



Trail Blazer

Vol. 94 No. 10 www.trailsclub.org

Oct 2021

October Events

6	Weds	Wednesday Night Hike
13	Weds	Wednesday Night Hike
15-17	Fri-Sun	Nesika Work Trip
16-17	Sat-Sun	Tyee Work Trip
20	Weds	Wednesday Night Hike
29-31	Fri-Sun	Macks-Deschutes Backpack

Scheduling, fees, and lodge availability are updated on website www.trailsclub.org

Welcome New TCO Member!
Derek Atterbury



Nesika Membership Hike. Photo: Heidi Spence

EVENTS & ACTIVITIES



Wednesday Night Hike
Weds, Oct 6, 6:00-8:00pm
Leader: Bruce Seymour

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.

Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



Wednesday Night Hike
Weds, Oct 13, 6:00-8:00pm
Leader: Rebecca Knudeson

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.

Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



Nesika Work Trip
Fri, Oct 15 – Sun, Oct 17
Leader: Linda Conrad

We will be finishing up projects, getting wood into wood shed, there is road clearing, baby trees to free of brush, trail work to open Franklin Ridge access trail and Cougar Rock Trail. We will have gate open 9:00am Friday and Saturday mornings, and the evening for people to leave after dinner both days as necessary. Camping is highly suggested. If you want to sleep in dorm it is recommended to bring a cot. We are asking for donation of cots or donation of money to purchase cots for sleeping. Bring air mattress or sleeping pad to place on top of cots. Meals are free for workers.

Signup: See TCO Club Calendar or Meetup
Contact: Linda Conrad (360) 907-5096

TRAIL BLAZER

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Send address changes and club correspondence to:
Membership@trailsclub.org or the address above.

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one-year period, approval by the Board of Trustees, and payment of \$50 in dues and a \$15 entrance fee.

Board Meetings: Usually first Tuesday of the month, 7:00pm, at Mazamas Mountaineering Center, 527 SE 43rd Ave at SE Stark St, Portland

President	Sheryl Wagner President@trailsclub.org
Vice President	Beverly Drottar VicePres@trailsclub.org
Secretary	Rebecca Knudeson Secretary@trailsclub.org
Treasurer	Rachel Eggers Treasurer@trailsclub.org
Trustee - Nesika	Glen Conrad NesikaChair@trailsclub.org
Trustee - Tyee	Bill Yandon TyeeChair@trailsclub.org
Trustee - Membership	Lori Leach Membership@trailsclub.org
Trustee - Publications	Joel Reitz PublicationChair@trailsclub.org
Trustee - Social	Linda Conrad SocialChair@trailsclub.org
Trustee - Trips	Dolores Neibergall TripsChair@trailsclub.org
Conservation	Candace Bonner Conservation@trailsclub.org
Editor	Jennifer Samuels Blazer@trailsclub.org

EVENT CANCELATIONS

Please note that some events may be canceled at a future date, depending on late-breaking COVID-19 related issues, etc. Check the [website](#) regularly.

Meeting Places

Friendly House NW Thurman and 26th. TriMet bus service on routes 15, 17 and 77 is nearby.

Gateway TCO : From I-205: take the Glisan Street exit, head east to 99th Ave, turn north, head a couple blocks and park in the Park and Ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84: take I-205, take the above exit and instructions

Mazamas Mountaineering Center (MMC): A common meeting place for Board meetings and other administrative functions. It is located at 527 SE 43rd Avenue, one block south of Stark St.

Target: A common westside meeting place for hikes. Exit US 26 at NW 185th Ave, drive south to Evergreen Parkway turn east (left) one block to NW Town Center Dr. Park and meet on the west side of the Target parking lot across from Starbucks Coffee. Tri Met bus service on routes 47, 52 and 89 is nearby.

Tryon Creek State Park: Sometimes used for Wed. AM (and other) hikes. From I-5 South: Take Terwilliger Blvd. exit, bear right, heading south past Taylor's Ferry Rd. and bear left at at Boone's Ferry Rd split. Right at second roundabout exit, staying on Terwilliger. Park entrance is a right about one mile past the roundabout. Park near the Nature Center.

Trails Club of Oregon & Meetup Websites

Our website (TrailsClub.org) is the official site for club events and information. There is also a Trails Club Meetup.com site that allows event planners to organize TCO events online, and publicize these events to a wider audience (Meetup.com/Trails-Club-of-Oregon/events/). However, all events posted on the TCO Meetup site should be added to our TCO website as well (and this no longer happens automatically, unfortunately).

While we try to get every event in the Blazer and on the Trails Club website (www.trailsclub.org), some events, especially those planned on short notice, may not appear in the Blazer.

Use the Calendar menu item for a monthly calendar or use the Activities menu to filter events. Registration on the web site is not required to view the events.

