



Trail Blazer

Vol. 86 No. 10 For information, call 503-233-2740 (Portland, OR) or access www.trailsclub.org. October 2013

Upcoming Events		
Date	Day	Event Description
02	Wed	Morning Hike—Class A/B
02	Wed	Evening Hike—Class B
05	Sat	Hardy Ridge Hike - Class B
06	Sun	Wauna Viewpoint Hike—Class A
08	Tue	Board Meeting—7 PM, Mazama MC
09	Wed	Morning Hike—Class A/B
09	Wed	Evening Hike—Class B
12	Sat	Nesika Membership Hike—Class B
12-13	Sat-Sun	Nesika Work Weekend
15	Tue	Blazer Deadline
16	Wed	Morning Hike—Class A/B
16	Wed	Evening Hike—Class B
19	Sat	Twin Lakes Area Hike—Class B
19-20	Sat-Sun	Tyee Hike and Dine
23	Wed	Morning Hike—Class A/B
23	Wed	Evening Hike—Class B
26-27	Sat-Sun	Tyee Work Weekend
30	Wed	Morning Hike—Class A/B
30	Wed	Evening Hike—Class B
Scheduling is updated on web site www.trailsclub.org		
Meeting places are detailed at the end of events section.		
TRIP FEES: Members \$1; Guests \$2		

Announcements

Notice to all TCO members. Proposed Changes to Bylaws

The following proposed changes to the club bylaws are to be voted on by the membership at the annual club meeting on November 11, 2013 at Rose Villa. They have been unanimously approved by your current Board of Trustees. Please attend and make your voice heard. If

you wish to see the actual text proposed, send your request by email to president@trailsclub.org.

1. Allow The Board of Trustees to vote by proxy.

When a Trustee has a planned absence from a Board meeting, they may appoint a proxy to vote for them with 48 hours advance notice to the President.

2. Allowing voting via e-mail for the Board of Trustees outside of the normal Board meeting times.

This allows decisions to be made when time is of the essence and waiting for the next meeting is not practical. Proxy voting will not be allowed via text messaging..

3. Raise the TCO trust fund base investment level to \$400,000 with a growth factor of 3.5% per annum. It is currently at \$365,000.

4. Promote both the Nesika and Tyee lodge chairpersons to Trustee status and eliminate the single Lodges Trustee position. Both Lodges are a very important part of our club and it is felt that they both deserve to be represented on the board by their own Trustee"

5. Add the Secretary as a check signer in addition to President, Vice President and Treasurer. This will facilitate obtaining the required two signatures on all club checks.

6. Revise the body of the Bylaws to correct minor grammatical or spelling errors and punctuation.

7. Add a non-discrimination statement at the beginning of the Bylaws:.

The Trails Club of Oregon shall not discriminate on the basis of race, color, religion, gender, age, national origin, sexual orientation or marital status, in any of its activities or operations. These activities include leading or participating in club events and lodge activities and holding any office on the Board of Officers and Trustees. The use of "he" in these bylaws refers to persons of either gender.

TRAIL BLAZER

Published monthly by the
Trails Club of Oregon
P.O. Box 1243
Portland, OR 97207-1243
Information Phone 503-233-2740

Organized 1915

Incorporated 1923

Member of the Federation of Western Outdoors Clubs

Subscription is included with membership. Non-member subscription by request to PO Box is \$25 per year.

POSTMASTER: Send address changes to THE TRAILS CLUB OF OREGON

P.O. Box 1243, Portland, Oregon 97207-1243.

The purpose of the Trails Club is to foster and stimulate interest in hiking, climbing, skiing, camping and other similar outdoor activities and to promote activities of a social nature for the benefit of its members. The Club's interests and concerns are conservation of natural beauty and resources of the country. All Club activities are affected by the voluntary participation of the members. Membership requirements include an approved outdoor activity, a scheduled lodge visit, recommendations by two members within a one-year period, approval by the Board of Trustees, and payment of \$45 in dues for first household member, \$25 for each additional household member or those over 65 years of age and a \$15 entrance fee.

