Trail Blazer

Vol. 82 No 5 for information, call 503-233-2740 (Portland, OR) or access www.trailsclub.org. May 2009

Upcoming Events

Date	Day	Event Description
2-3	Sat-Sun	Nesika Lodge Trail Work Trip Back-pack, Dog Friendly
2	Sat	Grand Island Bike Ride - Class B-
3	Sun	Green Leaf Overlook Hike & Swim - Class A
4	Mon	205 Bike Ride to Boat Houses or Blue Lake Class A+
6	Wed	Portland Morning Hike - Class A to A+
6	Wed	Portland Evening Hike - Class B
9	Sat	Basic Kayaking Class- Vancouver Lake
9	Sat	Spring Water Hike - Class A
12	Tue	Board Meeting - 7PM, Mazama MC
13	Wed	Portland Morning Hike - Class A to A+
13	Wed	Portland Evening Hike - Class B
15	Fri	**Blazer Deadline**
16	Sat	Coyote Wall Hike - Class B
16-17	Sat-Sun	Nesika Work Trip
16	Sat	Historical Portland Neighborhood Walk - Class A
18	Mon	Fanno Creek Bike Ride - Class A
19	Tues	Hamilton Mountain Hike - Class B
20	Wed	Portland Morning Hike - Class A to A+
20	Wed	Portland Evening Hike - Class B
21	Thurs	Verboort - Kansas City Bike Ride - Class B
23	Sat	Wahkeena and Multnomah Falls Loop Hike - Class B
23-25	Sat-Mon	Memorial Weekend Hike & Dine
24	Sun	Sauvie Island Kayak Rating 2B
24	Sun	Nesika Lodge Membership Qualifying Hike - Class B
24	Sun	Saddle Mountain Hike - Class B
27	Wed	Portland Morning Hike - Class A to A+
27	Wed	Portland Evening Hike - Class B
30	Sat	Ramona Falls Loop Hike - Class B
31	Sun	Salmon River Kayak

Date	Day	Event Description
Jun 1	Mon	Kelly Point Bike Ride
3	Wed	Portland Evening Hike—Class B
3	Wed	Mt. Mitchell Hike - Class B

Scheduling is updated on web site www.trailsclub.org

Meeting places are detailed at the end of events section
TRIP FEES: Members,$1; Guests $2; Carpool 10 cents/ mile

Announcements

Forest Park Conservancy - 2009 All Trails Challenge. Ever thought about hiking every mile of trail in Forest Park? How about doing that and being eligible to win some great prizes? The Forest Park Conservancy has launched the 2009 All Trails Challenge (ATC), an outreach by the Forest Park Conservancy to encourage walkers and runners to cover 70+ miles and more than 11,000 feet cumulative elevation gain of selected trails and roads in Forest Park by December 31st. For more information go to www.forestparkconservancy.org or contact them by phone 503.223.5449. Note: The Trails Club of Oregon is a member of the Forest Park Conservancy!

Attention: TCO Hosts, Cooks & Trip Leaders

Are you returning the correct paperwork? Check below to find out….

After a Lodge Event you should be returning a completed Lodge Host Form, Lodge Usage Report, Food Receipts and a check for the fees. This information helps the lodge committee make decisions about lodge improvements and budgeting.

The Lodge Host Form contains information on who is using the lodge. This is used when we are looking for new hosts and work party attendees. The Lodge Usage Report provides us with data about the number of nights & days that the lodge is being used. In the middle of the form the financial data and the food receipts show us the cost of the meals and if we are receiving enough excess dollars to cover our supplies & staples. The lower section of this form lets us know what supplies need to be replenished, what repairs need to be Performed and what improvements you or others would like.

After a Trip (Hike, Bike, Kayak, Snowshoe, Backpack) you should be returning a completed Trip Log, Trip Report and a check for the fees. The Trip Log is our release of responsibility form and is kept by the club for 10 years. It is important to re-

TRAIL BLAZER

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The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one year period, approval by the Board of Trustees, and payment of $45 in dues for first household member, $25 for each additional household member or those over 65 years of age and a $15 entrance fee.

Board Meetings (2nd Tuesday of the month at 7:00 pm)
at Mazama Mountaineering Center 527 SE 43rd Ave. Portland, OR

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Legal Advisor ..... Art Stangell

Administrative Assistant:
Virginia Larson
360-263-3541 503-750-9316
admin@trailsclub.org

Editor:
Phillip Jackson

Changes and other club correspondence should be mailed to:

Membership@trailsclub.org or

Trails Club of Oregon
P.O. Box 1243
Portland, Oregon 97207-1243

cord the date, trip name, activity miles and class level on the top of this form before it is signed by the hikers. The information on the Trip Report is used to collect data on how many members and guests went on our trips over the previous year. The volume information can also indicate where we need to add or decrease trip activity. The middle section, which tells about the trip, is a good place to mention any problems with the trail, such as downed trees, wash outs, etc. so the Trip Leader can pass this information on to other leaders. The lower section is very important! It lets us know if anyone was hurt during the trip.

Thanks again for volunteering to host and lead. Sincerely, The Lodge and Trip Committees.

NEW WILDERNESS FOR MOUNT HOOD & GORGE

President Barack Obama signed the Omnibus Public Lands Management Act on March 30, 2009, marking the final step for expanded wilderness protection in Oregon. The legislation expands the Mount Hood and Mark O. Hatfield Wildernesses, creates new wilderness for Copper Salmon, Soda Mountain, Spring Basin and Badlands and designates National Recreation Areas and additional Wild and Scenic Rivers.

