



Trail Blazer

Vol. 83 No. 6 For Information, call 503-233-2740 (Portland, OR) or access www.trailsclub.org. June 2010

Upcoming Events

Date	Day	Event Description
2	Wed	Wed Morning Hike - Class A to A+
2	Wed	Portland Evening Hike - Class B
5	Sat	Salmon Riv/Cascade Hd Kayak Class 2
5	Sat	Gresham Troutdale Bike Ride - Class B
6	Sun	Ramona Falls Loop Hike - Class A
7	Mon	City Bike Ride - Class A
8	Tue	Board Meeting - 7PM, Mazama MC
9	Wed	Wed Morning Hike - Class A to A+
9	Wed	Portland Evening Hike - Class B
12	Sat	Strawberry Century Bike Ride - Class C
12	Sat	Nesika Membership Qualify Hike Class B
12-13	Sat-Sun	Nesika Work Weekend
13-16	Sun-Wed	Upper Klamath Wildlife Refuge Kayak Class 1
15	Tue	Blazer Deadline
15-17	Tue-Thu	Oregon Trail Car Camp Adventure.
16	Wed	Wed Morning Hike - Class A to A+
16	Wed	Portland Evening Hike - Class B
17	Thu	Evening Picnic - Sellwood Riverfront Pk
19	Sat	Bluff Mt. to Silver Star Mt.- Dog Friendly Hike - Class C
19	Sat	East Gorge Hike - Class A
19-20	Sat-Sun	Tyee Work Weekend
20	Sun	Mt. St. Helens Area Hike - Class B
23	Wed	Wed Morning Hike - Class A to A+
23	Wed	Portland Evening Hike - Class B
24	Thu	Bike Ride-Class A
25-26	Fri-Sat	Upper Twin Lake / Palmateer Point Backpack - Class A
26	Sat	Nick Eaton-Gorton Creek - Hike Class B
26	Sat	Independ-Buena Vista Bike Ride-ClassB
26-27	Sat-Sun	Birthday Party Potluck at Tyee
26-July 2	Sat-Fri	Plantation Loop Road to Belden PCT Backpack - Class C

Upcoming Events (cont.)

Date	Day	Event Description
26-2	Sat-Fri	Nesika Open - Host Only (Jun 26-Jul 2)
27	Sun	Saddle Mountain Hike - Class A/B
30	Wed	Wed Morning Hike - Class A to A+
30	Wed	Portland Evening Hike - Class B

Scheduling is updated on web site www.trailsclub.org

Meeting places are detailed at the end of events section.

TRIP FEES: Members,\$1; Guests \$2; Carpool 10 cents/mile

Announcements

Summer Picnics Begin in June

Join fellow trails clubbers for good food and camaraderie at four summer picnics, beginning June 17 at 6 p.m. at Sellwood Riverfront Park and continuing July 15 at Grant Park, August 19 at Willamette Park, and September 16 at Gabriel Park. Bring your favorite picnic potluck dish and plates and eating utensils for yourself or family.

The club will provide beverages and a main course. We are asking for a \$1 donation for persons over 12 years of age to help defray costs. Questions? Contact Barbara, 503-281-6094 or birdiegirl2009@gmail.com.

Summary of Board Minutes

Summary of Board Minutes will no longer be printed in the Blazer. Minutes of the board meetings are available on-line, to club members, at www.trailsclub.org/membersPrivate/board_notes.html. This is a members only page which requires a user name and password to access. Contact the webmaster if you need the access information.

Emergency Contact Information Card

The Emergency Contact Information Card form is information each hiker should carry in case of an emergency. Printable forms can be found on the TCO Web Site at www.trailsclub.org/members/forms_index.html. All hikers are encouraged to fill one out and carry it on his or her person when participating in club events.

TRAIL BLAZER

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POSTMASTER: Send address changes to THE TRAILS CLUB OF OREGON

P.O. Box 1243, Portland, Oregon 97207-1243.

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one year period, approval by the Board of Trustees, and payment of \$45 in dues for first household member, \$25 for each additional household member or those over 65 years of age and a \$15 entrance fee.