Board Meetings: 2nd Tuesday of the month, 7:00 pm, at Mazama Mountaineering Center, 527 SE 43rd Ave. at SE Stark St. Portland, OR

PresidentRichard Gaunt
Vice PresidentBill Yandon
SecretaryMerrill Hugo
TreasurerCindy Lee
Trustee-LodgesGeorge Milne
Trustee-MembershipCallista Snively
Trustee-PublicationsPhillip Jackson
Trustee-SocialLisa Osburn
Trustee-TripsJeff Lawton
Legal CounselArt Stangell

Administrative Assistant:

Virginia Larson
360-263-3541 503-750-9316
admin@trailsclub.org

Editor:

Phillip Jackson

Changes and other club correspondence should be mailed to:

Membership@trailsclub.org or
Trails Club of Oregon
P.O. Box 1243
Portland, Oregon 97207-1243

Oregon Washington Sno-Park Permit Reciprocity Agreement ends

Please note: Due to a recent change in the State of Washington's Sno-Park program regulations, Oregon's Sno-Park permits will not be honored in Washington Sno-Parks. As a result, Oregon will no longer honor Washington's Sno-Park permit. Vehicles registered in Washington will need to have a valid Oregon Sno-Park permit displayed on the vehicle when parked in an Oregon Sno-Park effective November 1, 2013.

Conserving Oregon's Environment: Breakthroughs That Made History

That's the title of a new book by Michael McCloskey, a former Director of the Sierra Club. Having devoted over 40 years to Oregon conservation, McCloskey has written this celebration of the pioneers and movements that made and continue to keep Oregon as pristine as any other state in the country.

TRAILS CLUB OF OREGON ANNUAL MEETING MONDAY, NOVEMBER 11 7:30 PM

Rose Villa Fellowship Hall
13505 SE River Road, Milwaukie, OR

Delicious desserts, compliments of the Social Committee, served from 7:00-7:30 PM Learn what our club has accomplished this year and vote on new Board members!

NEW MEMBERS' SOCIAL!

If you are a new member since the last Annual Meeting, watch your mailbox for your invitation to the New Members' Social at 6:00 PM on Nov. 11th before this year's Annual Meeting. You can meet other new members and Board members, talk to some of our committee chairs, have questions answered, and get a parking spot before they're all taken! Sandwiches, salads, and beverages will be provided, followed by dessert at 7:00 and the Annual Meeting at 7:30. We look forward to seeing you at the New Members' Social.

TCO BOARD NOMINEES FOR 2014

The Nominating Committee endorses the following TCO members, who have agreed to serve on the Board of Trustees if approved by the membership at the annual meeting:

Officers:	President	George Milne
	Secretary	Merrill Hugo
Trustees:	Lodges	Callista Snively
	Membership	Joan Miller
	Social	Barbara Jones
	Trips	Jeff Lawton

Events

Oct 02 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.
Depart: Wallace Park on NW Raleigh St at 9:30 AM.
Leader: Kathy Pollock 503-753-0560 or pollockkathy@gmail.com,

Oct 02 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain.
Depart: Wallace Park on NW Raleigh St at 6:00 PM.
Return about 8:00 PM.
Leader Bruce Seymour 503-722-2290
Bruceseymour65@gmail.com

Oct 05 (Sat) Hardy Ridge Hike—Class B

Saturday hike: Let's hike up this beautiful open ridge in the Gorge and enjoy fall colors and spectacular views of Hamilton Mountain, Mt Adams and Mt. Hood. I like this trail because it's usually not crowded. The first part of the hike follows shady forest roads with moderate gain, but there's also a short, steep climb up to the start of the mile-long open ridge. Bring water and a lunch. A Washington State Discovery Pass is required for parking at the trailhead. A complete description of this hike can be found at: http://www.portlandhikersfieldguide.org/wiki/Hardy_Ridge_Loop_Hike
Distance: 8.1 miles RT, Elevation gain: 2200 feet, Difficulty: Moderate
Depart From: Gateway Transit Center parking garage at 8:30 AM (99th and NE Glisan)
Leader: Jeff Lawton Make reservations with Jeff Lawton at trailsclubtrips@gmail.com.

