
**Fri, August 13, 10:00am-2:00pm**  
**Leader: Chaz Shaw**

We will meet at Skamokowa Vista Park, ride through the White-Tailed Deer Sanctuary, the bucolic berg of Cathlamet then on to lovely Puget Island. Loop around Puget Island then back to Skamokowa Vista Park. 33.5 miles, 12-14 pace on the flats. Pack a lunch, snacks and plenty of water. On the ride through the Deer Sanctuary there is about 1 mile of hard packed gravel as we traverse the sanctuary. I will be camping at Skamokowa Vista Park on the 11th and 12th. If you would like to join me make your own reservations: (360) 795-8605

Meet: Skamokowa Vista Park (near office)  
Contact: sign up on Meetup, [chaznw@gmail.com](mailto:chaznw@gmail.com), (503) 729-7560



**Tyee Work Party**  
**Sat, Aug 14 – Sun, Aug 15**  
**Host: Bill Yandon**

We will continue to work on maintenance projects at the Lodge: plumbing repairs, general cleaning, topping off firewood inside the Lodge, clearing the winter trail and rope repair, and general paint or staining of deck. Lodge will open by 8:00am on Saturday and close at noon on Sunday. Let host know by Thurs, Aug 12 which meals you will be attending.

Meet: Tyee Lodge  
Contact: see Meetup for signup and full details



**Wednesday Night Hike**  
**Weds, August 18, 6:00-8:00pm**  
**Leader: Gini Bateman**

Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



**Wilderness CPR/AED/First Aid Class**  
**Saturday, August 21, 9:00am-5:00pm**  
**Leaders: Linda Conrad, Beverly Drottar**

Class will be held at Tyee Lodge. Bring sack lunch, drinks provided. Class is only for fully vaccinated participants per request of our trainers. Bring vaccination card. This class will be held in person. Class is free for current TCO hike leaders and is for members only.

Meet: Tyee Lodge  
Contact: Sign up on Meetup



**Upper Lena Lake Explore, Olympic NF**  
**Tues, Aug 24 - Fri, Aug 27**  
**Leaders: Shirley Hoehne, Chris Siebert**

We are excited to organize this event and share time on the trail with you. We have purchased a Olympic National Park Wilderness Permit for a group of 6 participants.

Day 1: Backpack 3.1 miles to Lower Lena Lake 1,639 gain. Day 2: Break camp and backpack steep 4.1 miles to Upper Lena Lake, 2,970 gain. Day 3: leave tents to explore, possibly Scout Lake or Milk Lake or scramble to the top of Mount Lena. Day 4: break camp and hike out 7.2 miles.

Contact: Signup and full details on Meetup



**Wednesday Night Hike**  
**Weds, August 25, 6:00-8:00pm**  
**Leader: Bruce Seymour**

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.

Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



**Nesika Work Trip**  
**Fri, Aug 27-Sun, Aug 29**  
**Host: Linda Conrad**



**Boring/Redland Bike Ride - Class C**  
**Sun, August 29, 8:4am**  
**Leader: Dave Crout**

This is a ride with a wide variety of terrain and vistas. From Milwaukie, we head north to the Springwater Trail and follow it to its end in Boring. From there, we continue south to Barton, where we cross the Clackamas River. Then to Redland on quiet back roads, and all downhill to Oregon City. Next to the bridge over the Clackamas River at Cross Park in Gladstone before heading back to Milwaukie on the Trolley Trail. Total distance is approximately 45 miles, with cumulative elevation gain about 1,600 feet. Optional lunch in Oregon City or Milwaukie, depending on group consensus.

Meet: Milwaukie Riverfront Park, McLoughlin and Washington  
Contact: (503) 460-9782, [dave\\_sandy@comcast.net](mailto:dave_sandy@comcast.net)

## TRAILS CLUB OF OREGON

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Portland, OR 97268

[www.trailsclub.org](http://www.trailsclub.org)

## August 2021

### Reminders

For activities such as bicycle, snowshoe, and XC skiing check with the leaders for the difficulty level. Good equipment for the specific activity is required for all events. For hikes, snowshoes:

**Class A** - Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

**Class B** - Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

**Class C** - Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the trip leader if you have any questions and to let him or her know that you will be attending. Bring plenty of water and a sack lunch. Please, no alcohol. Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

### Fees

There is no charge to Trails Club members for day activities; non-members pay \$2. Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders. Other fees may apply.

If you have RSVP'd for an activity at a lodge involving food expense and are unable to participate, you are obligated to do one of the following: Cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

### Newsletters

Send write-ups to: [blazer@trailsclub.org](mailto:blazer@trailsclub.org)

Submissions are due by the fifteenth of the month prior to publication.

Please use the following format:

### Month Day (Day of week) Event Title - Class A, B, C

**Description Text** - Please include distance, elevation change, and round trip driving distance.

*Do not capitalize full words, lines or sentences for emphasis*  
Day trip descriptions should be under 100 words.

**Depart:** Meeting place, with address if possible, and departure time

**Leader:** Name, Phone, and/or email.

**Editor:** Jennifer Samuels

Send pictures, new events, corrections and anything else for the Trails Club of Oregon website to: [webmaster@trailsclub.org](mailto:webmaster@trailsclub.org)