In addition to permanently protecting wildlands where we hike and backpack from logging and road building, the legislation has some specific effects for the Trails Club.

At Nesika, the Larch Mountain addition to the Mark O. Hatfield Wilderness means that all land on the right (east) side of the Multnomah Basin road from the brown gate to the end of the road, on the right (east) side of the tractor trail from the end of the road to the Trails Club property boundary, and on the east side of the Trails Club property is now Wilderness.

At Tyee, the land exchange with Cooper Spur means that we eventually might have some new neighbors to the west of West Leg Road. The legislation calls for new appraisals of the areas involved in the land exchange and should be completed in the next 1½ years. One of the Government Camp tracts designated for exchange is just west of the Summit Ski Area and above the area that currently has houses. Portions of the Alpine, Crosstown and Glade ski trails go through the tracts identified for exchange.

Some 240 miles of trails are now protected in the newly designated areas, including the National Recreation Areas. Forest Service wilderness regulations mean that group size will be limited to 12 on many trails often used by the Trails Club. Trip leaders will need to find out whether wilderness regulations apply to the trail they are using. Guide books will be out of date until new editions are published. We'll get the database on the TCO website updated as soon as the information is available.
To see detailed maps of the new Wilderness lands, visit the Oregon Wild website at http://www.oregonwild.org/wilderness/mount_hood_wilderness_campaign/lewis-and-clark-mount-hood-wilderness-maps

ORDER NEW "WICKING" TCO T-SHIRTS BY MAY 29TH

We have a new design by Nadine Morris on 3 styles of t-shirts available for prepaid orders.

1. Forest green dry mesh (wicking) 100% polyester short sleeve for $18.50
2. Medium gray dry mesh (wicking) 100% polyester long sleeve for $19.50
3. Forest green 100% cotton short sleeve for $7.50

4. To order, send a check payable to TCO to Trails Club of Oregon, PO Box 1243, Portland, OR 97207. Indicate number and style of shirts ordered and sizes (unisex XS, S, M, L, XL in dry mesh----this style tends to run a little large, and S, M, L, XL, 2XL in cotton). The order will be filled on May 29th, so be sure your check is received by that date. It will be your responsibility to pick up your shirt(s) after arrival.

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The Friends of Columbia Gorge Invite You

Come along on this hike to Nesika Lodge sponsored by Friends of Columbia Gorge. It will be Saturday, May 16. This is a Class B hike. Registration is required. To register please go to www.gorgefriends.org/hikes or call Renee Tkach at 503-241-3162 ext 103.This is not an official Trails Club event but club member Jane Garbisch will be assisting. Enjoy a beautiful trek up from Multnomah Lodge to the historic and tranquil grounds of Nesika Lodge. Hikers will enjoy a babbling creek, several waterfalls, lush woods and invigorating elevation along the way. Trails Club people will be there to welcome you and the lodge will be open for your visit. Bring water and lunch. Hike 8 miles with1800 feet of elevation gain.

Ninety Years Young!

On Saturday, June 6, at 6 p.m. we will celebrate June Smelser's 90th birthday. Join us for a potluck dinner party at the Rose Villa Fellowship Hall, 13505 S.E. River Road, Milwaukie. Please R.S.V.P. by June 1 with Callista Snively, 503 330-7344 or Kissta9@aol.com.

Trail Skills College June 5-7 2009

The 2009 Columbia Cascades **Trails Skills College** will be held June 5-7 2009 at the Port of Cascade Locks Marine Park. Sponsored by the Pacific Crest Trail Association and the Trailkeepers of Oregon, the college will teach volunteers essential skills in trail construction, design and maintenance.

Classes are at no charge and will run all day June 5th through the 7th with hands on training at the many nearby trails of the Columbia River Gorge.

For those interested in attending, sign-up information can be found at www.pcta.org/trailskillscollege, or by calling 916-349-2109.

Check out this Online Poster for basic information.

View from Nesika

The heavy snows of late December still linger on Palmer Mill Road. We had to cancel the April work trip because we couldn't drive in. Groups of TCO folks continue to hike to Nesika and report that all in all, things look pretty good. We'll be open in May for sure as the weather continues to warm. Our list of project hasn't gotten any smaller and we need all the help we can get. Please consider making a day trip or over night stay during one of the scheduled work parties. What could be more fun than driving a few nails or cutting a little brush? We promise good food from dedicated cooks and the camaraderie of fellow TCO folks.

Richard Gaunt

Events

May 2-3 (Sat-Sun) Nesika Lodge Trail Work Trip and Backpack, Dog Friendly

Come join us as we clear some of the favorite trails surrounding the Nesika Lodge area. Bring your trail clearing tools, such as loppers and pruning saws. We will clear tent spots for those who like to sleep in their tents. There will be no lodge fee for workers this weekend. Dogs are not allowed in the lodge or dorms so if you bring a dog, bring a tent. Dogs need to be friendly and on a leash while on club property. Owners need to scoop poop.

Meet: Gateway Park & Ride at 7:30 a.m. or Multnomah Falls at 8:00 a.m. for the backpack hike to Nesika.

Leaders: Hosts are Glen and Linda Conrad 360-837-3875 or lcgrconrad@aol.com. Register by April 29th.