Oct 06 (Sun) Wauna Viewpoint Hike—Class A

We start from a parking lot near Bonneville Dam for this easy-paced hike. Climb to a view of the Columbia Gorge and loop back along the Historic Columbia River Highway. Hike 4.8 miles with 900 feet elevation gain. Drive about 70 miles round trip. Drivers need a trailhead parking permit.
Depart: 9:00 AM from Gateway Park and Ride
Leader: Carolyn Jenkins 503-422-6456

Oct 09 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.
Depart: Wallace Park on NW Raleigh St at 9:30 AM.
Leader: Callista Snively 503-330-7344 kissta9@gmail.com

Oct 09 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain.
Depart: Wallace Park on NW Raleigh St at 6:00 PM.
Return about 8:00 PM. Leader Lotte Schmitz 503-722-2290 lotteschmitz@msn.com

Oct 12 (Sat) Nesika Membership Hike—Class B

This hike will pass through dense forest and see several waterfalls and Columbia Gorge views on the way to visit Trails Club's historic and tranquil Nesika Lodge. Members will be spending the weekend doing maintenance tasks at the lodge and will welcome you to rest and eat your snack/lunch. If you would like to become a member, this hike and lodge visit meet all membership requirements. This moderately strenuous hike is about 8 miles round trip with about 1800 feet elevation gain. We hike to the top of Multnomah Falls then another 3 miles along Multnomah Creek and a gravel road that will take us near the lodge. Bring water and lunch or snacks. Depart: Gateway Park and Ride 8:30 AM or Multnomah Falls gift shop 9:15 AM
Leader: Bob Walker 503-318-7425 or 70190bikerbob@gmail.com.

Oct 12-13 (Sat-Sun) Nesika Work Weekend

Bring your woodcutting and stacking skills for our last work weekend of the season. We hope to have one of the large hazard trees down for processing into the woodshed. We will finish up any remaining projects and prepare for the winter hiking season at our unique home in the National Scenic Area. Pamela Moore and Jeff Crinklaw will be our cooks.
Register with: Glen Conrad at 360-837-3787 or lcgrconrad@aol.com by Wednesday night Oct 9.

Oct 16 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.
Depart: Wallace Park on NW Raleigh St at 9:30 AM.
Leader: Ron Silvis 971-998-5042
ronaldrsilvis@aol.com

Oct 16 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain.
Depart: Wallace Park on NW Raleigh St at 6:00 PM.
Return about 8:00 PM.
Leader Gini Bateman 503-475-8712
ginibateman@comcast.com

Oct 19 (Sat) Twin Lakes Area Hike - Class B

Wilderness restrictions limit group size to 12. This Mt. Hood area hike begins and ends at Frog Lake Sno-Park. From there, we'll amble along the PCT for a couple miles before visiting Palmateer Point for spectacular (weather-permitting) views of Mt Hood. Our return route will loop past Upper and Lower Twin Lakes. If you would like to extend your day to include supper or lodging at Tyee Lodge, near Government Camp, please make reservations with the host. (see below). **Non-members need to be hosted by a TCO member who is staying at the lodge to stay overnight.**

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Vehicles will need to display a NW Forest Pass. Hike: 9.1 miles w/ 1,550' elevation gain Drive: 100 r/t miles
Depart: 8:30 from Gresham Village Shopping Center on Burnside
Leader: Kelly Marlin, mazamamama@frontier.com or 503-665-6778

Oct 19-20 (Sat-Sun) Tyee Hike and Dine

Please join us for an authentic Indian dinner cooked by Ann McKinney, her daughter and son-in-law, Cielle and Bill, plus 4-year-old Griffin. Cielle and Bill lived in India for two years and enjoy the food immensely. There will be a vegetarian dish plus a meat and/or fish option. When signing up, please let Ann know your spice preference and any other food-related allergies or restrictions. Kids are more than welcome and Indian dress optional :-).
Register with: Ann McKinney 503-309-6579 or ormsbee36@gmail.com

Oct 23 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.
Depart: Wallace Park on NW Raleigh St at 9:30 AM.
Leader: Leader: Joan Miller 503-524-0562
gojo250@gmail.com,

Oct 23 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain.
Depart: Wallace Park on NW Raleigh St at 6:00 PM.
Return about 8:00 PM.
Leader Eric Berg ericwb@aol.com