Also: All may use the Payment menu item on our web site to use PayPal to pay your dues. You can pay for all members in a household in one transaction.

Board Meeting

Trails Club of Oregon Board Meeting Minutes
September 14, 2021 - Zoom

Present:

Sheryl Wagner	President
Rachel Eggers	Treasurer
Rebecca Knudeson	Secretary
Bill Yandon	Tyee Trustee
Lori Leach	Membership Trustee
Joel Reitz	Publications Trustee
Dolores Niebergall	Trips Trustee

Absent:

Glen Conrad	Nesika Trustee
Linda Conrad	Social Trustee

1. Treasurer’s Report

Beginning Balance.....	\$9,460
Expenses.....	\$14,426
Deposits.....	\$30,328
Ending Balance.....	\$25,361

The large deposit came from our Fidelity fund. We still need to receive a check from Mazamas for the ski school use of Tyee in June.

2. Committee Reports

a. Nesika - Glen via email

The windows are in, roof on and shingles on. The doors and possibly stairs into dorm will be completed next work trip. We need workers to paint the trim on the dorm, and paint nail putty sites and bricks. We also need workers next trip to finish the wood shed. The road needs bushwhacking on the sides from the brown gate in. It would be helpful for a small group of people to open the area around our baby trees. We have been removing 1 to three trees every visit mostly from Multnomah Creek to parking area. We have painted the floor of the dorm with two coats of green primer. Thank you for all small but efficient work crews.

b. Tyee Lodge - Bill reported

The furnace has had its yearly service. The chimney has been swept for the first time since the installation of the wood stove in 2018. Minor adjustments were made to the wood stove door. So far, we have not generated excess amounts of creosote in the chimney. We may be able to go longer than once a year for chimney cleaning, but yearly is the recommendation from the Manufacturer. The fuel has been delivered for the upcoming year.

We have cleaned the doors on the kitchen cabinets, and the unstained or unpainted wood trim in the kitchen and dining room. We have begun painting the trim around the windows and doors. It looks good, so we will continue with more trim and the door going to basement. The color should match and be suitable for the cabinets and doors in restrooms. The back deck and the stairs on the front fire escape have been stained with Behr Waterproofing stain. We will likely wait until next year to burn the burn pile.

We have plenty of wood inside the lodge, and the outside shelter is well stocked. We need more mid-size kindling chopped. We pulled out the worst of the “egg crate” foam mattresses, leaving six to seven in each dorms. I have taken up two replacements from Walmart, and will grab a couple or four from Fred Meyer this weekend. Walmart’s are too similar to what we had. Those from Fred Meyer are simple foam mattresses. We need to determine the vest option. Vicki Wood is researching removeable mattress covers. We placed anti-skid pads on the steps at the front door. I have had a request that we need to clear more of a fire buffer around the Lodge. We will be look at it this weekend. Jowl will take care of the on demand hot water in the restrooms.

We have had work parties in July and August and will have one in September and one in October. We are averaging around 12 on Saturday, and four to five staying over until Sunday. We have had time for a short stroll or “social time”. All the work parties have had volunteers who have helped tremendously. We have had several repeat volunteers, and our “group time” has been great.

Board Meeting Minutes *(continued)*

c. Membership - Lori reported

First readings:

Christine Dunn (Portland), Sponsored by Linda Conrad and Heidi Spence

Glenice Naslund (Portland), Sponsored by David Crout and Maureen Covell

Thane Gebbie (Portland), Sponsored by Linda Conrad and Debi Baker

Siena Gilbreath (Oregon City), Sponsored by Linda Conrad and Heidi Spence

Valarie Bryant (Dundee), Sponsored by Dolores Niebergall and Sheryl Wagner

Eric Zimmerman (Portland), Sponsored by Susan Ashenfelter and Dolores Niebergall

New member:

Derek Atterbury

Total membership: 305; Golden 11; Life/Golden 2; Life 34; Regular 246; Junior 3; Provisional 9

We discussed redesigning the membership form so that it requires only one signature instead of one on both the front and back.

d. Publications - Joel reported

He has updated the membership online.

e. Trips - Dolores reported

Special thanks to all who led trips this past month. Juggling smoke was a challenge for all. One event was cancelled due to smoke. Our first Hike and Dine at Tyee since COVID was a success. The event was small, but we had great groups of people with a few new members signing up. Special thanks to Sheryl who bought food, cooked and prepared for the groups and to Nina for her contributions.

Wednesday night hikes: 4

Day hikes: 3

Two of the day hikes were part of the Hike and Dine at Tyee. One was a membership hike to Nesika.