May 2 (Sat) Grand Island Bike Ride - Class B-

We will ride from The Wheatland Ferry through Maude Williamson State Park to Grand Island. We will have lunch at a small park on Grand Island. We will return pretty much by the same route. The terrain is pretty flat and the riding distance 25 - 35 miles depending on weather. There is little car traffic on most of the route. Driving directions to the Wheatland Ferry: South on I5 to the Brooks Exit, turn right and follow signs to Mission State Park. Pass the entrance to the park taking the next left after the park to the Wheatland Ferry, parking at the west side of the river.
Please register with the leader by 9PM Saturday May 1.
Meet: East side of Wheatland Ferry at 9:00 AM.
Leader: Louis Sowa 503-320-0440 lsowa@earthlink.net

May 3 (Sun) Green Leaf Overlook Hike and Possible Swim - Class A

Hike along the Pacific Crest Trail in Washington to a Columbia River viewpoint. Hike 7.6 miles with 600 feet of elevation gain. Drive 80 miles round trip. If everyone in the car agrees we can stop at Bonneville Hot Springs Resort to swim and hot tub afterward at an additional cost of $15 each. Bring swimsuit and towel for that. There is a bridge toll to share and drivers need a trailhead parking pass.
Meet: Gateway Park and Ride at 8:00 a.m.
Leader: Carolyn Jenkins 503-422-6456

May 4 (Mon) 205 Bike Ride to Boat Houses or Blue Lake Class A+

Monday evening 6:00 P.M. ride on Northeast 205 bike path to Marine Drive & then East to boat houses or continue to Blue Lake. 17-20 miles with some steep up's and downs. Please call Leader Joyce Rasmussen 503 253-6587 for meeting place

May 6 (Wed) Morning hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.
Meet: Wallace Park on NW Raleigh at 9:30 AM
Leader: Nancy Overpeck 360-573-6878

May 6 (Wed) Portland Evening Hike - Class B

We will hike about 2 hours and approximately 6 miles in Forest Park and the West Hills of Portland with 500 feet elevation gain (not cumulative).
Depart: 6:00 p.m. from Wallace Park between NW 25th & 26th Ave on NW Raleigh St.
Leader: Gini Bateman 503-475-8712 or ginibateman@aol.com

May 9 (Sat) Springwater Trail Hike - Class A

Another great hike on the Springwater Trail but this time we start at Powell Butte. We follow a trail to the top with a great view of our surrounding mountains. Then we'll set off down the back side to Springwater Trail where we'll hike a few miles toward Portland, then back up the butte to our cars. Walk about 6 -7 miles with an elevation gain of 200 feet.
Meet: Powell Butte Nature Park. Go to SE 162nd Avenue and Powell Blvd. Follow 162nd up the hill to the parking lot and rest rooms. Depart at 10:30 a.m.
Leader: June Smelser 503-668-4060 junesmelser@yahoo.com

May 9 (Sat) Basic Kayaking Class - Vancouver Lake

The class will cover equipment requirements, dry entry and exits, emergency signals, and basic paddling strokes. It is intended for people considering kayaking as a sport, for people intending to take the Trails Club safety course and for those people who want to review their basic kayaking skills and equipment. If you want to practice your skills you will need a kayak, paddle, personal flotation device, and spray skirt. At the end of the class we will take a short paddle weather permitting. Equipment can be rented from Alder Creek Kayaking or Portland Kayaking. Dress for the weather.
For more information and time contact:
Rex Silvernail at 360 263 7225 or humshwha@pacifier.com

May 13 (Wed) Morning hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.
Meet: Wallace Park on NW Raleigh at 9:30 AM
Leader: Phillip Jackson 503-639-6250

May 13 (Wed) Portland Evening Hike - Class B

We will hike about 2 hours and approximately 6 miles in Forest Park and the West Hills of Portland with 1000 feet of elevation gain (not cumulative). Please bring a headlamp. This will be a great elevation training hike.
Depart: 6:00 p.m. from Wallace Park between NW 25th & 26th Ave on NW Raleigh St.
Leader: Rich Fuhs 503-690-5077 or rich.fuhs@verizon.net

May 16 (Sat) Walking Tour of Historic South Portland Neighborhoods - Class A

We will join Portland's Syracuse University Alumni Club and spend a leisurely couple of hours walking around Portland's former Jewish Quarter and Little Italy on the south side of downtown. These neighborhoods were largely removed in the 1960s in the name of "progress" and urban renewal. Our tour guide will be Arnie Panitch who was recently profiled in the Oregonian. Arnie was a professor at Boise State for 20 years before retiring to Portland several years ago. He is a raconteur supreme who will entertain and inform us. The walking will be on city sidewalks with little elevation gain. Afterwards, we will look for somewhere to have lunch.
Meet: In front of the Lair Hill Market Cafe, 2823 SW 1st Ave. at 10:00 am. There should be parking on the neighborhood streets.
Leader: Audrey Perino 503-246-6462 (home) 503-522-9911 (cell) or audrey53@comcast.net.

May 16-17 (Sat-Sun) Nesika Work Trip

Barbara Jones and Phyllis Dinges are the cooks this weekend. It will be worth your while to come and work just for the pleasure of their cooking. Please sign up for meals by 9:00 p.m., Wed May 13, 9 pm. Email Phyllis at grammy15@earthlink.net or call 503-656-5060 to sign up. Please let her know if you will be at the gate, opening Sat May 16th 9:00 - 9:15 a.m.

