



Trail Blazer

Vol. 83 No. 10 For Information, call 503-233-2740 (Portland, OR) or access www.trailsclub.org. October 2010

Upcoming Events

Date	Day	Event Description
2	Sat	Annual Hosts/Cooks Appreciation Tyee
2	Sat	Rock Lakes Hike - Class C
6	Wed	Morning Hike - Class A to A +
9	Sat	Nesika Membership Qualifying Hike - Class B
9-10	Sat-Sun	Nesika Work Weekend
10	Sun	Indian Heaven via East Crater Trail - Class B
12	Tue	Board Meeting - 7PM, George Milne Home
13	Wed	Morning Hike - Class A to A +
15	Fri	Blazer Deadline
16	Sat	Frog Lake Butte Loop Hike - Class A/B
16	Sat	Lookout Mountain via Gumjuwac Trail Hike - Class C
16-17	Sat-Sun	Tyee Hike & Dine
16-24	Sat-Sun	PCT Backpack Old Station CA to Belden CA - Class C
20	Wed	Morning Hike - Class A to A +
21	Thu	Adventure and Travel: Mediterranean Cruise
23-24	Sat-Sun	Tyee Work Weekend
26	Tue	Outings 2011 Planning Meeting
27	Wed	Morning Hike - Class A to A +
30	Sat	Parks of Lake Oswego Hike - Class A
Nov 6	Sat	Silver Falls State Park Hike - Class A

Scheduling is updated on web site www.trailsclub.org

Meeting places are detailed at the end of events section.
TRIP FEES: Members,\$1; Guests \$2; Carpool 10 cents/mile

Announcements

October Board Meeting Moved

The October Board of Trustees meeting will be held at 7:00 pm, Tuesday, October 12 at the home of Lodges Trustee George Milne, 1864 SE Anspach St., Milwaukie

Cross Country Skiers

Do you cross country ski? Do you have a favorite place or trail that you love to ski? If so, please consider sharing with others and leading trips thru the Trail's Club. Contact Bill Yandon at 503-538-3643 or by e mail at wkyandon@earthlink.net

Outings 2011 Planning

Where shall we go next year? It's not too early to start planning outings for 2011. Packers for the wilderness outing need to be reserved in November, so we have to decide on an outing destination and dates. Also, Merrill Hugo and Bill Kingsbury both have announced their well earned retirements from leading the wilderness outing, so we need volunteers to step up in their places. We need your outing ideas, including car camps and outings of less than a week long, such as the Belknap weekend, so we can establish a 2011 outings calendar. Outings are defined as any trip of more than one day. A planning meeting is scheduled for Tuesday, October 26, from 5:30-7:30 pm in the small meeting room at the Midland Branch Library, 805 SE 122nd Ave., Portland. If you are interested in participating on an outing, helping with organization or leading, please plan to attend. All outings should follow the Outing Policy and Procedures approved by the Board of Trustees. This document includes forms for planning outings. It is posted on the TCO website at <http://www.trailsclub.org/events/outings.html>.

TRAIL BLAZER

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Trails Club of Oregon
P.O. Box 1243
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Incorporated 1923

Member of the Federation of Western Outdoors Clubs

Subscription is included with membership. Non-member subscription by request to PO Box is \$25.per year.

POSTMASTER: Send address changes to THE TRAILS CLUB OF OREGON

P.O. Box 1243, Portland, Oregon 97207-1243.

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one year period, approval by the Board of Trustees, and payment of \$45 in dues for first household member, \$25 for each additional household member or those over 65 years of age and a \$15 entrance fee.

Board Meetings: 2nd Tuesday of the month ,7:00 pm, at Mazama Mountaineering Center, 527 SE 43rd Ave. at SE Stark St. Portland, OR

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Changes and other club correspondence should be mailed to:

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Portland, Oregon 97207-1243

Events

Oct 2 (Sat) Annual Hosts/Cooks Appreciation

Members have you hosted or cooked at a lodge in the last year or so? If not, are you ready to sign up to host or cook in the future? If so come and enjoy some fun and a nice dinner at Tyee on Saturday, October 2nd. Bring your favorite (funny) host/cook story to share. We will start at 2:00 and talk about possible kitchen improvements, equipment, staples and other topics. Bring your calendars so you can sign up for your favorite dates! . Contact: Virginia Larson 503-750-9316 or tco2007adm@yahoo.com