Oct 26-27 (Sat-Sun) Tyee Work Weekend

This will be the last opportunity to complete projects we have worked on this summer. It has been a productive work season with work in progress to improve lighting in the living room and kitchen, faucets and drains in the kitchen sinks, the outside pie cooler, one new foot bridge, a covered outside wood storage structure and extensive repairs to the fire escape. There should also be wood to split and stack and it will be time to set up for the winter by covering windows, placing signs and poles and installing new rope on the path.. Debbie Ralls will be our cook. Please make reservations no later than Wednesday the 23rd with George Milne, 503-572-8512 or email lodgechair@trailsclub.org

Oct 30 (Wed) Morning Hike—Class A/B

We hike 4 to 6 miles, for 2 to 4 hours, usually in Forest Park, then lunch at a nearby cafe. For the distance or difficulty of the hike call the leader.
Depart: Wallace Park on NW Raleigh St at 9:30 AM.
Leader: Leader: Chuck Barrows 503-244-4967
barrows4967@msn.com

Oct 30 (Wed) Evening Hike—Class B

We hike approximately 6 miles in Forest Park and West Hills with 500 feet of noncumulative elevation gain.

Depart: Wallace Park on NW Raleigh St at 6:00 PM.
Return about 8:00 PM.
Leader Catherine Schiedler
catherineschied@gmail.com

OCT 30: LAST WEDNESDAY EVENING HIKE FOR 2013—SEE YOU IN APRIL!!!!

Meeting Places

Gateway Park & Ride From I-205 take the Glisan Street exit, proceed east to 99th Ave, turn north, proceed a couple of blocks and park in the Park and Ride garage. Meet at the SE corner of the structure (near the stairs) on the sidewalk (directly inside if it is raining). From I-84, take I-205 and follow the above exit and instruction.

Wallace Park is the usual meeting place for Forest Park and city hikes. Meet at Wallace Park on NW Raleigh St between NW 25th Ave and NW 26th Ave. Parking is usually not a problem on Raleigh. TriMet buses 15, 17 and 77 service is nearby.

Target is a common westside meeting place for hikes. Exit US 26 at NW 185th Ave and drive south to Evergreen Pkwy, turn east (left) one block to NW Town Center Dr, Park in the southwest corner of Target's parking lot
TriMet bus 47, 52 and 89 service is nearby.

In Memoriam: George Blinco

By Art Stangell

The Trails Club lost another Golden Member on August 21, 2013. George Blinco passed away peacefully with his daughters at his side. George was very active in the club: President in 1973 and 1974, club treasurer for several years, pushing hard for the replacement of Nesika, and on the budget advisory committee as late as 1997. George was a special person, one of many in the club who helped raise me. My family attended numerous work parties at Tyee and Nesika; George and Helen and their daughters were a mainstay, and George disciplined me as a second father. He took me on my first backpack as a teenager, and I purchased his 1953 Chevorlet Station Wagon as my first car. My father and I worked on the engine together. I remember helping push that car up the hill to the gate. In later years, I joined George and a group of Trails Clubbers that played cribbage once a month, most of them gone now. He was always good company; I will miss him.

Let's Talk About

First Aid Corner

Recently one of the members of the Alpine Outing in Idaho arrived at the camp with what she believed were symptoms of altitude sickness. She had a very bad headache, nausea, and vomiting, but seemed better the next morning. There were two first aid books in the first aid kit and one of them was on wilderness first aid. We read the entry on altitude illness and learned that her symptoms were that of

mild altitude sickness and that the fact that she was better was a good sign. The booklet also listed the treatment. Those of us with first aid training knew most of this information but were surprised to learn that the author recommended limiting salt. Needless to say, this booklet was very comforting and helpful. The person who was ill recovered in a day and had no further problems. If you want to purchase a wilderness first aid book small enough to fit into your first aid kit, you can buy used copies of "A comprehensive guide to wilderness and travel medicine" by Eric Weiss. Amazon lists the sellers, and some of the prices are very low. Or you can download the book for free. Diana Forester, First Aid Coordinator

Wood Donation

A special thanks to Phil and Irene Crosby and Stephan Brown for donating much needed firewood to Tyee. As you enjoy a nice warm fire think about their generosity. George Milne, Trustee—Lodges & Properties

FWOC Meeting

Sydney Herbert and Sylvia Milne represented TCO at the Federation of Western Outdoor Clubs in September at Leavenworth, WA. George Milne is Treasurer of FWOC and spoke about the current struggle happening in Forest Park. A resolution drafted by Sydney regarding Forest Park was adopted by FWOC and will be available for our use. Meetings started on Friday evening the 13th and ended Sunday at noon on the 15th. The agenda was packed with many speakers providing excellent information on matters regarding environment and conservation, allowing little time to explore.

George Milne, Trustee—Lodges & Properties

Trails Ahead

Tyee Schedule —2013

Date	Event Description	Contact
Oct 19-20 (Sat-Sun)	Hike &Dine	Nancy Overpeck
Oct 26-27 (Sat-Sun)	Work Weekend	George Milne

Nesika Schedule —2013

Date	Event Description	Contact
Oct 12-13 (Sat-Sun)	Work Weekend	Glen Conrad

Trails Club Bike Ride Schedule—2013

Date	Event Description	Contact
Oct 08-23 (Tue-Wed)	Natchez Trace-Trip	Gerda Eck

Natchez Trace Bicycle Trip

Oct 8-23 (Tue-Wed)

Trip Full, Alternates Only

This 444-mile Parkway was established as a unit of the National Park System in 1938 and officially completed in 2005. We will fly to Nashville, stay in B&B's and Hotels, bicycle between 40 and 60 miles a day. We will tour the Antebellum homes in Natchez, MS; visit the birthplace of Elvis Presley in Tupelo, MS; and visit the Grand Ole Opry in Nashville. We will pedal in three states with an abun-

dance of history, the leaves will be turning and the temperatures will still be warm in the South. Limit is 10 participants. Applications closed May 10th.

For more information please contact Gerda Eck, 503-804-4214 gerdaeck@comcast.net.

Summary of Board Minutes

TRAILS CLUB OF OREGON BOARD OF TRUSTEES MEETING September 10, 2013

Call to Order—Meeting opened at 7:05 PM. Present were: Joan Miller for Callista Snively, Phil Jackson, Richard Gaunt, Jeff Lawton, Cindy Lee, George Milne, Bill Yandon, and Virginia Larson Admin. Assist. Also present; Carolyn Jenkins .Absent; Merrill Hugo

Approval of Minutes—Minutes of July meeting approved George/Bill

Administrative Assistant's Report—General clerical duties were performed and also provided clerical support for Outings. Complete report on file.

Calendar Update—Search and Rescue group using Nesika in September and an Outing reunion in October at Tyee.

Treasurer's Report :

Beginning Balance July 1, 2013	\$15,550.84
Deposits	24,596.00
Checks	-10,965.33
Balance July 31	\$29,181.51

The Board had a general discussion regarding insurance for outings and trips, and a discussion on the Trails Club policy regarding reimbursements for repairs on personal vehicles. No decision was reached.

Complete report containing current expense sheet on file.

Membership—Joan Miller reported for Callista Snively.

First Readings: Robert E Criteser, Ray G. Amsinger, Susan C. Brown, and Linda D. Atwater.

Second Readings: Polina Oh and Sondra Tootell.

Reinstatements: Joe Kelly. **Deceased:** George Blinco

All second readings and reinstatements were approved.

Trips—First Meetup meeting was in August, and 18 signed up for September meeting. TCO Meetup is progressing well, and there was a general discussion regarding the Trails Club's increasing use of the Meetup format. There was a general discussion on Young Mazamas. There was a general discussion regarding eliminating or changing outing and trip fees. Jeff Lawton will research further and report back to the Board.

Publications—The Blazer will go out for review as usual prior to sending to the printer. Primary reviewers will be George Milne, and Joan Miller. There will be a note about Michael McCloskey's new book in the Blazer.

Social—Picnics were in July and August, Tyee Hike and Dines in July and August with a hike to Mirror Lake.

There will be a Nesika Hike and Dine the last weekend in September. Adventures and Travel are in the process of

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being scheduled for October and November.

Lodges and Properties—The Nesika/Multnomah Bridge project is complete. There was a general discussion regarding the repairs at Tyee. There was a general discussion concerning Lodge fees and how reservations by members and nonmembers are handled. Further discussion will take place in the future with concerned parties. There was a request for key to Nesika by Carolyn Jenkins. Motion made George/Bill Approved.