May 16 (Sat) Coyote Wall Hike - Class B

Oregonian writer Terry Richard rates Coyote Wall as "one of the most beautiful features of the Columbia Gorge." Hike up Coyote Canyon through oak, grassland, bigleaf maple and ponderosa pine to views across alpine pasturelands of Mt. Hood and Hood River. Follow a forest lane to a vast meadow bordered by sheer, 200 foot basalt cliffs. After enjoying the view and lunch at the top of this meadow we switchback down to the river through wind-

blown grasses dappled with late blooming balsamroot and lupine. Hike 8.2 miles at moderate pace with1950 feet of elevation gain. There may be ticks and poison oak. Drive 115 miles round trip with bridge tolls.
Meet: Lewis & Clark State Park, take exit 18 of I-84 east of Troutdale. Depart at 8:30 a.m.
Leader: John Benson 503-334-8026 or (preferred) jtben@fastmail.us

May 18 (Mon) Fanno Creek Bike Ride - Class A

Meet at the Greenway Shopping Center at 121st and Scholls Ferry Rd. Take the Scholls Ferry exit off 217. Gather in the SE corner near 121st. We will ride to the Englewood Park entrance to the Fanno Creek Trail. The ride will be approximately 2 hours.
Leader: Jane Storey 503-724-5467 or andrewstorey@comcast.net.

May 19 (Tues) Hamilton Mountain Hike - Class B

We'll take this classic Gorge loop hike over the summit of Hamilton Mountain to enjoy fabulous views and wildflowers. Hike 9 miles with 2,400 feet elevation gain. Drive 70 miles round trip.
Depart: 8:00 a.m., Airport Way Home Depot, southwest corner of parking lot.
Leader: Susan Saul (360) 892-5643 or sunr1s3cr33k@gmail.com

May 20 (Wed) Morning hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.
Meet: Wallace Park on NW Raleigh St. at 9:30 AM
Leader: Mike Harrison

May 20 (Wed) Portland Evening Hike - Class B

We will hike about 2 hours and approximately 6 miles in Forest Park and the West Hills of Portland with 500 feet elevation gain (not cumulative).
Depart: 6:00 p.m. from Wallace Park between NW 25th & 26th Ave on NW Raleigh St.
Leader: Lisa Brice 503-682-2952 or ibhikes@msn.com

May 21(Thurs) Verboort - Kansas City Bike Ride - Class B

This is a nice leisurely loop of 30-40 miles (depending on group's wishes) on quiet Washington County roads, enjoying the spring colors of farmers' fields and the community of Verboort. The ride has a few hills but it mostly flat.
Meet: Washington County Sheriff's Office back parking lot on SW Dennis St.(between SW Baseline and SW Washinton St.) at 10 am.
You can ride the MAX to the end of the line (Hatfield Station in Hillsboro), ride on Washington St. 1 block west to the meeting place. Please call if you have questions.
Leader: Gisela Piercy, 503 648-5885 or giselapiercy@gmail.com

May 23 (Sat) Wahkeena and Multnomah Falls Loop Hike - Class B

Hike up Wahkeena Creek then across and down Multmonah Creek for beautiful cascades and flowers. Hike 6 miles with 1600 feet of elevation gain.
Meet: Gateway Park & Ride at 8:00 a.m.
Leader: Mel Taylor 503-639-9160, home or 503-888-7203, Cell

May 23-25 (Sat-Mon) Memorial Day Weekend at Nesika

Join us at Nesika for the first Hike-N-Dine of 2009. We will enjoy Vietnamese cuisine. Vietnamese food is a little Chinese and Thai with a French influence. Dinner will be served on Saturday night. For reservations: Nancy Overpeck, cell-503-806-2900 or 360-573-6878, email overpeck@wa-net.com.
Nesika will stay open through Monday afternoon. Dinner Sunday night and breakfast Monday morning will be provided. Make reservations by Wednesday, May 20, by 8 p.m. Hosts: Paul and Callista Snively, Email Kissta9@aol.com or cell 503 330-7344.

May 24 (Sun) Saddle Mountain Hike - Class B

This moderately steep hike on the way to the coast is one of the leader's favorites. If we get a nice day, we'll see several Cascade peaks, the ocean, and the city of Astoria. If not, we'll take it a little slower and just enjoy getting out there. This is a 7.2 mile round-trip with 1,900 feet of elevation gain. We'll go at a pace of 2 mph or just a little quicker. Drivers, please bring an Oregon State Parks parking permit if you have one. Otherwise, we'll purchase day passes at the site.
Meet: Gateway Park & Ride at 8:30 a.m.
Leader: Hank Itkin 360-696-5902 or hitkin@earthlink.net

May 24 (Sun) Sauvie Island Kayak Rating 2B

Gilbert River to Sturgeon Lake. Portage required. Return via Aarons, Big McNary, and Little McNary Lakes. Parking permit required. Contact leader for meeting time and place.
Leader: Rich Fuhs; (503) 690-5077; Rich.Fuhs@Verizon.net