Board Meetings: 2nd Tuesday of the month ,7:00 pm, at Mazama Mountaineering Center, 527 SE 43rd Ave. at SE Stark St. Portland, OR

President Randy Dietrich
Vice President Barbara Warren-Sams
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Trustee- Trips Jane Storey
Legal Advisor Art Stangell

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360-263-3541 503-750-9316
admin@trailsclub.org

Editor:

Phillip Jackson

Changes and other club correspondence should be mailed to:

Membership@trailsclub.org or
Trails Club of Oregon
P.O. Box 1243
Portland, Oregon 97207-1243

Events

June 2 (Wed) Morning Hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader. Depart: Wallace Park on NW Raleigh at 9:30 AM
Leader: Nancy Overpeck 360-573-6878

June 2 (Wed) Portland Evening Hike - Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain. Bring flashlight, dress for the weather. Return about 8:00 pm.. Depart: 6:00 pm from Wallace Park on NW Raleigh St. See Meeting Places.
Leader: Andy Tipton 503-269-5460 tiptonal@gmail.com

June 5 (Sat) Salmon River Cascade Head Kayak - Class 2

This is a day paddle on the coastal Salmon River near Otis, OR. Launching at the Knight Park Boat Ramp we will proceed upstream investigating the estuary as far as the Hwy 101 bridge, then proceed downstream to the sand spit short of the river mouth for a lunch stop and walk on the isolated and beautiful beach below Cascade Head. After enjoying the spit we'll paddle the short return distance to the launch. Register with leader. Paddle 8 mi. Drive 150 miles rt.
Depart: 8:30 am from Portland, meet at Knight Park at 10:00 am
Leader: Bill Savery (503) 295-5868
or saveryw@comcast.net

June 5 (Sat) Gresham-Troutdale Bike Ride - Class B

The ride is approx. 28 miles, with 500' elev.gain. Meet at Gresham City Park off Main St. park by the S.W.trail.
We will ride from Gresham on the S.W.trail to Boring and cross Hwy.26 on 212 and continue east and then north to Troutdale where we will have lunch at Glen Otto Park. We will return to Gresham on Halsey st & 262nd.
Leave at 10:00AM, Bev Carlon,

June 6 (Sun) Ramona Falls Loop Hike - Class A

We will hike the loop trail to and from Ramona Falls on the west side of Mount Hood. Loop trail leads up the Sandy River to the picturesque falls for lunch and comes back a scenic trail through the woods on the return. Moderate pace with total mileage of 6.8 miles with 700 feet of elevation gain. Register with leader before 9:00 pm on Friday, June 4, as this hike goes into the Mt. Hood Wilderness and group must be held to 12 hikers. Drivers need a trail-head parking permit.
Depart: 8:00 am from Gateway Park and Ride.
Leader: Bill Yandon home 503-538-3643,
cell 503-887-2932 or e-mail wkyandon@earthlink.net

June 7 (Mon) City Bike Ride - Class A

Starting at Creston park we'll do a fifteen mile loop, going south to Crystal springs, back north along 26th, past Ladd's addition, across the Hawthorne bridge, back across the Burnside up to Laurelhurst, then side streets back south to Creston Park. Possible stops for ice cream along the way. Depart: Creston park parking lot 6 PM - off of 42nd just one block south of Powell. Back by 8:30 Leader: Brian Carlson 503-252-3608

June 9 (Wed) Morning Hike - Class A to A +

See description for June 2.
Leader: Phil Crosby 503-636-1853

June 9 (Wed) Portland Evening Hike - Class B

See description for June 2.
Leader: Gini Bateman 503-475-8712
ginibateman@aol.com

June 12 (Sat) 18th Annual Strawberry Century Bike Ride - Class C

Strawberry Shortcake will be served at the end of the ride by the Santiam Spokes, after two full sag stops along the route. You have a choice of 13, 53, 72 or 101 sweet miles on this organized ride thru Linn County. Enjoy little traveled backroads, historic towns and scenic views of the Cascades and the Willamette Valley. Pre-registration fee of \$20 must be received by June 4th, 2010. You can download the form directly from their website www.santiamspokes.org . Day of the ride charge is \$25. (plus the TC fee)
We will ride as a Trails Club Group, meeting at 6AM in Wilsonville and caravanning to Lebanon High School. Gerda will lead the 53 miles, Allen will ride the longer route and would love to have someone to join him.
Please let us know you are coming.
Leader: Gerda Eck gerdaeck@comcast.net 503-654-1353