Backpacks: 1

Bike rides: 3

f. Social - Linda via email

I have been unable to contact Fulton Community Center. They do not answer my phone calls or emails. They owe us the \$450 that we put down for a rental during early Covid. I will look for another gathering spot for our annual meeting. We will probably use a covered outdoor area again. Sheryl will contact Linda about moving the meeting to an outdoor area.

Our first aid class with The Adventure Medics went well, but they want to charge us for 20 people even though we only had 10. Bev is their contact. We discussed how to approach the payment.

We need a social meeting for trip planning for next year, perhaps in the Sellwood area some- time in November. If someone would like to assist that would be great.

We would like to have a celebration at Nesika to name our rebuilt dorm, perhaps with a speaker the first weekend in Nov. We need hike leaders for this occasion. I think Rachel has volunteered to lead a loop hike of Larch on Sunday.

Membership hikes restarted to Nesika. They have been very fruitful in attracting new members. We are looking for donations for cots for Nesika. They are around \$100 each. We feel that they would work well. People can use blowup pads on them for comfort and warmth.

Our annual picnic attracted 20 to 30 people and many membership applications were handed out. The potluck was fantastic.

4. New Business

A. elections—We still don't have a nominating committee due to lack of volunteers. There are some members who have expressed interest in serving on the board. We assigned board members to contact these individuals.

B. Bylaw changes for approval at the annual meeting

The struck through words are the present bylaw language to be replaced by the words in **bold**.

Section 10. Trips Committee:

a. The Trips Committee shall ~~plan and conduct~~ **oversee and support** all hikes and

outings of the Club, including regular hikes, backpacking, bicycling and winter sports activities, except those authorized by the Board of Trustees to be conducted by other committees.

b. It shall provide leaders for all its events.

~~c. The Committee shall prepare and submit for approval by the Board of Trustees a schedule of hikes and outings covering a period of three months and to be kept current on a three months' basis.~~

For trips and events to be official, they shall be placed on the Club's calendar. The Board has the right to evaluate and approve the appropriateness of any activity or hike for safe- ty, liability or other reasons and may remove any not deemed appropriate for the Club.

~~d. It shall provide the Chair of the Publications Committee with a complete list of scheduled events for the coming month, together with all pertinent data concerning said events.~~

Leaders shall attempt to schedule trips and events on the Club's calendar by the 15th of each month so they may be published in the monthly *Trail Blazer*.

~~e. The Chair shall obtain promptly from the leader of each scheduled event a complete report on the event, the revenues derived, completed guest cards, and such other information appropriate for reference.~~

The Treasurer shall obtain promptly from the leader of each scheduled event the revenues derived from the event. Trips reports and/or other information appropriate for reference may be submitted.

Next Meeting, Oct. 5 on Zoom.

Submitted by Rebecca Knudeson, Secretary.



EVENTS & ACTIVITIES continued



Tyee Work Party
Sat Oct 16 - Sun, Oct 17
Leader: Bill Yandon

This will be our last work party this year, and our last chance to get Tyee ready for winter!
See Meetup for details



Wednesday Night Hike
Weds, Oct 20, 6:00-8:00pm
Leader: Gini Bateman

We leave at 6:00 sharp and hike until about 8:00 in Forest Park and the West Hills. Arrive early to find parking, sign in and pay the \$2 fee (if a non-TCO member). Carry water, a light source and dress for variable weather. We hike about 6 miles in 2 hours, often with significant elevation gain.
Meet: Wallace Park between NW 25th and NW 26th on NW Raleigh.



Annual TCO Picnic. Photo: Ruby Sparks



Macks Canyon to Mouth of Deschutes Backpack
Fri, Oct 29 – Sun, Oct 31
Leader: Heidi Spence

We will start early Friday morning and hike 6 miles downriver to a beautiful site on river big enough for twenty people to spread out. Saturday we will hike down to Bed Springs campsite and hike out by noon on Sunday. We will see; osprey, possibly deer, mountain sheep, river otters, and various other animals which like desert. The fall colors make the river Valley beautiful. The first day is hard climbing in and out of old railroad culverts. Days 2 and 3 are easy old road walking. We can do a climb to top of mountain at 8-mile Camp. Possible assist from rafts to carry tents, sleeping gear and set up warming tent. Cost is \$130 per car to shuttle cars, to be split between participants
Signup: See Meetup

Fern Anderson: The Loss of A Great Matriarch to the Trails Club of Oregon



Fern Elizabeth Anderson, born April 26, 1935, died peacefully July 29, 2021 following a stroke.

Fern grew up with outdoor enthusiast parents Martha (Pfaff) Becker and Melvin Becker. Melvin joined Trails Club in 1929 and gave a membership in the Trails Club as a wedding gift to Martha in 1933. They both held several committee positions and Melvin held board positions. He was instrumental in selling 80 TCO acres to the forest service for preservation, which created a financial fund for the club which we still use to this day.