May 24 (Sun) Nesika Lodge Membership Qualifying Hike - Class B

Enjoy the view from the top of Multnomah Falls then continue to follow the canyon upward passing several other waterfalls as you climb along the fern and forest lined trail. Our ultimate goal is for you to eat your lunch beside the fireplace at Nesika Lodge or at the exceptional panoramic view from Waespe Point. This hike and lodge visit meet club membership requirements. Sturdy hiking boots and a walking stick are recommended. Bring water and lunch. Hike about 8 miles with about 1800 feet of elevation gain.
Depart: 9:00 a.m. from Gateway Park & Ride at (SE corner of the structure on the sidewalk or inside by the stairs if it is raining) or Multnomah Falls in front of the gift shop at 9:45 a.m.
Leader: Vicki Wood, 503-659-1423 or 503-515-7208 (cell) or vw48@comcast.net

May 27 (Wed) Morning hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader.
Meet: Wallace Park on NW Raleigh at 9:30 AM
Leader: Lila Grossman 503-227-0684

May 27 (Wed) Portland Evening Hike - Class B

We will hike about 2 hours and approximately 6 miles in Forest Park and the West Hills of Portland with 500 feet elevation gain (not cumulative).
Depart: 6:00 p.m. from Wallace Park between NW 25th & 26th Ave on NW Raleigh St.
Leader: Donna Covi 503-286-7243 or dcibike2@aol.com

May 30 (Sat) Ramona Falls Loop Hike - Class B

We'll hike the loop trail to and from Ramona Falls on the west side of Mount Hood. Hike up the Sandy River to the picturesque falls for lunch and come back a scenic trail through the woods. Moderate pace with total of 6.8 miles and 700 feet of elevation gain. Drive 92 miles round trip. Drivers need a parking permit. William Sullivan's 100 Hikes in Northwest Oregon hike # 69.
Meet: Gateway Park & Ride. Depart at 8:00 a.m. Pre-register with leader before Friday evening due to wilderness restrictions.
Leader: Bill Yandon at home 503-538-3643, cell 503-887-2932 or e-mail wkyandon@earthlink.net

May 31 (Sun)-Salmon River Kayak

This paddle follows the Salmon River (north of Vancouver) for a 4-6 mile paddle between Felida and Vancouver Lake.
Meet: Contact leader for meeting location and time.
Leader: Allen Burrell (503-654-1353) or burrell@teleport.com

June 1 (Mon)-Kelly Point Bike Ride

Ride from East Delta Park to Kelly Point Park and return. This is a level ride of about 15 miles along wide streets and dedicated bike paths bordering Marine Drive and the Columbia River. Boats and rivertime activities will be seen as well as abundant and native wildlife.
MEET: 6pm at GI Joes parking lot at Hayden Meadows, I-5 exit 306B.
LEADER: Allen Burrell 503-288-3859 or burrell@teleport.com.

June 3 (Wed) Portland Evening Hike - Class B

We will hike about 2 hours and approximately 6 miles in Forest Park and the West Hills of Portland with 500 feet elevation gain (not cumulative).
Depart: 6:00 p.m. from Wallace Park between NW 25th & 26th Ave on NW Raleigh St.
Leader: Gini Bateman 503-475-8712 or ginibateman@aol.com

June 3 (Wed) Mt. Mitchell Hike - Class B

This is a combined Trails Club and Mazama Hike. Enjoy a moderate but steadily uphill hike of 6.5 mi RT and 2000 ft. elevation gain to stunning views of Mts. St. Helens and Adams from a rocky summit block. Be prepared for wind, snow or rain. Plan for possible cafe stop afterwards in Cougar with arrival back in Portland about 5:00 p.m. Drive 110 mi. RT.
Meet: Mazamas Mountaineering Center SE 43rd and Stark Street 7:30 a.m.
Please Contact Leader: Barbara Marquam 503-228-3762 bmarquam@comcast.net

Meeting Places:

Gateway Park & Ride From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the park and ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining).
From I-84, take I-205 and follow the above exit and instruction.

Wallace Park is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh St between NW 25th Ave and NW 26th Ave. Parking is usually not a problem on Raleigh. Tri Met buses 15, 17 and 77 service is near.

Target is a common west side meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park in the southwest corner of Target's parking lot. Tri Met buses 47, 52 and 89 service is near.

Trails Ahead

Trails Club Weekend on the McKenzie River
June 26-28. 2009

Hike, fish, kayak, trail bike, whitewater raft, soak in the 2 mineral springs swimming pools and explore the gardens and landscaped grounds at Belknap Hot Springs Resort on the gorgeous McKenzie River. Two breakfasts and a campfire dinner will be provided for those interested. Saturday there will be an 8 ½ mile loop hike along the McKenzie River past 3 waterfalls and around Clear Lake, which is the headwaters of the McKenzie.

There are limited cabin and tent sites as well as 10 RV sites reserved for our group. Both Friday and Saturday night stays are required by the resort during the summer. Lodging prices are $54.50 total for 1-2 people ($8/night for each additional person) in **tent** sites; $65.40 total for 1-2 people ($8/night for each additional person) in **RV** sites. **Cabins** vary from $130.80 total (1-2 people) or $196.20 or $272.50 total (1-4 people) with $10/night for additional people. TCO activity fee ($2 members/$4 nonmembers) is required, and shared meal costs will be approximately $10. A $25 deposit is required to hold your lodging reservation. The balance of your lodging fee is due **JUNE 8th**th. Both checks should be made out to TCO. Distance is approximately 300 miles rt from downtown Portland. Check out the resort website at www.belknaphotsprings.com for photos/info.