Unfinished Business

None

New Business

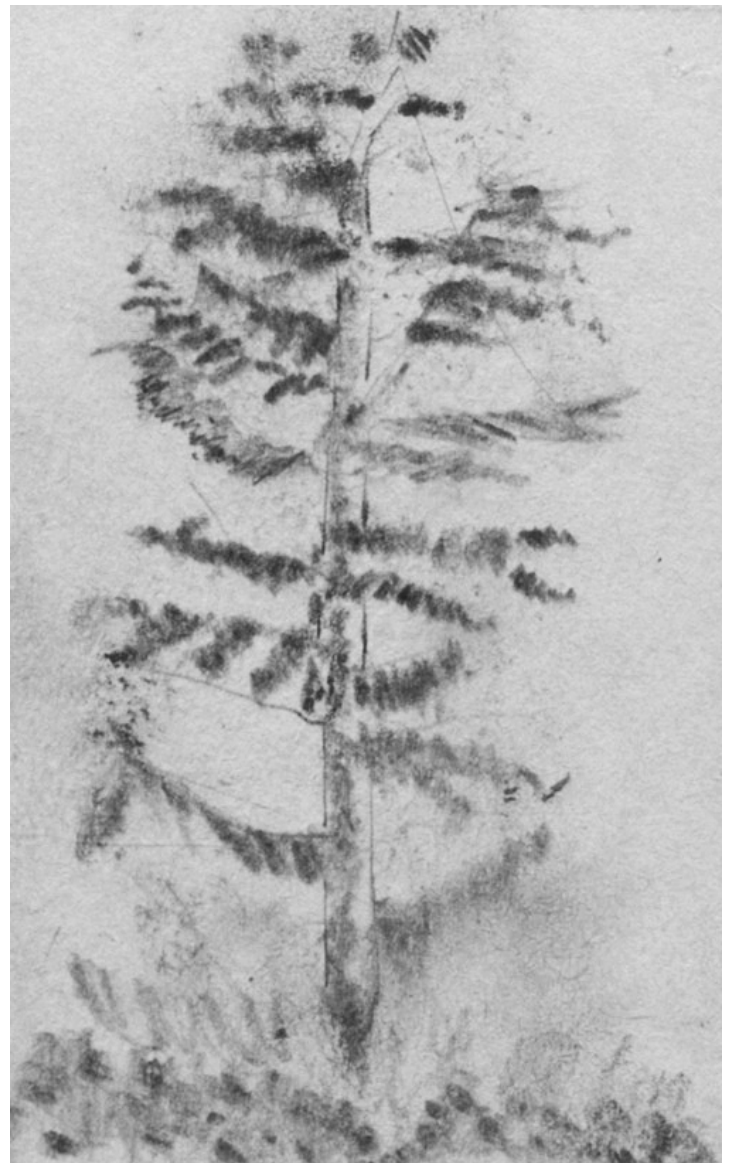
There was a general discussion regarding an email sent by Randy Dietrich in his capacity as Web Coordinator. Personal information has been gleaned from the web site and been the cause of spam to one member. The Board discussed ways to structure the web site to insure the best security possible.

Proposed changes to the Bylaws were considered. They are:

1. Allow voting by proxy at Board Meetings
2. Allow voting via electronic means (email and text message)
3. Raise the TCO trust fund base investment level to \$450,000 (up from \$365,000) with a growth factor of 3.5% per year of the un-spendable balance. We currently use about \$20,000 per year from the trust fund without off budget expenses, e.g. 4% earnings per year on \$450,000 yield \$18,000. This is possibly not a sufficient amount to provide required income. Our goal should be to ensure continued funding of ongoing operations and maintenance without touching the un-spendable balance.
4. Eliminate the position of Lodges Trustee
5. Promote both the Nesika and Tyee lodge chairpersons to Trustee status
6. Add Secretary as a check signer in addition to President, Vice President, and Treasurer
7. Revise the entire body of the Bylaws to eliminate excess spaces, spelling or grammatical errors and update language to include "he or she" in place of "him or his" where appropriate.