June 12 (Sat) Nesika Lodge Membership Qualifying Hike - Class B

Enjoy the view from the top of Multnomah Falls then continue to follow the canyon upward passing several other waterfalls as you climb along the fern and forest lined trail. Our ultimate goal is for you to eat your lunch beside the fireplace at Nesika Lodge or at the exceptional panoramic view from Waespe Point. This hike and lodge visit meet club membership requirements. Sturdy hiking boots and a walking stick are recommended. Bring water and lunch. Hike about 8 miles with about 1800 feet of elevation gain. Depart: 8:30 am from Gateway Park and Ride
Leader: Jane Storey 503-724-5467
or andrewstorey@comcast.net

June 12-13 (Sat-Sun) Nesika Work Weekend

Nesika is always beautiful in June. Come and enjoy our beautiful Lodge and enjoy the Columbia Gorge, especially from Waespe Point. We will be working on the siding of the Women's Dorm, building privacy screens inside the dorm ,rebuilding the porches on the men's dorm, clearing

the mid-height brush for our fire break, starting work on an extension of the stone retaining wall, working on the propane shelter, as well as the standard maintenance for the year. For reservations call Walt Garvin, 503-652-3242, by Wednesday evening June 9th. For additional information contact George Milne at 503-572-8512.

June 13-16 (Sun-Wed) Upper Klamath Wildlife Refuge Kayak - Class 1

We will tent camp at the Rocky Point Resort. The 9.5 mile canoe trail is on quiet waters. A large variety of birds live in this marshland: eagles, pelicans, herons, cranes, many species of ducks, etc. We will see beaver lodges and spectacular scenery. Tent sites are \$22 a night for two people, \$4 for an additional person in the same site (max 4). Leader has reserved all 5 tent sites at lake front. Register with leader to coordinate the tent sites. Cabins, trailer sites, canoe rentals are also available. Stay 3 nights. Activities: kayak, hike, bike, fish, or relax on any of the days. Drive: approx 280 miles. **Trip Full; Alternate Only.**

Leader: Gerda Eck 503 654-1353
gerdaeck@comcast.net

June 15-17 (Tue-Thu) OR Trail Car Camp Adventure

We will explore, by foot and car, the remnants of the Oregon Trail west of Echo, OR, to the Deschutes River Crossing. Camp two nights at Deschutes State Park, hikes, short walks and drives. Day 1 - Set up camp, hike on the Oregon Trail east of the Deschutes River.
Day 2 - Drive I-84 to Echo (west of Pendleton) and return west on side roads that closely follow the Oregon Trail. Return to Deschutes River State Park for the night.
Day 3 - Hike the Deschutes River trail. Return home.
Call or email for details. Sign up by Fri, 6-11-2010.
Leader: Gary Holman 503-261-3571 or email gholman239@verizon.net

June 16 (Wed) Morning hike - Class A to A +

See description for June 2.
Leader: Phillip Jackson 503-639-6250

June 16 (Wed) Portland Evening Hike - Class B

See description for June 2.
Leader: Cathy Schiedler 503-234-1839
or catherineschied@juno.com

June 17 (Thu) Eve Picnic Sellwood Riverfront Park

6 PM. Bring your favorite picnic potluck dish and plates and eating utensils for yourself or family. The club will provide beverages and a main course. We are asking for a \$1 donation for persons over 12 years of age to help defray costs. Questions? Contact Barbara, 503-281-6094 or birdiegirl2009@gmail.com.

June 19 (Sat) East Gorge Hike - Class A

This is the last in a series of Gorge hikes by Gary. Checking conditions and group ideas, we will make a decision. Hoping for a hike east of Hood River of 5-8 miles in either Oregon or Washington. Contact leader for more information about the hike as the date draws near. Leader is open to hiking ideas.

Depart: 8:30 am from Troutdale city parking lot, east side of the downtown Troutdale area-north side of street across from City Hall. From Portland take exit 17 off I-84 and turn left at the second stoplight, go to the main street and turn left.

Leader: Gary Holman 503-261-3571 or gholman239@verizon.net

June 19 (Sat) Bluff Mt. to Silver Star Mt. Dog Friendly Hike-Class C

This wonderful and scenic trail approaches Silver Star via a long ridge walk with wildflowers galore. A long and bumpy drive but this hike is worth the trip! Bring sunscreen, water, lunch and snacks to share if you wish. Total elevation gain 2600 feet, but never steep. Total mileage 13.2. The pace will be moderate. One place may have some exposure. Call me if you plan bring a dog. Dogs must be in good shape. Plan for their water as there is little shade and no water. Drive is 90 miles round trip. Depart: 8:30 am from Gateway Park and Ride or call leader for a Washington State meeting place.