Oct 2 (Sat) Rock Lakes Hike - Class C

Walk through old growth in the Roaring River Wilderness with a couple of view points and past five lakes. What else do you want on this 11.5 mile hike with 2000 feet elevation gain on this lollipop shaped hike east of Estacada? Limit of 12 hikers because of wilderness restrictions. Drive 120 miles roundtrip. Depart: 7:30 am from Gateway Park and Ride Leader: Brian Carlson 503-252-3608

Oct 6 (Wed) Morning Hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader. Depart: Wallace Park on NW Raleigh St. at 9:30 AM Leader: Richard Gaunt 971-404-1153

Oct 9 (Sat) Nesika Membership Qualifying Hike - Class B

A beautiful and invigorating trek up from Multnomah Lodge to the historic and tranquil grounds of Nesika Lodge, offering a babbling creek, lush woods and gradual elevation along the way. Trails Club folks will be at the lodge working so it will be open for your visit. Bring water and lunch or snacks. Hike approximately 8 miles roundtrip with 1700-1800 feet elevation gain. Moderate-plus pace.

Depart: 8:30 am from Gateway Park and Ride or from Multnomah Lodge gift shop by 9:15 am. Leader: Jane Garbisch 503-314-2233

Oct 9-10 (Sat-Sun) Nesika Work Weekend

This is the last scheduled work weekend for this year. It has been a productive summer thanks to the many members and guests that have worked steadily to do repairs, upgrade facilities and make the site so much safer from potential fire hazards. There is some work to complete on the women's and men's dorms and installing concrete block for a retaining wall to beat the winter rains. We will prepare for an upcoming busy schedule at the lodge over the winter months.

Please make reservations no later than Wednesday, October 6th, with our cook Linda Conrad. 360-837-3875.

Oct 10 (Sun) Indian Heaven via East Crater Trail Hike-Class B

Enjoy the brilliant fall colors of Indian Heaven Wilderness. Travel through deep woods and heather meadows, and pass 5 lakes as we hike a loop. Hike 10 miles with 1000 feet elevation gain. Drive 120 miles round trip. Group size limited to 12. Trailhead parking pass required. Depart: 7:30 am from Gateway Park and Ride
Leader: Susan Saul 360-892-5643 or sunr1s3cr33k@gmail.com

Oct 13 (Wed) Morning Hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader. Depart: Wallace Park on NW Raleigh St. at 9:30 AM
Leader: Nancy Overpeck 360-573-6878

Oct 16 (Sat) Frog Lake Butte Loop Hike - Class A/B

This Mt Hood area hike begins at Frog Lake SnoPark. From there, we'll follow the Pacific Crest Trail to Lower Twin Lake. Then hike up, up, up to the summit of Frog Lake Butte; also known as Panorama Crest. Return to cars by a different trail. Trailhead parking pass needed. Hike 6.8 miles with 1700 feet elevation gain and drive 94 round trip miles.
Depart: 8:30 am from Gresham Village Shopping Center on Burnside. Call for more complete meeting directions.
Leader: Kelly Marlin 503-665-6778

Oct 16 (Sat) Lookout Mountain via Gumjuwac Trail Hike - Class C

After a rather boring 800 foot hike through a dense forest, we continue with views and interesting rock formations to a point with wonderful views of the east side of Mt. Hood, the Hood River Valley and the Badger Creek Wilderness. On a clear day, this is probably the best viewpoint in the Mt. Hood area. Total hiking mileage is 10.4 with 2980 feet elevation gain. Return to cars and have an easy drive to the Tyee Lodge Hike & Dine. Reserve with the Hike & Dine host for dinner. Round trip mileage is 136 miles. If the weather is crummy, we will go to Cast Lake which is slightly shorter but has a similar elevation gain.
Depart: 8:00 am from Gateway Park and Ride.
Leader: Diana Forester 503-288-7782 /cell 503-422-8896