Contact Vicki Wood to reserve your spot or for more information: (503) 659-1423 or vw48@comcast.net

Ball Point/School Canyon Backpack – Class A
June 12-13 (Fri-Sat)

This is the graduation backpack for the Women's Beginning Backpacking Class; priority will be given to class members. Slopes full of early summer wildflowers and oak-pine woodlands mark the rainshadow of Mount Hood in the Badger Creek Wilderness. We'll hike 3.6 miles with 1,400 feet elevation gain to a campsite on a plateau above Little Badger Creek and return the same way. Drive 220 miles. Group size limited to 8.

Depart: Register with Leader.

Leader: Susan Saul (360) 892-5643 or sunr1s3cr33k@gmail.com

Kayaking Baja, Mexico October 31 to November 8, 2009

Turquoise Water, Pristine Coastline, Stunning Geology are just a few of the things you will experience during this 9 day trip. We'll fly to Loreto and kayak the coastline of the Sea of Cortez towards LaPaz. We'll camp on sandy beaches where we'll have opportunities to snorkel and relax. Daily paddling of 4 to 5 hours requires participants to be in good physical condition and have excellent stamina. This trip is lead by a professional outfitter and supported by a Mexican staff that prepares 3 meals a day, as well as a skiff that carries our camping gear.

Cost is $1350. Which includes 2 nights hotel lodging and 6 nights camping, plus a guide who is an expert naturalist. Additional expenses are airfare, taxi and restaurant meals.

To reserve a spot, your Deposit of $300 is due by May 20th.

For more information and to obtain an application contact

Gerda Eck at 503-654-1353 or gerdaeck@comcast.net

2009 Bicycle Schedule

May 02 (Sat)	Grand Island – Louis Sowa
May 04 (Mon Eve)	Blue Lake – Joyce Rasmussen
May 18 (Mon Eve)	Fanno Creek– Jane Storey
May 21 (Thu)	Kansas City-Verboort Loop – Gisela Piercy
Jun 01 (Mon Eve)	Kelly Point – Allen Burrell
Jun 11 (Thu)	Springwater Corridor – Audrey Perino
Jun 13 (Sat)	Strawberry Century/Lebanon (santiam spokes.org) – Gerda Eck
Jun 20 (Sat)	Tour de Blast/St. Helens (www.tourdeblast.com) - Gisela Piercy
Jun 22 (Mon Eve)	Sauvie Island – Gisela Piercy
Jun 25 (Thu)	Peninsula Park – Audrey Perino
Jun 27 (Sat)	Milwaukee – Lake Oswego Loop – Gerda Eck
Jul 09 (Thu)	University of Portland - Kelly Point - Audrey Perino
Jul 11-12 (Sat-Sun)	Seattle to Portland Ride (www.cascade.org) - Allen Burrell
Jul 13 (Mon Eve)	Tanasbourne Loop - Gisela Piercy
Jul 18 (Sat)	Willamette Valley – Louis Sowa
Jul 23 (Thu)	George Rogers Park Audrey Perino
Aug 2nd, Sun:	Covered Bridges - Louis Sowa
Aug 6th,Thurs:	Hagg Lake - Gisela Piercy
Aug. 8th: Sat:	Smell the Roses - Lisa Brice

TCO Lodge Work Weekend Schedule

Nesika	**Tyee**
May 16-17	
June 13-14	June 27-28
July 11-12	July 25-26
August 08-09	
September 12-13	September 26-27
October 10-11	October 24-25

Hike-N-Dine Schedule

Summer is almost here. Dig out those hiking boots and enjoy the mountain trails with our mid-summer Hike–N-Dine events from May to October. Hike locations and gourmet dinner will be listed in the blazer.

May 23	Nesika	Nancy Overpeck
June 20	Tyee	Karen and Roger Anderson
July 18	Tyee	Virginia Larson
Aug.22	Tyee	Angelo Carella
Sept 19	Tyee	Bernice Schuchardt
Oct 17	Tyee	Gerda Eck and Cathy Schiedler

2009 Kayak Schedule

Date (Day)	**Where / What**	**Leader**
May 9 (Sat)	Vancouver Lake Intro Kayak Class	Rex Silvernail
May 17 (Sun)	Leader training course Portland Kayak	Bill Savery Portland Kayak
May 24 (Sun)	Sauvie Island	Rich Fuhs
May 31 (Sun)	Salmon River (WA)	Allen Burrell
Jun 14 (Sun)	Bachelor Island	Merv Murphy
Jun 20 (Sat)	Tualatin River	Tracy Aue
Jul 11-12 (Sat-Sun)	Siletz River	Cathy Schiedler
Jul 19 (Sun)	Yamhill / Columbia Rivers	Gerda Eck
After mosquito season	Waldo Lake	Lisa Brice & Steve Benson
Sep 14-17 (Mon-Thu)	San Juan Islands	Susan Saul / Guide
Sep 26-27 (Sat–Sun)	Lake Billy Chinook	Rex Silvernail
Oct 31 to Nov 8 (Sat–Sun)	Kayaking Baja, Mexico	Gerda Eck / Outfitter

Trails Traveled

Snowshoe Trip

After a week of rain it turned out to be a magnificent day for the last snowshoe trip of the season. Allen Burrell lead a group of 8 up the Tilly Jane Trail, reversing the traditional loop and returning via Pollalie Ridge to the parking lot at Cooper Spur. Ascending just over 3000 feet to the treeline at 6150 feet, the 8 miles were a glorious culmination of a terrific snow season. This trail however, has changed tremendously from last year; the charred trees of the Gnarl Ridge fire casts beautiful shadows and gave us terrific views of the mountains around us. Everyone took turns summing up the beauty of this day with their own adjective: fabulous, enchanting, magical, awesome, the trees have jewelry on (icicles), stunning, incredible, supercalifragilisticexpialidocious and Max shouted “my cheeks are going to hurt tomorrow because I’m smiling so much all day!”