Leader: Diana Forester 503-288-7782 or cell 503-422-8896

June 19-20 (Sat-Sun) Tyee Work Weekend

This will be our first work weekend for Tyee. Projects include: inventory of supplies, take down avalanche signs, assess winter snow damage, clean out storage room, and seal vents, clean fire place and more. Time in the evening to explore area. Lodging and meals free to volunteers. We'll have the work weekend even if West Leg Rd. is still closed. Plan on arriving by 10AM Sat. Lodge will close Sun. at 2PM. RSVP for work weekend by Wed. June 16th. Cook: Vicki Wood

Contact: Stephen Brown, (360) 687-6169, ryanbrowns4@spiritone.com

June 20 (Sun) Mt St. Helens Area Hike - Class B

Two separate hikes. First Lava Canyon, exposed in the 1980 blast. Starting at the top we walk along Muddy River descending 1400 feet, cross a suspension bridge and a 40 foot metal ladder. After lunch at the bottom we return to cars and drive ten miles to Ape Cave. We will hike the 1.2 miles long part. Those who wish may retrace their steps or exit the cave and return along the trail. Total 8 miles hiking. Drive 140 miles RT. Bring flashlight, lunch, water. Depart: 9 am Gateway Park and Ride. Return 6 pm. Leader: Brian Carlson owatta@webtv.net or 503-252-3608

June 23 (Wed) Morning hike - Class A to A +

See description for June 2.

Leader: Mike Harrison 503-239-3497

June 23 (Wed) Special Longer Portland Evening Hike Class B

Celebrate Summer Solstice with a more challenging hike. We will hike approximately 8-9 miles in Forest Park and the West Hills with 1000 feet of noncumulative elevation gain. Bring a flashlight and dress for the weather. Return about 9:00 pm.

Depart: 6:00 pm from Wallace Park on NW Raleigh St.

See Meeting Places.

Leader: Gerda Eck 503-654-1353 gerdaeck@comcast.net

June 24 (Thu) Bike Ride - Class A

Details to be determined. Contact leader for information.

Leader: Arleta Miller 360-607-2864

June 25-26 (Fri-Sat) Upper Twin Lake / Palmateer Point Backpack- Class A

We'll backpack three miles, past Lower Twin Lake to Upper Twin Lake or Palmateer Creek, set up camp, and then do a side trip to scenic Palmateer Point. Return trip will be along the Pacific Crest Trail. Starting on Friday and setting up camp beyond Lower Twin Lake should provide for solitude. Mileage of the whole loop is nine miles with 1500 feet of elevation gain.

Register with leader prior to Wednesday June 23.

Leader: Bill Yandon home 503-538-3643, cell 503-887-2932, email wkyandon@earthlink.net.

June 26 (Sat) Nick Eaton-Gorton Creek Hike—Class B

Hike up moderately steep trail to Nick Eaton Ridge. We will traverse to Indian Point for magnificent views during lunch, then descend the well-graded Gorton Creek trail through verdant old-growth forest. Wilderness Area so maximum of 12 people. Hike 8 miles with 2600 feet elevation gain. Drive 80 miles round trip. Trailhead parking pass required.

Depart: 8:00 am from Gateway Park and Ride

Leader: Barbara Marquam 503-228-3762 or bmarquam@comcast.net

June 26 (Sat) Independence/Buena Vista Bike Ride - Class B

A late spring ride thru the farmlands and fields of Polk County. Mostly flat with rolling hills. App. 28-30 mile ride. Ride begins in Independence to Monmouth, to Helmick State Park with lunch stop at the Buena Vista Ferry. Then we return to Independence. Bring lunch and water. Meet at the Riverview Park in Independence. Drive south on I-5 take the Salem Parkway then W on Hwy 22 cross over the Willamette River to Hwy 51 South to 200 S.Main St in Independence. The park is on your left. Turn left and park by the river. For information or questions contact leader.

Depart: Independence 10 AM

Leader: Ralph Rogers 503-434-628

June 26-27 (Sat-Sun) Birthday Party Potluck at Tyee.