Oct 16-17 (Sat-Sun) Tyee Hike & Dine

We invite you to finish your day of hiking on Mt. Hood with a gourmet meal at the TCO's home in the mountains. It should make for a great autumn experience! The meal will begin with our traditional organic salad bar, followed by a fabulous, scrumptious entree, and a delicious desert. Breakfast will be served early enough to have another hiking day on Sunday. Dinner \$10, Breakfast \$4. Meal reservation must be received no later than Wednesday Oct 13 at 9 p.m. Please note that hiking inquiries/reservations must be sent separately to the hike leader. Your hosts are Gerda Eck and Catherine Schiedler. Register for meals and overnight stays at Tyee with

Catherine by phone 503-234-1839 or e-mail catherineschied@juno.com)

Oct 16- 24 (Sat-Sun) PCT Backpack Old Station CA to Belden CA - Class C

Backpack 81.7 miles. We will leave Portland after everyone gets off work on Friday Oct. 15. We will Drive down to the State park Valley of the Rogue on I-5 and spend the night. We will then drive on down to Old Station and arrange the car shuttle and take off hiking. Daily average miles are 10-12. Elevation varies from 2330 at Belden to 7590 going over a shoulder of Lassen., a beautiful area. We will then undulate towards Belden. There are Hot springs and lakes along the first 40 miles. The last 40 miles are lava fields and forests. October is a great month to hike this section of the trail because of fall colors and cooler weather. Limit 6. To register call Linda Conrad at 360-837-3875 or lcgrconrad@aol.com.

Oct 20 (Wed) Morning Hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader. Depart: Wallace Park on NW Raleigh St. at 9:30 AM
Leader: Lila Grossman 503-227-0684

Oct 21 (Thu) Adventure and Travel: Mediterranean Cruise

Imagine traveling from Portland to Fort Lauderdale, boarding a nearly new cruise ship and spending 4 weeks cruising trans-Atlantic to Portugal, Spain, Monaco, Italy, Greece, Croatia, and Turkey. Join Elaine & Pete Nelson and Callista & Paul Snively for a memorable photo journey of 14 Mediterranean ports. Come for an evening of collaborative photos and commentary. Dessert and coffee at 7pm and the slideshow at 7:30 at Rose Villa, Fellowship Hall 13505 SE River Road in Milwaukie. For information contact Callista Snively 503 330-7344 cell or Kissta9@gmail.com

October 23-24 (Sat-Sun) Tyee Work Weekend

Last work weekend before winter snows fall! Enjoy Mt. Hood fall colors and crisp cool mountain air. Projects include: clearing out junk, recycling lost and found, preparing the lodge for winter, burning the slash pile, finishing the kitchen and bathroom floors, final restock. Bring work clothes, gloves, and warm clothes for the outdoors. For those interested, after dinner hike. Lodging and meals free to volunteers who pre-register! Work starts 10 am Saturday, please be timely. Lodge will close Sun. at 3PM. Sign-up by Oct. 20. Stephen Brown, 360 687-6169, ryanbrowns4@spiritone.com

Oct. 26 (Tue) Outings 2011 Planning Meeting

Where shall we go next year? If you are interested in participating in, assisting with, or organizing an outing in 2011, attend this meeting. Outings are defined as any trip of more than one day, so they can be less than a week long, such as the Belknap weekend. This meeting includes car camps as well as the traditional wilderness outing. Bring your ideas for places and dates. We also need leaders for the wilderness outing.

Location: Midland Branch Library, 805 SE 122nd Ave., Portland (small meeting room) Time: 5:30 - 7:30 p.m.
Contact: Susan Saul, TCO Outings Coordinator, 360-892-5643 or susan103saul@gmail.com

Oct 27 (Wed) Morning Hike - Class A to A +

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. If you would like to know the distance or difficulty of the hike call the leader. Depart: Wallace Park on NW Raleigh St. at 9:30 AM
Leader: Reinhold Podolski 503-244-1215

Oct 30 (Sat) Parks of Lake Oswego Hike - Class A

We will explore two parks bordering the Willamette River and the neighborhoods between them. Nice river views. Hike 4.5 miles with gradual elevation gain.
Depart: 9:00 am from George Rogers Park. Meet in the George Rogers parking lot just south of downtown Lake Oswego on Highway 43. Turn toward the river at the sign. Call leader for more complete meeting directions.
Leader: Carolyn Jenkins 503-422-6456

