



Trail Blazer

Vol. 85 No. 9 For Information, call 503-233-2740 (Portland, OR) or access www.trailsclub.org. September 2012

Upcoming Events		
Date	Day	Event Description
1-3	Sat-Mon	Labor Day Weekend at Nesika
5	Wed	Morning Hike—Class A/B
5	Wed	Evening Hike—Class B
7	Fri	205-Gladstone Bike Ride - Class B
8	Sat	Nesika Membership Qualifying Hike--Class B
8-9	Sat-Sun	Nesika Work Weekend
8-9	Sat-Sun	Cairn Basin/Wy'east Basin Exploratory Backpack---Class B
11	Tue	Board Meeting—7 PM, Mazama MC
12	Wed	Morning Hike—Class A/B
12	Wed	Evening Hike—Class B
13	Thu	Banks -Vernonia Bike Ride—Class B
14	Fri	Coos Bay Area Hike---Class B
15	Sat	Blazer Deadline
15	Sat	Portland SW Trails Hike - Class A
19	Wed	Morning Hike—Class A/B
19	Wed	Evening Hike—Class B
22	Sat	Triple Falls Hike--Class B
22-23	Sat-Sun	Tyee Work Weekend
23	Sun	Silver Star Mt. Hike--Class B
23	Sun	Mosier Tunnel Bike Ride--Class B or C
25	Tue	Last Tuesday Bike Ramble--Class A
26	Wed	Morning Hike—Class A/B
26	Wed	Evening Hike—Class B
27	Thu	Tualatin Loop Bike Ride--Class B
29	Sat	Lacamas Lake Park Hike--Class A

Upcoming Events (cont.)		
Date	Day	Event Description
29	Sat	Junction Lake Loop/Indian Heaven Hike--Class A/B
Oct 2	Tue	Forest Grove Bike Ride – Class B
Scheduling is updated on web site www.trailsclub.org		
Meeting places are detailed at the end of events section.		
TRIP FEES: Members \$1; Guests \$2		

Announcements

Weekend Hike Coordinator and Backpack Coordinator needed.

Please let me know if you can help. For more information contact Carolyn Jenkins, Trips Chair, 503-422-6456 or tripschair@trailsclub.org.

Volunteer! Ped & Bike Counts 2012

Have you ever wondered how and why trails get built or bike paths get planned? Or why, after they are built, some of these paths and trails are maintained while others languish? Usage patterns have a lot to do with it. At last April's Trails Club annual banquet our guest speaker, Metro's Mel Huie, talked about the development of trails and bike paths and the vital importance of usage data in such projects.

But how is such use measured? A week of surveys is conducted all across the U.S., mainly by volunteers who monitor paths and trails and count those who pass by. The 2012 National Bicycle and Pedestrian Documentation Project is scheduled for the second week of September. Counters will be out all across the Portland area, from Banks to Boring and Vancouver to Wilsonville -- a few locations may even be close to your home. It would be great if some of us TCO members could help research the use of these areas we enjoy.

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TRAIL BLAZER

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POSTMASTER: Send address changes to THE TRAILS CLUB OF OREGON

P.O. Box 1243, Portland, Oregon 97207-1243.

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one year period, approval by the Board of Trustees, and payment of \$45 in dues for first household member, \$25 for each additional household member or those over 65 years of age and a \$15 entrance fee.

Board Meetings: 2nd Tuesday of the month ,7:00 pm, at Mazama Mountaineering Center, 527 SE 43rd Ave. at SE Stark St. Portland, OR

PresidentRichard Gaunt
Vice PresidentBill Yandon
SecretaryNancy Overpeck
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Please consider volunteering. All it requires is a one-hour training session on Thursday, Sep. 6, from noon to 1 pm, and then choosing a two-hour shift and location. The shifts are:

Tuesday,	Sep. 11, 5 to 7 pm
Wednesday,	Sep. 12, 5 to 7 pm
Thursday,	Sep. 13, 5 to 7 pm
Saturday,	Sep. 15, 9 to 11 am
Sunday,	Sep. 16, 9 to 11 am

You can see where the counts in Portland will take place at: <https://www.portlandoregon.gov/transportation/article/407138> and where the counts occur elsewhere in the metro area at: <http://maps.google.com/maps/ms?vpsrc=1&ctz=420&ie=UTF8&msa=0&msid=215422518972968190590.0004b0c5eda7b1efa9554&t=m&ll=45.502662,-122.743678&spn=0.411538,0.741902&source=embed>

To sign up for a shift, or for more information, go to: <https://www.portlandoregon.gov/transportation/article/259235> or contact Taylor Sutton with the Portland Bureau of Transportation at 503-823-4533 or Taylor.Sutton@portlandoregon.gov

Events

Sep 1-3 (Sat-Mon) Labor Day Weekend at Nesika

Labor day celebration at Nesika. Dinner Saturday night & breakfast Sunday morning. BBQ dinner Sunday and breakfast Monday morning. Leave Monday after breakfast and clean-up. Sign up for one or two days. Bring your own lunches and snacks (and coolers if needed). Great hiking on Franklin Ridge and Larch Mountain. Eight mile membership hike available.

Meet: Saturday 9:30 am at the Palmer Mill road gate on Larch Mountain Road. The gate is just just past the 10 mile marker. Our Gate will be re-locked at 9:45. Register with: Nancy Overpeck 360-573-6878 cell 503-806-2900. Please try to register by August 29th. Since this did not make the August Blazer, reservations will be accepted until Friday morning ,August 31.

Sep 5 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.

Depart:Wallace Park on NW Raleigh St at 9:30 AM.

Leader: Jane Storey 503-724-5467

Sep 5 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and the West Hills with 500 feet of noncumulative elevation gain.

Depart:Wallace Park on NW Raleigh St at 6:00 PM

Return about 8:00 PM.

Leader: Donna Covi 503-286-7243 dcibike2@aol.com

Sep 7 (Fri) 205-Gladstone Bike Ride—Class B

This ride starts at Gateway and follows the I-205 bike path to Gladstone. From there, we will go through rolling hills along city streets back through Milwaukee to Sellwood Riverside Park, where we will have lunch. We take the Springwater Corridor and Eastside Esplanade and then come past the Lloyd Center and return to Gateway. The route is 30 miles with 600 ft of ascent, with a 12-15 mph pace and frequent regroupings as needed. E-mail leader if you plan to ride or with questions.

Depart: 10 am from SE corner of Gateway TC across NE 99th Ave from Fred Meyer parking lot.

Leader: Terry Lawson 503-819-9250, lawson.terry@gmail.com

Sep 8 (Sat) Nesika Lodge Membership Qualifying Hike—Class B

A beautiful trek up from Multnomah Lodge to the historic and tranquil grounds of Nesika Lodge offering a babbling creek, lush woods, and gradual elevation along the way. Trails Club folks will be at the lodge working so it will be open for your visit. Bring water and lunch or snacks. Approximately 8 miles round trip with 1700-1800 feet elevation gain. Moderate-plus pace.

Depart: 8:30 AM from Gateway Park & Ride or from Multnomah Falls Lodge gift shop by 9:15 AM

Leader: Jane Garbisch 503-314-2233

Sep 8-9 (Sat-Sun) Nesika Work Weekend.

We will be working on closing up the water line ditch, painting outside of the men's dorm, fixing tile inside men's dorm doors, painting and finishing with the fire sealing of upper women's dorm from lower women's dorm. We will have 5 trees down to collect wood from and put into wood shed from water line. We will haul rock to put on monster trail. We will need volunteers to cut brush on basin road edges. Come and join in the fun. Register with Glen and Linda Conrad at: lcgrconrad@aol.com or 360-837-3787

Sep 8-9 (Sat-Sun) Cairn Basin/Wy'east Basin Exploratory Backpack—Class B

Hike 4 to 7 miles with 2000 to 2400 feet of elevation gain into the Mount Hood Wilderness on the north side of Mt. Hood, accessing the Timberline Trail from Top Spur Trail. There should be great views into Washington to the north, and of the north face of Mt. Hood. The objective will be to explore Cairn Basin, Wy'east Basin, and Elk Cove and find the best place to camp for the night. Weather should be good, but prepare for rain or cool temperatures. To register, Application Form and Emergency Contact Information Form need to be received by leader before Wed. Sept. 5. These forms are available at www.trailsclub.org under Backpack Participant Information. Group limited to 12 people due to entering wilderness area.

Leader: Bill Yandon 503-538-3643 or cell 503-887-2932 or wkyandon@earthlink.net

Sep 12 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.

Depart: Wallace Park on NW Raleigh St at 9:30 AM.

Leader: Ken Kane 503-246-6462.

Sep 12 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and the West Hills with 500 feet of noncumulative elevation gain.

Depart: Wallace Park on NW Raleigh St at 6:00 PM

Return about 8:00 PM.

Leader: Bruce Seymour 503-722-2290

bruceseymour65@gmail.com

Sep 13 (Thu) Banks-Vernonia Bike Ride—Class B

Lets ride this 40 mile paved path on an old railroad grade with no car traffic. Some hills.

Depart at 9:00 from the Target parking lot on the Sunset Hwy. off 185th.

Kent Meyer 360-574-0784

Sep 14 (Fri) Coos Bay Area Hike—Class B

Hike the coastal headlands south from Sunset Bay campground down past Shore Acres State Park, home of the old Simpson estate, where there is a public garden which we can browse through, and then continue on to Cape Arago State Park where we will have lunch on the beach and then return. At Cape Arago the seals and sea lions can be seen and heard out on the rocks. Hike 8 miles round trip with 700 feet elevation gain. Make a weekend of it and stay for the Bay Area Fun Festival. There's a parade on Saturday morning, a car cruise in the afternoon, then a contra dance at a nearby town grange hall. Depart: 9:30 AM from Sunset Bay Campground site D-21. Free parking at the lot just outside the campground.

Leader: Brian Carlson 503-960-9451 or

owatta53@hotmail.com

Sep 15 (Sat) Portland SW Trails Hike—Class A

Experience shaded trails in Marquam Nature Park. Hike up to Council Crest, over to SW Terwilliger Blvd, coffee at VA Hospital, down to South Waterfront on OHSU Tram, across Rte. 5 on new Gibbs Street pedestrian bridge and return through Lair Hill Neighborhood. About 6 miles at a leisurely pace mostly on trails with 800 feet elev. gain.

Depart: 9:30 AM from Duniway Park track parking area (SW Barbur Blvd and Arthur St)

Leader: Bill Savery 503-201-7778 saveryw@comcast.net

Sep 19 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.

Depart: Wallace Park on NW Raleigh St at 9:30 AM.

Leader: Wayne Schweinfest 503-253-3073.

Sep 19 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and the West Hills with 500 feet of noncumulative elevation gain. Depart: Wallace Park on NW Raleigh St at 6:00 PM. Return about 8:00 PM. Leader: Catherine Schiedler 503-234-1839 catherineschied@juno.com

Sep 22 (Sat) Triple Falls Hike—Class B

A fun hike behind Ponytail Falls to bridge above Triple Falls. A 4.3 mile loop with 950 feet elevation gain. Drive 60 miles round trip. Depart: 8:30 AM from Gateway Park & Ride. Leader: Art Harvey 503-684-5897

Sep 22-23 (Sat-Sun) Tyee Work Weekend

Only two more work weekends! Enjoy Mt. Hood for early fall color and great weather. Projects include: bringing in firewood, finishing porch deck, and sealing/setting memorial bench. Bring work clothes and gloves. For those interested, after dinner hike around Trillium Lake. Lodging and meals free to volunteers who pre-register! Tina is Cook. Work starts 10 am Sat. Lodge will close Sun. at 3 PM. Register with Stephen Brown, by Wed, Sep 19. 360-687-6169, ryanbrowns4@spiritone.com

Sep 23 (Sun) Silver Star Mt. Hike—Class B

This is the replacement hike for the postponed June hike (probably the wettest Sat. this year). Hike 8 mile loop with 2,000 feet elevation gain from Grouse Vista trailhead. Silver Star is known for its 360 degree vistas. Possible side trips could be Pyramid Rock, Sturgeon Rock or the ridge to Indian pits. RT driving distance is about 80 miles. Depart: 8:30 AM from Gateway Park and Ride. Leader: Paul Cutter 360-260-1673

Sep 23 (Sun) Mosier Tunnel Bike Ride—Class B or C

The now famous Twin Tunnels make for an excellent beginner bike ride, some hills, no traffic, historic Columbia Highway and gorgeous Gorge scenery. We are going just a little further to make it a "B" ride, 26 miles RT to Rowena Overlook and back, part of it is on Hwy 30 and has some traffic and a nice ascent, which will be like schussing downhill on the return. If you would like to make it a "C" ride and enjoy a nice hilly loop from Mosier to Seven Mile Hill, we have something for you, too, at approx 50 miles. Meet: 9:15 (ready to ride at 9:30) Mark O Hatfield West State Park, just East of Hood River (State Park fee req). Leader: Gerda Eck leads the B ride: 503-804-4214 gerdaeck@comcast.net. Leader: Allen Burrell leads the C ride: 503-288-3859 burrell@teleport.com

Sep 25 (Tue) Last Tuesday Bike Ramble—Class A

The end of September already, let's have one more evening bike ride, meeting earlier so we can get back before dark. Meet: 5 pm Oaks Pioneer Church, 455 SE Spokane (east end of Sellwood Bridge). Leader: Gerda Eck 503-804-4214 gerdaeck@comcast.net

Sep 26 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader. Depart: Wallace Park on NW Raleigh St at 9:30 AM. Leader: Mike Harrison 971-279-2707

Sep 26 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and the West Hills with 500 feet of noncumulative elevation gain. Depart: Wallace Park on NW Raleigh St at 6:00 PM. Return about 8:00 PM. Leader: Gini Bateman 503-475-8712 ginibateman@comcast.net

Sep 27 (Thu) - Tualatin Loop Bike Ride—Class B

We'll start at Ibach Park in Tualatin. We'll make a clockwise loop that will include Hebb Park along the Willamette River, Wilsonville, and Sherwood. About 35 miles. Rolling hills, probably around 1000 feet of elevation gain. The roads should be having relatively light traffic. Depart: Contact leader for meeting details. Leader: Rich Fuhs, 503-690-5077 or rich.fuhs@gmail.com

Sep 29 (Sat) Lacamas Lake Park Hike—Class A

We will do a nice loop around Lacamas Lake Park outside Camas, WA. This hike will be between 4 and 5 miles, with slight elevation gain. There are several very nice water falls in the park. Afterwards, we will have lunch in Camas. There are also some very nice shops for browsing in Camas. Depart: 10 AM from the main parking lot at Lacamas Lake Park, between the south end of Lacamas Lake and Round Lake on Highway 500. Directions: Turn off Interstate 205 just north of the Columbia River onto Highway 14 EAST. Drive 7 miles to Camas exit 12. Follow the exit road 1.4 miles to town. Continue straight on 6th Ave. for about 6 blocks, turning left on Garfield St. Follow "Hwy 500 West" signs for 1.2 zigzagging miles to Lacamas Park, just past the traffic light on NE Lake Rd. Parking lot on your right. Call my cell if you get lost. Leader: Audrey Perino audrey53@comcast.net or 503-522-9911

Sep 29 (Sat) Junction Lake Loop/Indian Heaven Hike—Class A/B

This hike through rolling hills and Huckleberry fields, reaches 8 lakes. This is on the east side of Indian Heaven. The berry fields should be golden and red at this time. Hiking distance not measured but elevation gain is 500 feet. Drive 170 miles round trip. Drivers need a trailhead parking permit. Bridge tolls to be shared by all. Group limited to 12 people due to entering wilderness area. Depart: 8 AM from Gateway Transit Center. Leader: Gary Holman 503-261-3571

Oct 2 (Tue) - Forest Grove Bike Ride—Class B

We'll start in Lincoln Park in Forest Grove and pedal along the nearby back roads, completing a loop to the south. About 35 miles. Relatively flat, but some low rolling hills. Probably around 800' of elevation gain. The roads should

be having relatively light traffic.
Depart: Contact leader for meeting details.
Leader: Rich Fuhs, 503-690-5077 or
rich.fuhs@gmail.com

Meeting Places

Gateway Park & Ride From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the park and ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84, take I-205 and follow the above exit and instruction.

Wallace Park is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh St between NW 25th Ave and NW 26th Ave. Parking is usually not a problem on Raleigh. Tri Met buses 15, 17 and 77 service is near.

Target is a common west side meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy turn east (left) one block to NW Town Center Dr., Park in the southwest corner of Target's parking lot. Tri-Met buses 47, 52 and 89 service is near.

Let's Talk About

Quick Note:

Have your Emergency Contact & Medical Information Form (from the middle of our Membership Handbook & Directory, or on our website, and from our trip leaders) filled out and with you on all activities.

Trails Trodden

Springwater-Fairview Bike Ride August 3

On August 3, Terry Lawson led a group of 5 members and 2 guests on a 25 mile bike ride in SE and NE Portland. The ride was mainly on dedicated bike paths, utilizing the I-205 bike path, Springwater Corridor bike path, Gresham-Fairview bike path, and Marine Drive bike path with a few city streets. The group stopped for lunch in Blue Lake park as well as blackberry picking along the route.

Trails Ahead

Tyee Schedule —2012

Date	Event Description	Contact
Sep 01-03 (Sat-Mon)	Fam/Church Grp	D Aase/Murphy
Sep 22-23 (Sat-Sun)	Tyee Wk Wkend	Stephen Brown
Sep 28-30 (Fri-Sun)	Snively Family	Callista Snively
Oct 20-21 (Sat-Sun)	Tyee-Hike & Dine	Lisa Osburn
Oct 27-28 (Sat-Sun)	Tyee Wk Wkend	Stephen Brown
Nov 22-23 (Thu-Fri)	Tyee Thanksgiving	TBD

Nesika Schedule—2012

Date	Event Description	Contact
Sep 08-09 (Sat-Sun)	Nesika Wk Wkend-	Glen Conrad
Oct 13-14 (Sat-Sun)	Nesika Wk Wkend-	Glen Conrad
Nov 03-04 (Sat-Sun)	Backpack Seminar-	Linda Conrad

Trails Club Bike Ride Schedule—2012

Sep 7 (Fri)	Gateway/Gladstone	Terry Lawson
Sep 13 (Thu)	Vernonia/Banks	Kent Meyer
Sep 23 (Sun)	Mosier Tunnels-	Gerda Eck
Sep 25 (Tue)	"Last Tues Bike Ramble"	Gerda Eck
Sep 27 (Thu)	Tualatin Loop	Rich Fuhs
Oct 2 (Tue)	Forest Grove	Rich Fuhs

Fall Festival at Nesika Lodge Oct 6-7 (Sat-Sun)

Come and enjoy the Autumn colors, crisp morning air, music and great company! Spend the day or stay overnight. Sirloin hamburgers, homemade baked beans, tossed green salad for dinner with dessert on Saturday and a yummy breakfast Sunday morning. Meals prepared by Host/Cook Paul & Callista Snively. Musicians please contact Audrey Perino for more information. On Saturday the gate will be open at 9:30 am and locked at 9:45 am or check for later time for gate opening. Register with Callista Snively by Wed., Oct 3 at 8 p.m. Email is preferred!
kissa9@gmail.com or cell phone 503 330-7344.

Nesika Work Weekend Oct 13-14 (Sat-Sun)

We will be working on getting the lodges ready for winter. We will finish the previous projects; painting Men's outside of dorm, fixing tile inside men's dorm doors, painting and finishing with the fire sealing of upper women's dorm from lower women's dorm, bringing wood in and getting it split. We will need to haul rock for road and soft spots on monster trail. We will need volunteers to cut brush and clear trails. Come and join in the fun. Dogs are welcome in doggy camp, clean any waste, no dogs in lodges or on front porch. Dogs should be kept in control on leashes when around lodges to protect people. Register with Glen and Linda Conrad at lcgrconrad@aol.com or 360-837-3787

Annual Backpack Seminar Nov 2-4 (Fri-Sun):

We have two speakers this year who are both long distance hikers and will show picture shows. We will have light weight gear to look at. Ron Moak has agreed to again display his wares. We will day hike the basin and Franklin Ridge Trails on Sunday AM. We have a generous donation from Nike of clothing as door prizes. Any other door prize donations would be welcome. Come learn how to lighten your pack and enjoy the company of

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those who love the out-of-doors. Register early. Limit is 45-50 people. Roger and Karen Anderson have agreed to cook this year. We will have a hike led up from falls on Saturday AM. We will have gate at Larch Mountain open Friday at 5:00 PM and Saturday AM at 9:00. We will have doggy camp open. No dogs in lodge. Clean up after dog. No dogs on porch of main lodge. Bring chain and shelter for your animals. Do not bring out of control animals. Register with Linda Conrad at lcgrconrad@aol.com or 360-837-3875

Summary of Board Minutes

There was no Board Meeting in August. Necessary Board matters were handled by email.



When temperatures approached triple digits on Aug. 16, what did Trails Club morning bicyclists and evening picnickers do? Press on, of course! A dozen riders started the 17-mile circuit of southeast Portland. The heat took its toll, but still seven (and one behind the camera) completed the circuit, which ranged from Sellwood to Mt. Tabor and back. At that evening's picnic, some quick thinking allowed cooler heads to prevail. The event was moved from Willamette Park to the nearby (air-conditioned) home of Audrey Perino, where the crowd enjoyed lasagna and salads for dinner, and watermelon and root beer floats for dessert.



Fern and Lynn in front of Nesika



Eastbank Esplanade TCO bike ride on July 31.

Membership Notes

If you have any feedback, positive or negative, about the following individuals who have received their first reading PLEASE contact one of the board members before the next board meeting (2nd Tuesday of the month). We wish to hear your input before the final vote into membership. Club member input is very important in this process.

Do you know a prospective new member? Send his/her name and address to membership@trailsclub.org for him/her to receive a couple of free Blazers. This is the best way to report guest information from hikes, lodge visits and other trips.

1st Readings

Sylvia Griswold
1381 SW Borland Rd
West Linn, OR 97068
503-638-6403
srmgris@yahoo.com
Sponsors: Julie Dailey & Carolyn Jenkins

Terrie J. Juba
51519 SE 6th St
Scappoose, OR 97056
503-987-1545
terrie.scappoose@gmail.com
Sponsors: Nancy Overpeck & Elaine Newland

Patricia Reynolds
1217 SW Hume St
Portland, OR 97219
503-245-1314
pcr1217@gmail.com
Sponsors: Mike Harrison & Nancy Overpeck

Susan E. Thiel
3451 SW Canby St
Portland, OR 97219
503-892-8939
suprsusan@aol.com
Sponsors: Carolyn Jenkins & Glenda Chaite

Eric W. Berg
20215 SW 69th St
Tualatin, OR 97062
ericwb@aol.com
Sponsors: Donna Covi & Gerda Eck

Reinstatement

Marie A. Vander Weele
11680 SW Imperial Ave #10
King City, OR 97224
503-624-1973
mweeles@gmail.com

2nd Readings

Anne E. Matzelle
Patricia (Pat) A. Behm
Traci A. Hendrickson

Changes

Mike Harrison
3408 N.W. Lakeridge Dr
Vancouver, WA 98685
360-326-3084
509-290-1565.

Deceased

Darrel Tarter
Ross Petrie

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September 2012

Gentle Reminders

For activities such as bicycle, kayak, and x-c skiing check with the leaders for the difficulty level of the activity. Good equipment for the specific activity is required for all events.

For hikes and showshoe activities:

Class A—Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B—Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C—Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Note: Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the leader if you have any questions about the trip and to let him or her know that you will be attending.

Bring plenty of water and a sack lunch. Please, no alcohol.

Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Everybody should stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Be prepared to pay a small fee of \$2 for Guests, \$1 for Members for day activities.

Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders.

If you have reserved for an activity at a lodge that involves food expense and are unable to participate you are obligated to do one of the following: cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: **blazer@trailsclub.org**

Submissions are due by the fifteenth of the month of publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis
Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name Phone and/or email.

Editor: Phillip Jackson
503-639-6250
10544 SW Windsor Ct
Tigard, OR 97223

Send pictures, new events, corrections and anything else for the Trails Club of Oregon Web site to

webmaster@trailsclub.org.