



Trail Blazer

Vol. 96 No. 7 www.trailsclub.org

July 2023

JUNE EVENTS

Event information, sign-up and scheduling are available on

TCO Website Calendar

<https://trailsclub.org/activities/calendar>

Meetup

www.meetup.com/Trails-Club-of-Oregon

30-3	Fri-Mon	Nesika Work and Social Weekend
1	Sat	Hike (or Backpack) to Nesika
5	Weds	Weds Eve Conditioning Hike
6-23	Thu-Sun	Southern Maine Backpack
12	Weds	Weds Eve Conditioning Hike
14-16	Fri-Sun	TCO Trip Leaders Weekend
18	Tues	Board Meeting
19	Weds	Weds Eve Conditioning Hike
21-23	Fri-Sun	Tyee Work Party
26	Weds	Weds Eve Conditioning Hike



Hamilton Mountain Hike. Photo: Nicole Rogers



Chehalem Ridge Hike. Photo: Nicole Rogers



Nesika Weekend. Photo: Crisse Milner



Benson Plateau Hike. Photo: Craig Gwydir

TRAIL BLAZER

Published monthly by the
Trails Club of Oregon
P.O. Box 67095
Portland, OR 97268

Organized 1915

Incorporated 1923

Member of the
Federation of Western Outdoors Clubs (FWOC)

Electronic subscription is included with membership. Send address changes and club correspondence to: Membership@trailsclub.org or the address above.

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members.

Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one-year period, approval by the Board of Trustees, and payment of \$50 in dues and a \$15 entrance fee.

Board Meetings:

Usually first Tuesday of the month when the date is at least the 4th, 7:00pm, over Zoom. See the calendar on the TCO website for the link if you wish to attend. Contact the President prior to a meeting if you have an issue to bring to the board.

Trails Club of Oregon & Meetup Websites

Our website (TrailsClub.org) is the official site for club events and information. There is also a Trails Club Meetup.com site that allows event planners to organize TCO events online, and publicize these events to a wider audience (Meetup.com/Trails-Club-of-Oregon/events/). However, all events posted on the TCO Meetup site should be added to our TCO website as well.

While we try to get every event in The Blazer and on the Trails Club website (www.trailsclub.org), some events, especially those planned on short notice, may not appear in The Blazer.

Use the Calendar menu item for a listing of events. Registration on the website is not required to view the events.

Also: All may use the Payment menu item on our website to pay your membership dues. You can pay for all members in a household in one transaction.

BOARD OF DIRECTORS



Beverly Drottar
President
President@trailsclub.org



Jennifer Samuels
Vice President
Blazer Editor
VicePres@trailsclub.org



Rebecca Knudeson
Secretary
Secretary@trailsclub.org



Rachel Eggers
Treasurer
Treasurer@trailsclub.org



Crisse Milner
Nesika Trustee
NesikaChair@trailsclub.org



Paul Cutter
Tye Trustee
TyeChair@trailsclub.org



Lori Leach
Membership Trustee
Membership@trailsclub.org



Joel Reitz
Publications Trustee
Publication-Chair@trailsclub.org



David Noyes
Social Trustee
SocialChair@trailsclub.org



Craig Gwydir
Trips Trustee
TripsChair@trailsclub.org

Board Meeting

Board Meeting Minutes | June 6, 2023 7:00-9:00 | Zoom

Attendees:

President: Bev Drottar
Vice President: Jennifer Samuels
Treasurer: Rachel Eggers
Secretary: Rebecca Knudeson
Publications: Joel Reitz
Membership: Lori Leach
Tyee Trustee: Paul Cutter
Nesika Trustee: Crisse Milner
Trips Trustee: Craig Gwydir
History Comm Chair: Linda Conrad
Absent:
Social Trustee: David Noyes



Six years later, Nesika. Photo: Ralph Bloemers

Regular Business:

Minutes were approved by email prior to The Blazer publication.

Treasurer's Report, Rachel

Beginning Balance 2/28/23:	\$14,525
Checks and Payments:	\$1,699
Deposits and Credits:	\$934
Cleared Balance:	\$13,760

Complete reports can be found by the Board in Dropbox:

<https://www.dropbox.com/home/Trustees%20Share/Monthly%20Treasurer's%20Reports>

Lodge key applications are in Dropbox for Dolores Niebergall and Nicole Rogers.

The other trailer registration is now due.

A person is interested in taking over the treasurer position. Rachel will contact her about orientation.

Membership Report, Lori

Reinstatements: Brianna Cain, Kevin Lee

Resignation: Nathen Barton

274 total membership: 9 Golden, 1 Junior, 35 Life, 1 Life/Golden, 7 Provisional, 1 Provisional Jr, 220 Regular

Publications Report, Joel

Nothing to report.

Nesika Report, Crisse

We had numerous lodge activities this month including two road clearings and a work party that cleared the roads to the lodge and the Monster trail, split wood along the road and hauled to the parking lot and lodge, restocked wood in the lodge and dorm, planted young trees around the property, tended previously planted trees, turned on the water and prepared to Lodge for the season.

Work was also done clearing the shortcut trails to Cougar Rock and the Franklin Ridge Trail.

A huge thank you to Paul Cutter and Glen Conrad who spent a few days laying the new floor in the dorm. It looks amazing!

We are still awaiting word from Multnomah County and the contractors who will work on Larch Mountain Road. We will schedule a meeting with them to ask for access every weekend.



Beautiful new floor in Green Fern Dorm at Nesika! Photo: Glen Conrad

Three individuals were trained on opening/closing of the lodge and two were provided keys by Linda C.

Tyee Report, Paul

It was a very light month at Tyee. It was open only over Memorial weekend. He has scheduled an insurance inspection for June 20. Hopefully West Leg Road will be open and our driveway clear. He heard back from the Forest service regarding our permit. He will send in our numbers soon. They have a backlog of permit reviews so no money will be sent now. West Leg is open at least to the Scout Lodge and two little trees are down on driveway. The drive should be open in a week or so and, then, the process for furnace installation will begin, probably after July 4th. A group from Portland Waldorf School is using Tyee now.

Trips Report, Craig

We had five day hikes, one online Trip Leaders Meeting and 1 backpack during the past month. There have also been Wednesday night Conditioning hikes posted on the Trails Club calendar during May. We're planning the "Backcountry First Aid and CPR Course" with a new vendor, Adventure Medics from Bend, Oregon. The course duration will be one day and hosted at Tyee lodge, on a summer weekend day, possibly July 16. The "Bull Run Watershed" day trip tour is still pending as we wait for tour dates to be available from the Portland Water Bureau. Liz Hall and Nicole Rogers are new hike leaders.

Social Report, David, via email

A very successful Annual Banquet happened with nearly 80 participants on May 21st at Champoeg State Park. We enjoyed good food, fellowship, and music. Thanks to those that helped and Board members that attended.

Next social will be scheduled for later in July in a Happy Hour format at a restaurant/pub on the west side, Beaverton area.

History Report, Linda Conrad

We had a great start at organizing our archival pictures on Memorial Day weekend with the help

of Craig G, Eric Zimmerman, Veda Wilson, and Nicole Rogers. We set up a procedure to copy, label, organize and preserve pictures. Also we are trying to set up a process to allow an internet search by word in order to get a related picture. We probably got though one-third of the pictures.

Another history weekend is set for Aug 4-6. Linda would like to have someone come up and write stories to put in The Blazer using old Blazer articles and pictures. Work weekends will be potluck, saving the club money. Lodging is free. We will also offer training on the tractor and how to open and close/host events at Nesika. Three people were trained in the operation, opening and closing of Nesika. Eric Zimmerman was trained in driving the tractor. Eric still needs a key. He will apply with Crisse.



Nesika History Weekend. Photo: Craig Gwydir

Diversity, Equity and Inclusion Outreach Activities, Chris Seubert, via email

TCO continues to collaborate with the Sierra Club's Inspiring Connections Outdoors program and its partners to provide outdoor activities for youth. Monthly hikes are planned through December this year on the weekends. On May 13, Chris Seubert was a co-leader on a hike along the Salmon River Trail. Six boys from Cordero House attended. It was a sunny, pleasant day, and the boys seemed to enjoy getting some time in the outdoors. The next hike with the boys in Cordero House will be along the Timberline Trail on Mt. Hood, August 13. In April, Chris Seubert completed the REI-sponsored NOLS Wilderness First Aid Course. The training was targeted to wilderness situations and very hands-on. It included numerous chances to practice giving (and receiving) first aid. The course is required by Sierra Club for those leading trips in the Inspiring Outdoors Connections program.