Nov 6 (Sat) Silver Falls State Park Hike - Class A

Come enjoy a nice fall loop-hike along North Silver Creek, with views of 7 different waterfalls and the maples as they begin to turn their autumn colors. We will stop either mid-way or after the hike to eat lunch. Please bring rain gear, just in case. Hike 5 miles with 400 feet of elevation gain. Drive 110 miles roundtrip. Drivers will need day-use permit to park at \$5 per car. Although there is no group size limit, please register with leader by Wed. Nov 3 before 9 pm. Please call if you have any questions.
Depart: 9:00 am from Bridgeport Village, Tualatin, in front of The Container Store.
Leader: Lisa Osburn 503-476-5638 or riversdream@msn.com

Meeting Places

Gateway Park & Ride From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the park and ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84, take I-205 and follow the above exit and instruction.

Wallace Park is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh St between NW 25th Ave and NW 26th Ave. Parking is usually not a problem on Raleigh. Tri Met buses 15, 17 and 77 service is near.

Target is a common west side meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park in the southwest corner of Target's parking lot. Tri-Met buses 47, 52 and 89 service is near.

Trails Ahead

Tyee Work Weekend Projects for 2010

Volunteers are needed this summer to repair and re-supply the lodge for the upcoming winter. If you have enjoyed the Lodge in the winter, please volunteer for one of these weekends. Bringing in firewood will be a priority this summer. Volunteers receive free lodging and meals for the weekend. Work starts Sat at 10 am and finishes at 3 pm on Sunday. Reservations required. After dinner hikes are an enjoyable part of weekend activities

Let's Talk About

Thank you from Lodge Chair

I would like to extend my appreciation to both Lodge Committee's and all the volunteers for the work completed on our two lodges this summer. Tyee has a new gate, new upholstery on the benches, plenty of firewood for the winter and the building is prepared for winter activities. Nesika has replacement porches on the men's dorm, new windows and siding on the third side of the women's dorm and curtains in the windows for privacy. Repairs were made to the section of the roof damaged by snow in 2009 and many hours of steady work were spent to gather and split firewood and clear the mid-height brush for fire protection. I especially appreciate those who stepped up and filled in during my absence. The Trails Club's primary resources are our members and we have been blessed over the years. When we have a need someone is there to provide the leadership necessary. There are too many to list here but please voice an appreciation to those you know that have served the Trails Club so well.

Thank you to all.

George Milne

Lodge & Properties Trustee

September Conservation Meeting

Our monthly conservation meeting for September included lively discussions about the proposed water bottling plant and the casino, both would be located within or very near the city limits of Cascade Locks. Other discussions revolved around the Forest Park Report and the coal fired power plant at Boardman. Roger Cole provided the committee with an informative program entitled The Dirty Truth about Coal, Why Yesterday's Technology should not be a part of Tomorrow's Energy Future. The conservation committee will not be sending a repre-

sentative to this years Federation of Outdoor Clubs annual convention which will be held October 1, 2 and 3 near Mill Valley, California, however we will be forwarding a Resolution regarding the coal fired power plant near Boardman. We are considering a name change for our committee, not official but just considering. How about Environmental Action Committee. Call your conservation chair if you have another name change suggestion. Leonard Murphy, Conservation Chair

Summary of Board Minutes

Trails Club of Oregon Board of Trustees Meeting September 14, 2010

Call to Order– Randy called the meeting to order at 7:00 p.m. Attending: Randy Dietrich, Barbara Warren-Sams, Audrey Perino, Nancy Overpeck, Jane Storey, Vicki Wood, Phillip Jackson, Callista Snively, and Art Stangell, Legal Council. Others attending: Virginia Larson, Administrative Assistant. George Milne excused.

Approval of Minutes– of August 10, 2010 (MSC) Audrey/ Barbara.

Administrative Assistant's Report– Virginia is planning a hosts/cooks appreciation day at Tyee on October 2nd. Cooks will discuss kitchen needs and the food staples to keep on hand at the lodges.

Treasurer's Report–

1. Cash Report

Beginning balance	07-31-10	\$12,570.45
August Deposits		5,039.68
August –Expenses		<u>-6,596.04</u>
Ending balance	08-31-10	\$11,014.09

2. Financial statements: Check Registers for August and early September were presented. Profit and Loss Previous Year Comparison for year-to-date (thru August) and Profit and Loss Budget vs. Actual (thru August) were also presented.