Celebrate Jane Olsen's 80th at our favorite place on the mountain. Party starts at 11:00 am, potluck at 1:00 pm, slide show at 3:00 pm. Christine is putting together pictures, and would like any you may have to contribute (by June 18). There will be pictures of life in the 1930's and 40's. For pot luck and Sat only, a \$2.00 day fee, with left-overs for Sat dinner for those who stay late. Sat overnight fee, \$13.00 members, \$18.00 guests, includes breakfast. Reservations, overnight or pot luck, I Jane Olsen, by Wed June 23, 503-287-0670 or Janeo@spiritone.com . For other questions call Christine Olsen at 503-957-7418 or email christine_joyspirit@yahoo.com

June 26th July 2nd (Sat-Fri) Plantation Loop Road to Belden PCT Backpack - Class C

Join us for 80 miles of backpacking starting at Plantation Loop Road on the North side of Lassen. Start at 5500 feet, rise to 7000 feet, descend to 2300 feet in Belden. We will hike through hot spring areas on the east shoulder of Mt Lassen to desert/volcanic areas on the south side of Lassen. Plan on 7 day food supply. No resupply points unless someone volunteers to resupply us. Snow should be gone or minimal. Ticks may be out, so wear long pants and gators. Plan on 12 mile days. Limit 6 people. Register by June 12 with Linda Conrad: 360-837-3875 or lcgrconrad@aol.com

June 26-July 2 (Sat-Fri) Nesika Open - Host Only

The Hugos are hosting their extended family at Nesika and welcome additional guests. Enjoy an inexpensive summer getaway at Nesika. Relax by the fireplace, contemplate the view from Waespe Point or hike on nearby trails. You will be responsible for your own meals, so bring easy to prepare foods because you will be sharing the kitchen. Contact Merrill Hugo by noon on Friday, June 25, at 503-293-5102 or mhugo@earthlink.net to reserve a bunk and find out gate opening.

June 27 (Sun) Saddle Mountain Hike - Class A/B

This is a fantastic 360-degree view hike with varied terrain, nice coastal vegetation, and some steepness. At the top, given good weather, we'll be able to see several Cascade peaks, the Pacific, and the city of Astoria. Hike about 5 miles round trip with a net elevation gain of just over 1600 feet. We will go at a moderate pace to get exercise but without running. Drive is 122 miles round-trip. Drivers need a trailhead parking permit. Depart: 8:00 am sharp from Target/185th, across from Starbucks. See Meeting Places. Leader: Hank Itkin hitkin@earthlink.net or 360-696-5902. No registration needed. Feel free to call with questions

June 30 (Wed) Morning hike - Class A to A +

See description for June 2. Leader: Richard Gaunt 971-404-1153

June 30 (Wed) Portland Evening Hike - Class B

See description for June 2. Leader: Andy Tipton 503-269-5460 tiptonal@gmail.com

Meeting Places

Gateway Park & Ride From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the park and ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84, take I-205 and follow the above exit and instruction.

Wallace Park is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh St between NW 25th Ave and NW 26th Ave. Parking is usually not a problem on Raleigh. Tri Met buses 15, 17 and 77 service is near.

Target is a common west side meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park in the southwest corner of Target's parking lot. Tri-Met buses 47, 52 and 89 service is near.

Trails Ahead

2010 Nesika Work Weekends (Sat-Sun)

June 12-13	Aug 14-15	Oct 09-10
July 10-11	Sep 11-12	

2010 Tyee Work Weekends (Sat-Sun)

June 19-20	Aug 28-29	Oct 23-24
July 24-25	Sep 25-26	

Cooks are needed for all weekends. Contact Stephen to Volunteer, 360-687-6169 or ryanbrowns4@spiritone.com

Tyee Work Weekend Projects for 2010

Volunteers are needed this summer to repair and re-supply the lodge for the upcoming winter. If you have enjoyed the Lodge in the winter, please volunteer for one of these weekends. Bringing in firewood will be a priority this summer. Volunteers receive free lodging and meals for the weekend. Work starts Sat at 10 am and finishes at 3 pm on Sunday. Reservations required. After dinner hikes are an enjoyable part of weekend activities

Bike Rides 2010

Jun 05 Sat	Gresham to Troutdale	Bev Carlon
Jun 07 Mon	Sauvie Island	Ursula Edlund
Jun 12 Sat	Strawberry Century	Gerda Eck
Jun 17 Thu	Kelly Point	Arleta Miller
Jun 19 Sat	Tour De Blast	Allen Burrell
Jun 24 Thu	To Be Announced	Arleta Miller
Jun 26 Sat	Buena Vista	Ralph Rogers
July 01 Thu	Hagg Lake	Gisela Piersy
July 03 Sat	To Be Announced	Bev Carlon
July 10 Sat	Smell the Roses	Lisa Brise
July 15 Thu	Fanno Creek	Jane Storey
July 16-18 Fri-Sun	Seattle-Portland	Allen Burrell
July 24 Sat	Banks-Vernonia Linear	Maureen Covell
July 25 Sun	Banks-Vern.Lin. OvrNite	Leader TBA

July 9-11 (Fri-Sun) Weekend on the McKenzie River

Last chance to sign up for this event!

June 9th deadline for reservations & payments-cabins full, but tent and RV sites still available. Tent sites \$65.40 and RV sites \$76.30 total for 2 nights (up to 2 people, \$8/night for additional people). includes access to 2 mineral springs swimming pools. Two breakfasts and one camp-fire dinner provided for \$13 pp. Trip fee \$2 pp (\$4 non-members). Trip is at Belknap Hot Springs Resort, www.belknaphotsprings.com, about 300 miles RT from Portland. See Sat hike description below. Area recreational activities: hike, fish, kayak/canoe, trail bike, golf and whitewater raft trips from the lodge.

Contact Vicki Wood for reservations or more information: 503-659-1423 or vw48@comcast.net

July 10 (Sat) McKenzie River/Clear Lake Loop Hike - Class B

Join group from the TCO weekend on the McKenzie River for this 9.2 mile hike with approx. 400 foot elevation gain. We will hike on both sides of the McKenzie River passing 100 and 70 foot Sahalie and Koosah waterfalls; then hike a 5 mile loop around Clear Lake, resting at the headwaters of the McKenzie at Great Springs. Bring lunch, lots of water and a hat. Half the hike around Clear Lake is in direct sun.

Depart: 10:30 am from the restroom at Sahalie Falls parking lot between mileposts #5 and #6 on Hwy 126, about 65 miles east of Eugene, or from Salem go 80 miles SE on OR 22 then about 5 miles S on Hwy 126. Leader: Vicki Wood 503-659-1423 or 503-515-7208 or vw48@comcast.net

Jul 22-26 (Thu-Mon) Donner Pass to Sierra Lakes Hike: 42 miles Class C Hike (elevation related)

We will drive down to Donner Pass to start our hike to the North to Sierra Lakes HWY 49. Average daily hiking distance is 9 miles. The area goes through lakes so bring fishing poles. Merrill Hugo has agreed to meet up on the trail and do our car shuttle. If anyone would like to join him for shorter hiking and exploring of the area let us know when you register. Maximum is 6 people. Donner Pass elevation is 7090 feet See doctor first for possible need of elevation sickness medication (MD visit required). High point is 8300 feet.

To register call Linda Conrad at 360-837-3875 or email lcgrconrad@aol.com

July 30 - Aug 1 (Fri-Sun) PCT backpack - Class B

This section of Washington's Pacific Crest Trail offers many streams and lakes as well as views of the Tatoosh and Mt. Rainier. After setting up a car shuttle, we will hike south from Chinook Pass (Hwy 410) and take three days to hike 29.5 miles to White Pass (Hwy 12).

Drive: approx 160 miles, Limit 10 people. Please register by July 23.

Leader: Gerda Eck (503) 654-1353
gerdaeck@comcast.net

Aug 20-25 (Fri-Wed) Mt Adams to Mt St. Helens Backpack - Class C

Join us for a mountain-to-mountain backpack. Start at Cold Spring Camp on the south side of Mt Adams and wind our way over to Windy Ridge on Mt St. Helens. We'll go about 10-15 miles per day with time to enjoy the scenery. We are still exploring and finalizing options for transportation, campsites and water availability. Dog-friendly, but must inform leaders ahead of time.

Leaders: Roger and Karen Yanhs Anderson.
360-450-9199 or p74852@gmail.com

Sep 12-17 (Sun-Fri) Senior Outing

Would you like to hike and explore the Bend, Oregon, area? We will drive there on September 12th and return on the 17th. We are planning two short hikes each day and have arranged for excellent but reasonable lodging. Our transportation will be by rented vans so we will limit our number to 14. Reservations are secured by a \$100 deposit to the Trails Club of Oregon, P.O. Box 1243, Portland, OR 97207 (please note Senior Outing on your check).

Contact Leonard Murphy for more information.,
503-665-6449.

Sep 13-16 (Mon-Thu) San Juan Islands Kayak Outing

Paddle through the beautiful San Juan Islands for four days from our base camp on Sucia Island. The trip begins and ends at North Beach, Orcas Island. See trip details on TCO website. Cost: \$76 (12 people) - \$220 (4 people); final cost will be determined by the number of people signed up.

Deposit: A \$76 deposit is required to reserve your space. Balance will be due August 1. Register with leader: Susan Saul (360) 892-5643 or sunr1s3cr33k@gmail.com

Let's Talk About

Hike –N– Dines

Hike-N-Dine monthly events from May through October are a tradition with the Trails Club. Here is a brief explanation of this activity for new members: An all-day mountain hike is scheduled through Caroline Jenkins who coordinates week-end hikes. The hike terminates near either Nesika or Tyee, with time to wash and rest up by the fireplace before dinner. Our great volunteer cooks serve a delicious gourmet meal (European and Asian cuisine are big winners). A meal reservation is a must!

You can participate in the Hike-N-Dine in several ways—Hike only; dine only; hike and dine only; or hike, dine, and stay over for a great country breakfast. Unless noted otherwise in the Blazer or Web write-ups, dinner costs \$7 and breakfast, \$3. Gourmet meals can be a bit more, but they are well worth the extra cost.

The hike location, the cook, and gourmet theme are listed in the Blazer and on the Web for the appropriate month. Mark your calendars now!

(Hike-N-Dine cont.)

Tyee lodge dates are: July 17-18, August 21-22, September 18-19, and October 16-17. Keep an eye on the Blazer or Web Site for Nesika dates.

You are welcome no matter your level of participation. A burning log in the fireplace, a cup of coffee or tea, and a place at the table awaits you

Lila Grossman , Hike-N-Dine chair, Social Committee



Alpine Outing August 2009 by Bill Kingsbury



Women's Backpack 2009 by Susan Saul

Membership Notes

Do you know a prospective new member? Send his/her name and address to membership@trailsclub.org for him/her to receive a couple of free Blazers. This is the best way to report guest information from hikes, lodge visits and other trips.

1st Readings

Ronald W Kinder
3535 Red Cedar Way
Lake Oswego, OR 97035
503-636-4166

K7VMN@ARRL.NET

Sponsors: Richard Gaunt & Merrill Hugo

Pete C Lent
9142 SE Kingswood Way
Damascus, OR 97089
503-489-5279

pclent@comcast.net

Sponsors: Jane Garbisch & Bill Yandon

2nd Readings

Heather A Campbell
Cynthia A Lee
Mary Ann DiGiulio

Reinstatement

Ruth C Bentley
1300 NE 16th Ave, Apt 308
Portland, OR 97232-4405
503-280-2483

Changes

Ursula Edlund:
6404 SE 23rd Ave #315,
Portland, OR 97202

Yvonne Parker:
yosemitemhiker@comcast.net

Gerald Reneau:
reneaup@live.com

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June 2010

Gentle Reminders

Class A –Shorter, less strenuous activity,
Class B –Longer miles, more elevation gain,
Class C –Long and difficult – strong experienced participants only. Harsh or unusual conditions may greatly increase the exertion and skill required.

Please be prepared for level of the hike you are planning to take with the Trails Club.

Good walking shoes or boots are required on the trail.

Boots are recommended for B/C hikes.

Bring plenty of water and a sack lunch. Please, no alcohol.

Pets allowed on designated trips only.

Everybody should stay with the group and follow the hike leader. The hike leader is responsible for the group's safety. The hike leader is responsible for determining trails to be taken. Last, but not least, the leader has authority to determine if a hiker is prepared for the hike. Group safety must come first.

If you have reserved for an activity at a lodge that involves food expense and are unable to participate you are obligated to do one of the following: cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate Activity Chair.

Newsletters

Send write-ups to: blazer@trailsclub.org

Submissions are due before fifteenth of the month of publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A,B,C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis

Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name Phone and/or email.

Editor: Phillip Jackson

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Send pictures, new events, corrections and anything else for the Trails Club of Oregon Web site to webmaster@trailsclub.org.