NEW BUSINESS

1) Key applications approved:

Tyee: Delores Niebergall

Nesika: Eric Zimmerman, Craig Gwydir, Nicole Rogers, and Pearl Zadnik

2) Non profit status

Lori Leach and Rebecca Knudeson will do some more investigation. Long time but distant member, Robert Steinle, has sent some helpful information from his research.

3) Budget issue

This year's budget has a large negative spending which isn't sustainable. We discussed ideas to raise revenue: fundraisers, marketing swag and monitoring swag give aways, increasing membership and participation by having more activities, using Nesika more now that it's fully functioning, and presenting next year's budget at the annual meeting.

We discussed charging members a small copay for the \$95 first aid course, the balance paid out of the Memorial fund. Nonmembers may attend but would pay their full cost. As Trips Trustee, Craig will decide about the copay.

We decided to hold the next board meeting on July 18 and not have one in August.

Meeting adjourned at 8:20

Submitted by Rebecca Knudeson, Secretary

Carl Lake Backpack June 15-17, 2023 By Tom Thrall

This was an exploratory backpack into a large alpine lake basin south of Mt. Jefferson. Day One started well enough, with the first mile and a half spent traversing sunny hillsides of fragrant snowbrush in full bloom. Beyond that, however, the trail had not yet been cleared for the season, and



we encountered over two hundred windblown trees down across the trail, as well as many areas of late season snow which obscured the path. Our team remained in good spirits and continued nonetheless, arriving at lovely Carl Lake by late afternoon. Not surprisingly, we had the lake entirely to ourselves and found excellent campsites along the northwest shore near a roaring waterfall. On Day Two we had planned to do a nine-mile loop hike up to the PCT via an old trail north of the lake, circling back south to climb up South Cinder Peak, and then returning to camp via the Shirley Lake trail. However, we

encountered nearly continuous snow as we climbed to the PCT, and were eventually blocked by a hard-packed snow traverse across a very steep section of the PCT about half-way down to South Cinder, which would have required ice axes and crampons to cross safely. At that point, we changed our plans and scrambled up through the woods to check out the views from the ridge high above Carl Lake, which stretched from Mt. Jefferson to the north, past South Cinder and Three Fingered Jack in the southwest, and to the Three Sisters and Broken Top in the south. After soaking in the views we returned to camp the way we'd come, saving the loop hike for another day. There were strong winds overnight coming across the lake, and we awoke on the morning of Day Three to dense fog and a bit of light rain, but nothing that a good cup of strong coffee or tea couldn't fix. We then ran the gauntlet of downed trees back to the car, and stopped at the Mountain High Cafe in Detroit for lunch (which I would highly recommend), to celebrate our successful adventure. Many thanks to my teammates Olivia, Susan and Meiling, whose good cheer and solid backpacking skills made this trip possible!

Reminders

For activities such as bicycle, snowshoe, and XC skiing check with the leaders for the difficulty level. Good equipment for the specific activity is required for all events. For hikes, snowshoes:

Class A - Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B - Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C - Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Harsh conditions may increase the exertion and skill required; be prepared. Contact the trip leader if you have any questions and to let him or her know that you will be attending. Bring the 10 Essentials and please, no alcohol. Pets allowed on designated trips only.

Stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Fees

There is no charge to Trails Club members for day activities; non-members pay \$2. Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders. Other fees may apply.

If you have RSVP'd for an activity at a lodge involving food expense and are unable to participate, you are obligated to do one of the following: Cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: blazer@trailsclub.org

Submissions are due by the fifteenth of the month prior to publication.

Send pictures, new events, corrections and anything else for the Trails Club of Oregon website to: webmaster@trailsclub.org

Blazer Editor: Jennifer Samuels