3. U.S. Bank Checking account was reconciled as of August, 2010. Copy of reconciliation and statement for August were provided to the secretary.

4. The budget for 2011 will soon be planned by the present board. The budget for Tyee with some unplanned expenditures this year was discussed. The categories will be reviewed as part of the annual budgeting process.

Committees:

Membership–Vicki Wood reported first readings: Kate Williams, J.Kent Meyer.

Second readings: Mike Neubig, Kathy L. Pollock, Catherine L. Thomasson. Vote unanimous.

Trips– Jane Storey reported that the Winter Sports Committee will meet in November. Coordinators are Bill Yandon, x-country, and Brian Carlson, snowshoeing. Discussion continues as to how to make hikes/activities more spontaneous (i.e. a weeks notice as an e-mail).

Publications – Phillip Jackson reported that the “Gentle Reminders” section in the Blazer is being revised.

Social–Callista Snively reported the TCO August picnic had only two attending. September 16 picnic will be in Gabrielle Park. Hike 'N Dine will be at Tyee on September 18th. The next Adventures and Travel will be given by Pete Nelson on October 21. Our Annual Banquet will be April 10, 2011. Labor Day, September 4-5, at Nesika had 19 for the Sunday dinner and the Saturday potluck worked out well. Since picnic attendance has been down the year, it was discussed having only one or two large picnics per summer.

Lodges and Properties– George Milne is getting well. Stephen Brown sent a report on work weekend at Tyee (on file). Fire wood is ready for winter. The bench upholstery is near completion, thanks to Sylvia, Joan, Deb, Marilyn and Barb Lauer. The gate is now re-installed by Gary, Scott and Stephen. Randy reported that many tasks were completed on the work weekend at Nesika including roof repair, brush clearing, work on the dorm siding and firewood hauling. (report on file). Bonnie Berneck requested use of Tyee (October 8-10) for family. (MSC) Barbara/Callista. Gerta Eck will be using Nesika November 6-7 (sufficient members, no vote needed).

History– Historian still needed.

Investments–No report.

Conservation– Leonard Murphy sent report. (on file). The committee will not be sending a representative to FWOC annual meeting in October this year. Sydney Herbert sent a resolution to the Federation supporting the shut down of Boardman coal fired plant.

Legal Counsel Report– Art Stangell reported that the Tyee roof will be repaired at contractor's expense.

Unfinished Business

Nominating Committee needs five members. Virginia will be making calls

Transfer of materials from Oregon Historical Society is waiting for a new TCO Historian.

New Business -

Northwest Ski Club Council sent a membership application and request for TCO to join. TCO Board decided not to join at this time. The board decided to decline Randy Stimson's offer of a file cabinet containing old maps. We suggested the Mazamas might be interested. Annual Meeting of TCO will be November 8th.

Good of the order–Discussion of bylaw change for Properties Advisory Committee. It could be changed to a committee formed as needed like the “Gift Committee” is structured. A TCO Bylaws change is needed and could not happen until 2012.

Next Board meeting on Tuesday October 12 will be at George Milne's home.

Adjourn-8:30 p.m.

Respectfully submitted, Nancy Overpeck, secretary



Crimson Lake-Cabin Creek Peak



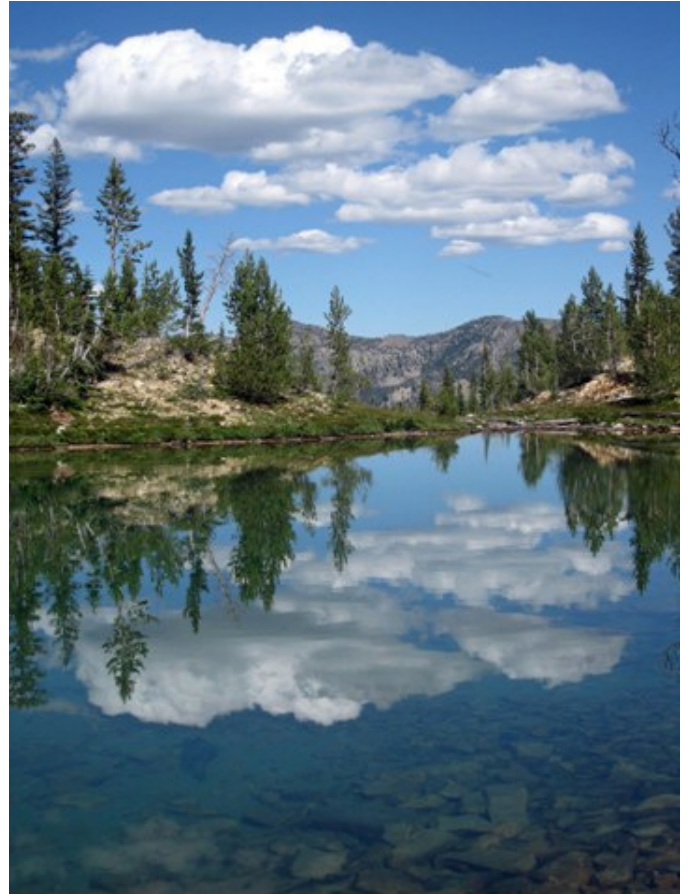
Cabin Creek Valley



Red Mtn West Fork Yankee Fork River



Cabin Creek Peak



SW Tarn

2010 Wilderness Outing pictures by Susan Saul



Susan-Joanne-Diana-Allen-Gerda-Merrill-Kathleen-Joyce-Dale-Arleta-Mike-Kitty
Frank Church-River of No Return Wilderness Outing 2010

Membership Notes

If you have any feedback, positive or negative, about the following individuals who have received their first reading PLEASE contact one of the board members before the next board meeting (2nd Tuesday of the month). We wish to hear your input before the final vote into membership. Club member input is very important in this process.

Do you know a prospective new member? Send his/her name and address to membership@trailsclub.org for him/her to receive a couple of free Blazers. This is the best way to report guest information from hikes, lodge visits and other trips.

1st Readings

J Kent Meyer
8608 NW Old Orchard Dr
Vancouver, WA 98665
360-574-0784
kmeyer1932@comcast.net
Sponsors: Jane Garbisch &
Linda Bedard

Kate A Williams
2605 SE 48th Ave
Portland, OR 97206
503-502-2060
kate@wordturners.com
Sponsors: Jane Garbisch & Linda
Bedard

2nd Readings

Mike Neubig
Kathy L Pollock
Catherine L Thomasson

Changes

Brenda Harryman:
2733 NW Thurman, Apt 2,
Portland, OR 97210

Mac Leedom:
comemistatallyman@gmail.com

Deceased

Bernice Elizabeth Stearns 1925-2010

TRAILS CLUB OF OREGON
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October 2010

Gentle Reminders

- **Class A** - Shorter, less strenuous activity, typically 4 to 8 miles and less than 1500 feet elevation gain.
- **Class B** - Moderate to difficult, typically 6 to 12 miles in length with up to 3000 feet of elevation gain.
- **Class C** - Long and difficult, strong experienced participants only, typically over 8 miles and over 3000 feet of elevation gain.
- **Note:** Harsh or unusual conditions may greatly increase the exertion and skill required. Please be prepared for the level of activity you are planning to take with the Trails Club.
- For other activities such as bicycle, kayak, and cross-country skiing please check with the leaders for the difficulty level of the activity.
- Please contact the leader if you have any questions about the trip and to let him or her know that you will be attending.
- Good equipment for the specific activity is required for all events Boots are recommended for B/C hikes.
- Bring plenty of water and a sack lunch. Please, no alcohol.
- Remember to bring your Ten Essentials. Pets allowed on designated trips only.
- Everybody should stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which routes are taken. Last but not least, the leader has authority to determine if a participant is prepared for the activity. Group safety must come first.
- Be prepared to pay a small fee of \$2 for Guests, \$1 for Members for day activities.
- Please contribute to any carpooling expenses at the suggested rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile split among all the riders.

- If you have reserved for an activity at a lodge that involves food expense and are unable to participate you are obligated to do one of the following: cancel before the food is purchased, find someone to take your place, or pay for your share of the food. All activities must be approved by the appropriate Activity Chair.

Newsletters

Send write-ups to: blazer@trailsclub.org

Submissions are due by the fifteenth of the month of publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis

Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name Phone and/or email.

Editor: Phillip Jackson
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Send pictures, new events, corrections and anything else for the Trails Club of Oregon Web site to webmaster@trailsclub.org.