Submitted by Gerda Eck

Gresham Springwater Trail hike on April 3.

We set out from the back (south) parking lot of Gresham's Main City Park. As we were gathering, the Little League ball players were beginning to show up for the day's festivities. We left in sunny weather heading west on the trail. Along the way we heard frogs singing in the springtime, saw birds and deer along the trail, and even came across some interpretive signs. Our first stop was at the rail depot near the historic site of Cedarville (two businesses in the area still bear the name, Cedarville Park/ Club Paesano, and Cedarville Inn, a tavern just across the street from the trail). We continued on past Wood Ducks and

Mallard swimming in a backwater of Johnson Creek and made it all the way around a closed portion of the trail just shy of Powell Butte. We snacked on our lunches and then set out back to the park. Overall, the day was just right for a stroll.

Submitted by Scott Crane (guest of member Katie Crane).

Tidbits from the Past

From the August 1939 Trail Blazer

WORK AND PLAY: The Lodge Committee has again made a hit with those who attended the last work trip. Perfect weather, comradeship and a bill-of-fare fit for a king rewarded those present. For a paltry 49c (with a profit of $1.90 to boot) hot cakes, scrambled eggs and bacon, fruit juices and coffee were served for breakfast, and Swiss steak, escalloped potatoes, string beans, beets, green vegetables, rasp-berry cobbler and coffee for dinner. Wait -- That's not all! For the work-ers (no drones allowed), a 10 o'clock pickup of lemonade and strawberry tarts was provided

From the March 1944 Trail Blazer:

April 1-2, Nesika Trail Building Trip - Plans are being made to develop a few more trails from our lodge. Building trails is fun especially with the T.C. gang. Everyone is invited to come up and make his mark. If you can't come for Saturday evening, Sunday morning is still good. Don't be an April fool and miss this trip. Transportation arrangements are important. Call Henry Waespe, TR 1758. (Thanks, Ken)

Let's Talk About

Tyee Anniversary

June 18, 2009, will mark 60 years since "that bright spring day (June 18,1949) when the first stake was plunged into the rocky soil of Site Three in the Nanitch area," according to the August 1952 Trail Blazer, page 1. Let the celebrations roll at the June Hike 'n' Dine!

Thank You

As many of you know I had surgery for a carcinoid cancer of the lung on Jan 14 and suffered a stroke four days later as I was leaving the hospital. About a month later after hospital rehab, I went home. Your support, cards, gifts, visits, calls, prayers, good wishes and acts of kindness have been overwhelming. It was very unexpected but very much appreciated and kept my spirits up. Unfortunately most of my time and energy is spent in Outpatient Rehab or thanks to Patty and Val, my caregivers who are with me every day, spent doing rehab at home. FOREVER THANKS TO ALL OF YOU.

Gratefully,

Virginia Fuller

Membership Notes

Do you know a prospective new member? Send their name and address to membership@trailsclub.org for them to receive a couple of Blazers for free. This is the best way to report guest information from hikes, lodge visits, and other trips.

1st Readings

Michael F Hewlett
17720 Overlook Circle
Lake Oswego, OR 97034
503-635-7270
mikehewlettco@msn.com
Sponsors: Peter Nelson & Barbara Jones

Nancy O'Farrell
678 Warner Parrott
Oregon City, OR 97045
nofarrell1@netzero.com
Sponsors: Joe Sanders & Vicki Wood

Patricia J (Trish) Reading
9345 SW Brooks Bend Pl
Portland, OR 97223
503-244-6178
tread972@msn.com
Sponsors: Elaine Nelson & Callista Snively

Paul S Williamson
4351 SW 94th Ave
Portland, OR 97225
503-740-5158
pwilliamson5158@gmail.com
Sponsors: Joe Sanders & Vicki Wood

2nd Readings

Carole L Brown
Joan E Candler
Mark G Cooksey
Susan G Cooksey
Avis J McHugh
Johan Nemitz
Lisa D Osburn
Maxine R Schwartz
Patricia A Sims
Jessica L Zahnow

Reinstatements

Ruth Bentley
Don Henry
Brian Wagstaff

Resignations:

Donna Harris
Ginger Remy
Mary Vogel
Kermit Williams

Changes:

Joe Sanders new address/phone:
5628 SW Miles Ct, Portland 97219, 503-245-5640

Dottie Blattner new phone:
503-643-8970

Summary of Board Minutes

(Complete report on member's web page)
Trails Club of Oregon Board of Trustees Meeting
Summary April 7th, 2009

Call to Order—President Susan Saul called the meeting to order at 7:05 PM.
Approval of Minutes - March 10, 2009 Minutes were approved as written.
Administrative Assistant's Report – The new TCO Membership Handbook and Directory will be available at the banquet along with updated "Leading a Hike" and "Hiking with the TCO" brochures. The mileage for 2008 has been completed and copies sent to the trip coordinators.

