

Trails Club of Oregon COVID Policies

As of June 12, 2020

With health and safety of our members and community in mind, the Trails Club of Oregon will be operating with a set of policies & practices to reduce risk of COVID-19 transmission. We recognize and acknowledge these policies and practices will not eliminate risk, but rather allow us to engage in activity with reduced risk. We will ask each of our members and participants to make their own choices regarding acceptable risk.

Trails Club of Oregon's wide polices (these polices apply to all Trails Club of Oregon activities):

1. All Trails Club of Oregon programs and activities must have up-to-date knowledge of state, county, city, and land manager regulations. The Trails Club of Oregon will adhere to the most conservative guidelines that are in effect for an activity.
2. All participants must sign a COVID-19 acknowledgement of risk in addition to the regular Trails Club of Oregon risk waiver.
3. All staff, participants, and volunteer leaders are required to report any COVID-19 symptoms. All individuals will monitor for symptoms, including taking temperature, 24 hours prior to the start of their program. Any symptomatic or feverish participants will be required to cancel themselves from the trip. Full refunds will be provided for cancellations due to COVID-19 symptoms.
4. All participants and volunteer leadership will maintain a minimum of 6-feet in between each other when on a Trails Club of Oregon activity.
5. Trails Club of Oregon gatherings will be restricted to 25 people or less. Specific activities may have a lower number of participants. These figures will change as local and national guidance changes.
6. Carpooling is highly discouraged for all Trails Club of Oregon programs.
7. All participants over the age of 10 are required to bring a face covering and hand sanitizer on all activities and practice high hygiene standards.

Food or drink at any Trails Club of Oregon activities will be managed by kitchen staff wearing masks.

Any participant exhibiting COVID-19 symptoms within two weeks after a Trails Club of Oregon program or event will report to the Trails Club of Oregon. In these cases, the Trails Club of Oregon will inform all participants on that program that they may have had contact with an individual who has tested positive or exhibited symptoms for COVID-19. The name of the symptomatic person will not be shared.

1. Cloth face covering will be required for everyone over the age of 10 in Trails Club of Oregon buildings.
2. All outdoor activities (climb, hike, run, etc.) is limited to a maximum group size of 25
3. Carpooling is highly discouraged by anyone who is not currently sharing a household.
4. Sharing tents or personal gear is prohibited with non-household members.
5. Sharing food, cooking equipment, utensils, containers, or drinking receptacles is prohibited on hikes.
6. All individuals must bring and carry their own alcohol-based hand sanitizer
7. Cloth face coverings are required for outdoor activities.
8. Outdoor activities must be structured to maintain 6' whenever possible (brief periods closer than 6' are acceptable)
9. Masks will be worn whenever hikers are within 6' of each other
10. Hikers will maintain at least 6' distance from each other whenever possible and come closer only when necessary
11. Hikers will pass other groups/hikers with a minimum of 6' distance. If closer, hikers will wear their mask and/or turn their back on oncoming hikers.
12. All trips will be on familiar and comfortable terrain to the leader.
13. Individual gear will not be shared.

Signature and Date: