



Trail Blazer

Vol. 86 No. 9 For information, call 503-233-2740 (Portland, OR) or access www.trailsclub.org. September 2013

Upcoming Events		
Date	Day	Event Description
4	Wed	Morning Hike—Class A/B
4	Wed	Evening Hike—Class B
5	Thu	Puget Island Bike Ride—Class B
7-8	Sat-Sun	Jefferson Park Exploratory Backpack—Class B
10	Tue	Board Meeting—7 PM, Mazama MC
11	Wed	Morning Hike—Class A/B
11	Wed	Evening Hike—Class B
14	Sat	Nesika Membership Hike—Class B
14-15	Sat-Sun	Nesika Work Weekend
14-15	Sat-Sun	Multnomah Falls to Nesika Hike
15	Sun	Blazer Deadline
18	Wed	Morning Hike—Class A/B
18	Wed	Evening Hike—Class B
19	Thu	Eat 'N' Hike Picnic
21	Sat	Banks-Vernonia Bike Ride—Class A/B
25	Wed	Morning Hike—Class A/B
25	Wed	Evening Hike—Class B
28	Sat	Nesika Supper Hike—Class B
28-29	Sat-Sun	Nesika Hike and Dine
28-29	Sat-Sun	Tyee Work Weekend
Scheduling is updated on web site www.trailsclub.org		
Meeting places are detailed at the end of events section.		
TRIP FEES: Members \$1; Guests \$2		

Announcements

Winter Parking at Tyee

There is an ODOT plan to eventually close the parking area shared by TCO and Boy Scouts along Timberline Road. Difficulty snow plowing the road with cars parked in that space is cited as the reason.

The Mazamas are planning to create a large number of

parking spaces along lower West Leg Road to avoid having to cross US 26 from the current winter parking area. They have invited TCO to join them in creating and paying for the new parking spaces. We have been in discussion with Mazamas and their engineering firm for many months on this issue.

Access to Tyee from the proposed parking area will require a longer trail than we currently have so we are also looking into methods of carrying food and other materials to Tyee.

When a schedule for this change is finalized, the TCO Board will notify the membership.

Richard Gaunt, President

Events

Sep 04 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader. Depart: Wallace Park on NW Raleigh St at 9:30 AM. Leader: Wayne Schweinfest 503-253-3073 WSchweinfest@msn.com,

Sep 04 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain. Depart: Wallace Park on NW Raleigh St at 6:00 PM. Return about 8:00 PM. Leader: Gerda Eck 503-654-1353 gerdaeck@comcast.net

Sep 05 (Thu) Puget Island Bike Ride—Class B

This is one of my favorite rides each year as we ride on almost traffic free roads around Puget Island. There is a possibility to ride through the Columbian White Tail Deer Refuge and back again. The ride is mostly flat and about 30-35 miles long.

Meet at the Westport Ferry off Hwy 30 at 9:45 am. The ferry leaves at 10:15 am sharp and costs \$2.00 per bike each way. Register with leader and contact with questions.

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TRAIL BLAZER

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P.O. Box 1243, Portland, Oregon 97207-1243.

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one-year period, approval by the Board of Trustees, and payment of \$45 in dues for first household member, \$25 for each additional household member or those over 65 years of age and a \$15 entrance fee.

Board Meetings: 2nd Tuesday of the month, 7:00 pm, at Mazama Mountaineering Center, 527 SE 43rd Ave. at SE Stark St. Portland, OR

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Changes and other club correspondence should be mailed to:

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Leader: Gisela Piercy, 503 648-5885 or
giselapiercy@gmail.com

Sep 7-8 (Sat-Sun) Jefferson Park Exploratory Backpack—Class B

Access Jefferson Park from the Whitewater Trail on the west side of Mount Jefferson. Our hike in will be approximately 6 miles one way with 1900 feet of elevation gain. Jefferson Park is well known for its scenery. Once we get to Jefferson Park, we'll explore the area for the best campsites, set up camp, and explore some more if we wish. To register, Application form and Emergency Contact Information form need to be received by leader before Wed. Sep 4th. These forms are available at www.trailsclub.org under Backpack Participant Information.

Leader: Bill Yandon 503-538-3643, Cell 503-887-2932, or
wkyandon@earthlink.net.

Sep 11 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.
Depart: Wallace Park on NW Raleigh St at 9:30 AM.
Leader: Phillip Jackson 503-639-6250 or 971-404-7137
pjtv@comcast.net

Sep 11 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain.
Depart: Wallace Park on NW Raleigh St at 6:00 PM.
Return about 8:00 PM.
Leader: Donna Covi 503-286-7243 dcibike2@aol.com

Sep 14 (Sat) Nesika Membership Hike—Class B

A beautiful trek up from Multnomah Lodge to the historic and tranquil grounds of Nesika Lodge, offering a babbling creek, lush woods and gradual elevation gain. Trails Club folks will be working there so it will be open for your visit. Bring water and lunch or snacks. This hike and lodge visit qualifies you for Trails Club membership if you wish to apply. Hike about 8 miles round trip with 1700-1800 feet elevation gain. Moderate-plus pace.
Depart: Gateway Park & Ride garage at 8:30 AM, or from Multnomah Falls Lodge gift shop by 9:15 AM
Leader: Jane Garbisch 503-314-2233.

Sep 14-15 (Sat-Sun) Nesika Work Weekend

Come join us at Nesika for a weekend of work, food, and camaraderie. We will be finishing up several projects including the back porch roof, painting Redwing, misc repairs, and the ever popular fall wood moving. Stephen Brown will be our cook. Register with: Randy Dietrich
randyd@Spiritone.com or 503-245-5762 by Wednesday night Sep 11

Sep 14-15 (Sat-Sun) Multnomah Falls to Nesika Hike

Hike to Nesika for the Sept. work weekend. We'll climb the Larch Mountain Trail, pass beautiful waterfalls and follow

the Cougar Rock Trail to Nesika. I am spending the week-end doing maintenance tasks at the lodge and will lead a hike back down on Sunday afternoon, however you can return Saturday at anytime if you are comfortable returning on your own. If you would like to become a club member, this hike and lodge visit meet all membership requirements. This hike is about 4 miles each way with about 1800 feet elevation gain. Bring water and a snack. We will meet outside Multnomah Falls Lodge gift shop at 6 pm. Bring a headlamp as it may be getting dark before we arrive! Sunset is at 7:30. Leader: Jeff Lawton 503-686-4717, trailsclubtrips@gmail.com

Sep 18 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader. Depart: Wallace Park on NW Raleigh St at 9:30 AM. Leader: Richard Gaunt 971-404-1153 898rick@gmail.com

Sep 18 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain. Depart: Wallace Park on NW Raleigh St at 6:00 PM. Return about 8:00 PM. Leader: Gini Bateman 503-475-8712 ginibateman@comcast.net

Sep 19 (Thu) Eat 'N' Hike Picnic

Come join us for a potluck picnic at Mary S. Young State Park in West Linn! A great area for an hour hike after dinner! I will bring a hot dish of chicken something, but good, and lemonade. Bring your favorite potluck dish, and eating utensils. Meet: Mary S. Young State Park, on Hwy 43 (also called Pacific Hwy & Willamette Dr.) in West Linn. The park is south of Marylhurst University. Call if you have any questions. Time: Eat at 6 pm and hike (not an official TCO hike) at 6:45 or thereabout. More Information: Arleta Miller 360-607-2864 leadadann@hotmail.com

Sep 21 (Sat) Banks-Vernonia Bike Ride—Class A or B

We will start at the Banks trailhead and ride to Vernonia on a paved bike/walking/horse path. The trail was built on a former railroad bed and passes through beautiful forested land. There is a 7 mile uphill section with 1 steep hill. The rest is mainly flat or downhill. We will eat lunch at Vernonia Lake and return along the same path. 44 miles round trip. There is an option to camp in Vernonia and return the next day. There are also 2 other trailheads to start from. One would shorten the total distance to 30 miles, and the other to 20 miles. Contact leader for start times, directions and questions. Leader: Maureen Covell 503-954-4501 or charleycvl@aol.com

Sep 25 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.

Depart: Wallace Park on NW Raleigh St at 9:30 AM. Leader: Phil Crosby 503-636-1853 ascot@SpiritOne.com

Sep 25 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain. Depart: Wallace Park on NW Raleigh St at 6:00 PM. Return about 8:00 PM. Leader: Catherine Schiedler catherineschied@gmail.com

Sep 28 (Sat) Nesika Supper Hike—Class B

Please make your supper reservations for the Hike & dine (see below). Then plan on a beautiful, afternoon hike along Multnomah Creek to the Trails Club's remote lodge, located high above Multnomah Falls. Be sure to leave in time to find a parking space. Bring a flashlight (or two) w/ fresh batteries for the hike out after supper. Hike: 8 miles w/ 1,800' elevation gain. Depart: 3:00 PM in front of Multnomah Falls Lodge. Leader: Kelly Marlin, mazamamama@frontier.com or 503-665-6778

Sep 28-29 (Sat-Sun) Nesika Hike and Dine

Meet at Larch Mountain Road Gate at 9 am. There will be a hike starting at the Lodge. Dinner will be served between 5:30 and 6:00 PM The meal will be delectable Italian. I'm the cook and have a trained chef "helping" me. Make reservations by Sep 25, 5 PM You are welcome to come only for dinner and not spend Saturday night. Register with: Nancy Overpeck at 360-573-6878 or overpeck@wa-net.com.

Sep 28-29 (Sat-Sun) Tyee Work Weekend

We will be concentrating on wrapping up our projects as much as possible in case there is an early snowfall. Also, we hope to have enough wood on site to place in our temporary wood storage shed in preparation for next year. This is the month we bring in all the staples and supplies for the winter season. Please make your reservations no later than Wednesday, September 25th, with Rebecca Knuteson, 503-639-2234, or email rknuteson@gmail.com. For more information contact George Milne 503-572-8512 or lodgechair@trailsclub.org.

Meeting Places

Gateway Park & Ride From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the Park and Ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84, take I-205 and follow the above exit and instruction.

Wallace Park is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh St between NW 25th Ave and NW 26th Ave. Parking is usually not a problem on Raleigh. TriMet buses 15, 17 and 77 service is near.

Target is a common westside meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen

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Pkwy, turn east (left) one block to NW Town Center Dr, Park in the southwest corner of Target's parking lot TriMet bus 47, 52 and 89 service is near.

Trails Ahead

Tyee Schedule —2013

Date	Event Description	Contact
Sep 28-29 (Sat-Sun)	Work Weekend	George Milne
Oct 19-20 (Sat-Sun)	Hike & Dine	Nancy Overpeck
Oct 26-27 (Sat-Sun)	Work Weekend	George Milne

Nesika Schedule —2013

Date	Event Description	Contact
Sep 14-15 (Sat-Sun)	Work Weekend	Glen Conrad
Sep 28-29 (Sat-Sun)	Hike & Dine	Nancy Overpeck
Oct 12-13 (Sat-Sun)	Work Weekend	Glen Conrad

Trails Club Bike Ride Schedule—2013

Date	Event Description	Contact
Sep 05 (Thu)	Puget Island	Gisela Piercy
Sep 12 (Thu)	Octoberfest Ride-	Louis Sowa
Sep 21 (Sat)	Vernonia/Banks	Maureen Covell
Oct 08-23 (Tue-Wed)	Natchez Trace-Trip	Gerda Eck

Natchez Trace Bicycle Trip Oct 8-23 (Tue-Wed)

Trip Full, Alternates Only

This 444-mile Parkway was established as a unit of the National Park System in 1938 and officially completed in 2005. We will fly to Nashville, stay in B&B's and Hotels, bicycle between 40 and 60 miles a day. We will tour the Antebellum homes in Natchez, MS; visit the birthplace of Elvis Presley in Tupelo, MS; and visit the Grand Ole Opry in Nashville. We will pedal in three states with an abundance of history, the leaves will be turning and the temperatures will still be warm in the South. This trip is limited to 10 participants. Applications closed May 10th. For more information please contact Gerda Eck, 503-804-4214 gerdaeck@comcast.net.

In Memoriam: George Blinco

George Blinco, a good friend and long time member of the Trails Club of Oregon, passed away peacefully last Thursday. His memorial service will be after Labor Day; Those interested should contact me. A full article will be in the October blazer. By Art Stangell

Let's Talk About It

First Aid Corner

A nurse asked me last week while we were on the Alpine Outing whether we had Steri Strips in the first aid box. We didn't. Steri Strips work better at closing minor cuts than

butterfly band aides she pointed out. Sometimes, they are used instead of stitches. At home, I looked into this product since I am not a medical person. I found that she is right, but like everything in the first aid kit, the user has to have some knowledge how to use them. If the club includes them in the first aid kit, we will need to be sure that directions are clear. Butterfly bandages might be easier in many cases.

When I went on line, I found that I could buy 10 packs of three strips each for about \$8 using my Amazon Prime to avoid shipping. Shelf life is 5 years at the most. This might be a product that several members want to share the cost of as it seems unlikely most of us would need more than two of the 10 packages in our personal first aid kit.

Diana Forester, First Aid Coordinator

Appreciation: Maintaining Lodges

I would personally like to extend my appreciation to those who make the TCO special among outdoor clubs by maintaining two wonderful lodges. Both are, in my opinion, showcases for what hiking club lodges should be. Thanks to all of you who give of your time and talent that contributes to making them clean and safe.

At Nesika an exterior renovation of both dorms and the interior of what we still call the women's dorm has been substantially completed. The interior is now bright and clean and eliminating a few bunks has made it much more comfortable, so I am told. Also, a roof will be in place over the rear patio of the lodge by winter so coolers can be left out there and the cooks can remain dry in the winter and cooler in the summer. There is a new cabinet above the old cooler space to expand kitchen storage and it is beautiful. In addition, the wash out at Multnomah Creek was repaired in August and should provide safe passage for years to come.

At Tyee the fire escape on the front of the lodge has been renovated to comply with child safety regulations, One foot bridge has been rebuilt and a second, outside the basement door, has been reinforced The winter entrance was rebuilt last year and a very functional deck was installed above. There is a new food storage unit for holding food temporarily on the deck outside the kitchen. New lighting, sink faucets and plumbing in the kitchen will make working there much more pleasant. A substantial temporary wood storage structure has been erected to allow us to store fresh cut wood a year in advance so it will be cured when moved into the basement.

I would like to single out two people that contribute so much to make these places something we can be very proud of. Glen Conrad who has taken the job of Nesika Lodge Chair and Steve Brown who served as Tyee Lodge Chair for several years before retiring in May. Please extend your appreciation to both of these members. We will have a new Tyee Chair in October and I will announce that name at that time. Again, many, many thanks to all who have been a part of taking care of both lodges. You make me proud. It is a privilege for me to work with all of you. George Milne, Trustee-Lodges & Properties

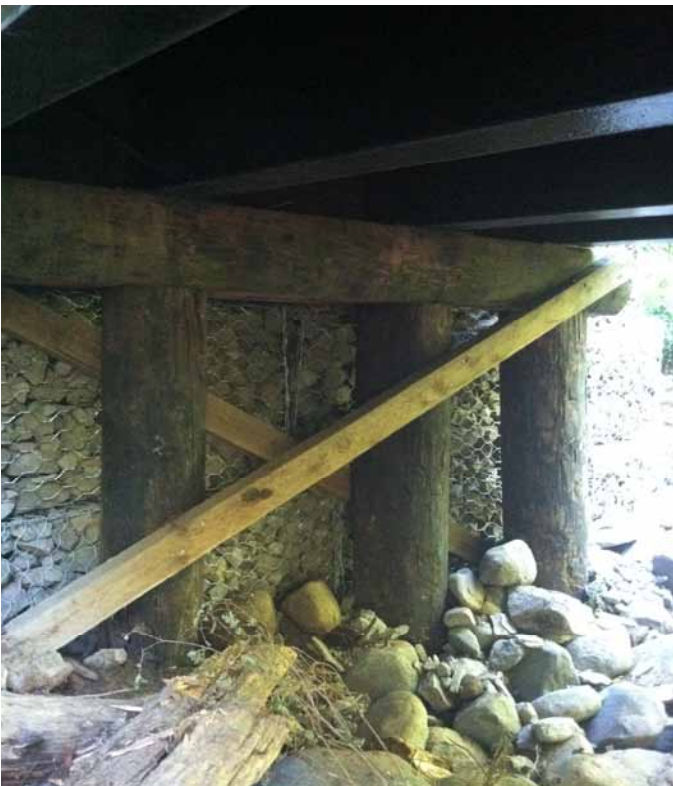
Multnomah Creek Bridge Road Repair

The Multnomah Creek Bridge road repair has been completed. Our contractor, Cat Works Construction out of Battleground Washington, completed the work well within the window of time we were allotted by the Forest Service to get the work completed. They did a fantastic job. The wood from the temporary ramp has been recycled to reinforce the two deteriorating foot bridges over the creek in the basin.

George Milne, Trustee-Lodges & Properties



Completed Repair By George Milne



**Completed Repair Below Bridge
By George Milne**

Forest Park Project Evaluation Method

The staff has worked hard, and it is clear that some form of decision document is needed to screen applications for implementation or changes to the Forest Park Management Plan of 1995. The PEM (or whatever it is going to be renamed) does need more than tweaking. First, some undergirding studies are not adequate. A letter from Linfield College Associate Professor Nancy Broshot to Mayor Hales Jan. 25, 2013 stated that no new trails of any kind should be created in the park. She writes "Until we know more about the actual biological status of the park and the reasons for my observed changes, adding any use could put the park over the tipping point where it can function as a normal forest ecosystem." (letter attached)

The recreation use study describes the park users as age 25-57 but this may be an artifact. The study interviewed on 6 Saturdays and 1 Wednesday. Working people recreate on weekends but retired people recreate weekdays. The Trails Club hikes on Wednesday mornings are attended by many retired persons and the Wednesday evening hikes by more young working people.

Second, the cart is before the horse. As someone pointed out in the public meeting of August 5, the FPMP has a "to do" list which is some 18 years old and still waiting to be implemented. Except for maintenance and replacement, no new projects should even be entertained until the "to do" list is finished. Then, when new projects are considered, it is at the *beginning* of the process that the question "Does it need to be in Forest Park" should be asked and answered. The answer to that should generally be "No".

We find the numerical system of weights gives a false sense of impartiality. There needs to be justification for the weighting (in addition to the major category weightings, such as fire being of lesser importance) of the evaluation criteria for them to be more useful than the qualitative "this is better than that".

We do not like the concept of "enhancement" for disturbance. It might better be termed "mitigation". If it is a minor disturbance, it can be considered; if it is major disturbance, it cannot be considered. Therefore, the estimation of disturbance is a critical judgment.. There should always be a "no build" option. It would be better, as was suggested at the August 5 meeting to subtract from the score when evaluating the project. As the FPMP makes clear, there should be little further development because other parks will meet the need.

In the case of single-lane biking, Gateway and Riverview are being developed, and Powell Butte has sufficient mountain biking that hikers are leaving the park. Fashions come and go, the urban wilderness should remain.

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The use of partnerships with organizations that may be ephemeral can be fraught with difficulty. True, hiking groups have for years built trails in the National Forests and maintained them, but that has been much less desirable than that the N.F. budgets contain money for trails out of timber receipts. This is true also of volunteer monitors. They need to be headed up with paid staff from the City.

Thank you for the opportunity to comment

P. Sydney Herbert
5125 SW Dosch Rd
Portland, OR 97239-1252
Trails Club of Oregon

J. Michael McClosky
2829 SW Sunset Blvd
Portland, OR 97239-1252

Summary of Board Minutes

There was no Board Meeting In August.



Stone House—Forest Park By Phil Jackson



**Boardwalk Work & Sparrow Hawk in Forrest Park
By Ken Kane**



Multnomah Falls By Phil Jackson



Columbia River Gorge By Phil Jackson

Membership Notes

If you have any feedback, positive or negative, about the following individuals who have received their first readings, PLEASE contact one of the board members before the next board meeting (2nd Tuesday of the month). We wish to hear your input before the final vote into membership. Club member input is very important in this process.

Do you know a prospective new member? Send his/her name and address to membership@trailsclub.org for him/her to receive a couple of free Blazers. This is the best way to report guest information from hikes, lodge visits, and other trips.

First Readings

Polina Oh
10800 SE 17th Cr
Vancouver, WA 98664
360-990-9340
polinaoh@yahoo.com
Sponsors: Namhae Lew
& Peter Nelson

Sondra Tootell
6840 SW 26th Ave Apt 42
Portland, OR 97219
503-922-9525
sondrat-17@hotmail.com
Sponsors: Pam Moore
& Cindy Lee

Second Readings

Thomas (Tom) T. Meyer
James F Galbreath
Barbara K Madsen

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September 2013

Gentle Reminders

For activities such as bicycle, kayak, and x-c skiing check with the leaders for the difficulty level of the activity. Good equipment for the specific activity is required for all events.

For hikes and showshoe activities:

Class A—Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B—Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C—Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Note: Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the leader if you have any questions about the trip and to let him or her know that you will be attending.

Bring plenty of water and a sack lunch. Please, no alcohol.

Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Everybody should stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Be prepared to pay a small fee of \$2 for Guests, \$1 for Members for day activities.

Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders.

If you have reserved for an activity at a lodge that involves food expense and are unable to participate you are obligated to do one of the following: cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: **blazer@trailsclub.org**

Submissions are due by the fifteenth of the month prior to publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis
Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name Phone and/or email.

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Send pictures, new events, corrections and anything else for the Trails Club of Oregon Web site to
webmaster@trailsclub.org.