Treasurer's Report

Beginning Balance	02-28-09	$5,783.85
March Deposits		4,864.97
March Checks		-5264.09
Ending Balance	03-31-09	$5,384.73

It was agreed that leaders would be allowed to receive checks directly for outings that have limited space. The board will remind Leaders and Hosts to promptly return their paperwork and fees to avoid accounting issues. We have received no response on the Tyee lodging tax.

Committees
Membership - Vicki presented four applications for their 1st reading. There were ten elected to membership, three reinstatements and four members resigned.
Trips – Jane reported that the Leaders Appreciation and Training Event at Tyee went very well. There was discussion about trip coordinators connecting with new and prospective members.
Publications – Phil hopes to transition the newsletter to a different software program.
Social - Callista reported on the up coming events. There are over 100 people currently registered for the banquet, April 26th.
Lodges and Properties - There is no minimum number of reservations for a hosted lodge event. The host can choose to cancel or host when the numbers are low. The Tyee $50 winter minimum does not pertain to hosted events. Our road into Nesika has suffered a washout near the Multnomah Bridge and the weight of the snow has caused the siding on Tyee to bulge. The Property Advisory committee will be asked to give recommendations on these issues and on the decommissioning of the oil tank at Tyee.
Conservation - It was requested that we renew our membership with FWOC and join the Forest Park Conservancy. The board approved these requests.
Unfinished Business—Art is working on the Gift Acceptance Policy and Procedure for the club.
The Investment Committee needs additional members. Susan will follow up on the suggestions.
Susan announced the nominee for the Henry Waespe Award. Positive comments were expressed.
New Business—One of our members is being nominated for a life time achievement award. Susan will write a letter expressing our support.

The meeting adjourned at 8:32 PM
Respectfully submitted by Virginia Larson

PRESIDENT'S MESSAGE

Initial data from the 2009 Outdoor Recreation Participation Topline Report, published by The Outdoor Foundation, shows that an increasing number of Americans returned to active outdoor activities last year. The study finds double-digit increases in backpacking and close to a 10 percent increase in hiking and camping.

"Americans, once again, are finding solace and security, adventure and excitement in the great outdoors," said Christine Fanning, executive director of The Outdoor Foundation. "During these challenging economic times, a return to affordable, nature-based recreation allows individuals, friends and families to reconnect – with one another, with the natural world and with natural values."

This trend is reflected in the response to my offering the Women's Beginning Backpacking Class for the Trails Club. I decided to develop a formal class after three women – all longtime, very experienced hikers – started asking me a lot of questions about backpacking. They were ready to move beyond day trips on the trail.

I quickly filled the six spaces in the class and, at the time I'm writing this message, I have four more women who want to take the class!

It is really encouraging to see an increase in female participation in backpacking. These women may become important role models for young girls. Despite the overall positive trend in outdoor recreation participation, the number of youth ages 6 to 12 is down 7.6 percent from last year, with the sharp decline for girls even higher at 16 percent. This data shows that we have a continued need to focus on connecting kids and nature, particularly girls.

Thumb through the Trails Club 2009 Directory and you will notice we have less than a dozen junior members out of a total membership of more than 400. Most of those junior members are boys.

It's encouraging to see increased participation in some important recreation categories, but we need to do more to reach out to young people if we are to truly inspire and grow the next generation of outdoor enthusiasts.

By Susan Saul

TRAILS CLUB OF OREGON
P.O. BOX 1243
Portland, OR 97207-1243
Information Phone 503-233-2740
www.trailsclub.org

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May 2009

Lodge Scheduling Guidelines:

The following guidelines are used for scheduling and reserving our beautiful lodges for club sponsored and general membership usage. These guidelines help assure that training has been provided for all members wishing to host an event at a lodge and that lodge availability is fair to club members.

1. Only Members in good standing can schedule and open our lodges.
2. To host a lodge event you need to have been checked out for opening and closing the lodge, request a lodge key and request current instructions from the Lodge and Properties chairperson.
3. If more than five non-members per member will be at a lodge, board approval is required to use a lodge.
4. Private groups using the lodge will allow other Trails Club members to also use the lodge when space is available.

Lodge Scheduling Procedures:

1. Check for available date(s) by contacting the Vice President or the website at http://www.trailsclub.org (events-lodges) 2. Events chairpersons (Winter Sports, Social, etc.) also need to clear the dates with the Vice President. 3. Contact the Vice President to schedule the lodge date. If board approval is required, the VP will make the request at the next board meeting and notify you when you are approved. The VP will notify the webmaster to put your event on the Lodges calendar
2. Once the lodge event date has been approved, it is your responsibility to submit a Blazer article to get your event on the monthly calendar.
3. A Lodge Host packet will be sent to you with all necessary forms. After hosting at a lodge the hosting forms must be completed returned, with the lodge fees, to the TCO PO Box1243, Portland, OR 97207.
4. When one or more persons uses one of the lodges without a host, then one person must collect the fees, fill out the forms and send both to the TCO PO Box.

Webmaster: Karen Yanhs Anderson
Vice President: Barbara Warren-Sams
Lodge & Properties Trustee: David Conrad

Newsletters

Send write-ups to: **blazer@trailsclub.org**

Submissions are due before fifteenth of the month of publication. Please use the following format:

Month. # (Day) Event Class A
Description
MEET: Place, Time
LEADER: Name Phone and/or email.
Editor: Phillip Jackson
503-639-6250
10544 SW Windsor Ct
Tigard, OR 97223

Send pictures, new events or corrections and anything else for the Trails Club of Oregon's Web site to webmaster@trailsclub.or