As a toddler, Fern always asked to go to “The Cabin” (Nesika Lodge) with her parents. Her parents said she could go if when she was potty trained and could hike the trail. At age three she made her first trip on August 13, 1938. During World War II, Fern’s family and other families in the club manned fire towers in the Columbia Gorge in both Oregon and Washington. Fern received a deep faith in God from her parents and was a longtime member of Trinity Baptist Church, many years serving as its principal organist.

She moved away from the area when she went to college in Ashland, subsequently marrying Junior O. Anderson and raising children while living in other states. When Fern returned to Oregon, she became active in Trails Club once more. Fern served on the board in many different positions including several terms as treasurer. She became a lifelong member of the Trails Club in 2007 when she was awarded the Henry Waespe Distinguished Service Award for her years of service to the club.

Most people remember Fern for her cooking: turkeys moist and golden and lemon meringue pies baked to perfection in Nesika’s wood fired oven. Fern was best known in later years as “The Cookie Lady” who would come to work trips bringing 4-5 dozen cookies for the workers at each trip. Fern must have baked thousands of cookies during her time. Some of us still have her recipes and *might* share them if asked. In addition, Fern helped imagine and plan the main lodge at Nesika, designing the fantastic kitchen island and choosing the placement of the fireplace. Fern liked to write poetry and paint, and two of her watercolor paintings and one poem still grace the walls of Nesika.



Fern (front left) and family at Nesika Lodge

Fern was proud to have made 466 trips to Nesika Lodge, beating her father’s cousin Ed Neubauer’s 422 trips by 44 visits.

Fern was also awarded “The Fern Anderson Cookie Lady Award” an award for the “exceptional creativity and leadership” she gave to the Blue Grass Music Festival Staff. She volunteered as Hospitality Suite Volunteer for Wintergrass, which was the largest Bluegrass Festival in the PNW.

Fern is survived by partner, Lynn Cochran; daughter, Margaret Ann Anderson; son, Marvin Anderson; and brother, Ken Becker. She will be greatly missed.

Fern wrote stories about Nesika which can be found at: <https://nesikalodge.wordpress.com/history/articles/articles-by-fern-anderson/>

Save the Date!

Nesika Dorm Celebration

Fri, Nov 5 - Sun, Nov 7



Moulton Falls Hike. Photo: Cheryl Wagner



Nesika Dorm Work. Photo: Paul Williamson

An Olympic Adventure

Our four days in Olympic National Park turned out to be a wonderful backpacking trip, and the five of us covered 43 miles in four days. We started out from the Staircase Ranger Station at Lake Cushman and followed the trail along the North Fork of the Skokomish River and stayed at the Two Bear Camp the first night. On the second day, we ascended to the First Divide and from there descended to the Duckabush River. We encountered a young bear along the way, and he scurried up a tree which he later abandoned. From the river we ascended to Marmot Lake and camped there the second night. On the third day, we continued our ascent and reached the O'Neil Pass (4,950 ft.) by mid morning. We enjoyed ripe blueberries and huckleberries as we hiked to the pass, and we briefly spotted an adult bear in the distance.



Olympic National Park Photo: Parisa Kianmajd

From O'Neil Pass we spent the rest of the day on the trail that descends into the Quinault Valley. The third night was spent at the Enchanted Valley Camp, and on the fourth day we trekked the up and down trail through the Quinault Valley to the Graves Creek Trailhead. Other than a light rain during the first night on the trail, we had good weather during our hike. It was a very memorable journey with beautiful subalpine vistas mixed with travels through moss-covered forests. The camaraderie of the five backpackers (Lucas Black, Parisa Kianmajd, Josh LeFevre, Pamela Mueller and Chris Seubert) was very high and each of them had a very good backpacking experience.

- Trip Leader Chris Seubert

TRAILS CLUB OF OREGON

PO Box 67095

Portland, OR 97268

www.trailsclub.org

Oct 2021

Reminders

For activities such as bicycle, snowshoe, and XC skiing check with the leaders for the difficulty level. Good equipment for the specific activity is required for all events. For hikes, snowshoes:

Class A - Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B - Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C - Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the trip leader if you have any questions and to let him or her know that you will be attending. Bring plenty of water and a sack lunch. Please, no alcohol. Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Fees

There is no charge to Trails Club members for day activities; non-members pay \$2. Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders. Other fees may apply.

If you have RSVP'd for an activity at a lodge involving food expense and are unable to participate, you are obligated to do one of the following: Cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: blazer@trailsclub.org

Submissions are due by the fifteenth of the month prior to publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis
Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name, Phone, and/or email.

Blazer Editor: Jennifer Samuels

Send pictures, new events, corrections and anything else for the Trails Club of Oregon website to: webmaster@trailsclub.org