Items number 1-7 of the proposed Bylaws changes were approved in principle by the Board. The Board felt that electronic voting should be via e mail only on item #2. The Board's consensus was that in regard to item #3, that the investment level should be \$400,000.00 Richard Gaunt will take these changes and refine them into the proper language required for revision of the Bylaws and submit to the Board at the next meeting.

Conservation;—The FWOC meeting is this week. George Milne led a general discussion regarding the FWOC and the current membership, trails in the Portland Area and surrounding forests and their possible changing use, and Wilderness issues and appropriate use of our Forest. Meeting adjourned at 9:30 George/Lisa Respectfully submitted, William Yandon



**Sketches at Alpine Outing 2013 By Patricia Reynolds:
Indian Paint Brush Wild Flower & Alpine Tree**



Greg Baker & Susan Green climbing in Chamberlain Basin—2013 White Clouds Alpine Outing By WFK



Sunrise on Castle Peak, from camp on lower Chamberlain Lake—2013 White Clouds Alpine Outing By WFK

Membership Notes

If you have any feedback, positive or negative, about the following individuals who have received their first readings, PLEASE contact one of the board members before the next board meeting (2nd Tuesday of the month). We wish to hear your input before the final vote into membership. Club member input is very important in this process.

Do you know a prospective new member? Send his/her name and address to membership@trailsclub.org for him/her to receive a couple of free Blazers. This is the best way to report guest information from hikes, lodge visits, and other trips.

First Readings

Robert E Criteser
2230 SW Eleven Mile Dr.
Gresham, OR 97080
503-807-1160
bocr@gmail.com
Sponsors: Vicki Wood & Glen Conrad

Ray G. Amsinger
6614 SW View Point Terrace
Portland, OR 97239
503-442-9228
rayamsinger@hotmail.com
Sponsors: Callista Snively & Ken Kane

Susan C. Brown
6614 SW View Point Terrace
Portland, OR 97239
503-977-5091
browns123@gmail.com
Sponsors: Kathy Pollock & Glenda Chaite

Linda D. Atwater
2936 SE Tibbetts St
Portland, OR 97202
323-557-8133
ighanafar@gmail.com
Sponsors: Catherine Schiedler & Jeff Lawton

Second Readings

Polina Oh
Sondra Tootell

Reinstatement

Joe Kelly

Deceased

George Blinco

Changes

Karen Eggimann
eggy1946@comcast.net

Carlene St. Thomas
satinthomas@gmail.com

Ingred Wehrle
503-762-5374

Sheryl Wagner
drwagnernd@gmail.com

Polina Oh
10800 SE 17th Circle
Apt 130
Vancouver, WA 98664

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October 2013

Gentle Reminders

For activities such as bicycle, kayak, and x-c skiing check with the leaders for the difficulty level of the activity. Good equipment for the specific activity is required for all events.

For hikes and showshoe activities:

Class A—Shorter, less strenuous activity, typically 4 to 8 miles, less than 1500 feet elevation gain.

Class B—Moderate to difficult, typically 6 to 12 miles, up to 3000 feet of elevation gain.

Class C—Long and difficult, strong experienced participants only, typically over 8 miles, and over 3000 feet of elevation gain. Boots are recommended for B/C hikes.

Note: Harsh or unusual conditions may greatly increase the exertion and skill required. Be prepared for the level of activity you are planning to take. Contact the leader if you have any questions about the trip and to let him or her know that you will be attending.

Bring plenty of water and a sack lunch. Please, no alcohol.

Remember to bring your Ten Essentials. Pets allowed on designated trips only.

Everybody should stay with the group and follow the leader. The leader is responsible for the group's safety. The leader determines which route is taken. The leader has authority to determine if a participant is prepared for the activity. Group safety must come first.

Be prepared to pay a small fee of \$2 for Guests, \$1 for Members for day activities.

Please contribute to any carpooling expenses at the rate of \$.15 per mile. With multiple riders the driver can collect up to \$.30 per mile shared by all the riders.

If you have reserved for an activity at a lodge that involves food expense and are unable to participate you are obligated to do one of the following: cancel before the food is purchased, find someone to take your place, or pay for your share of the food.

All activities must be approved by the appropriate activity Coordinator or the Trips Trustee.

Newsletters

Send write-ups to: **blazer@trailsclub.org**

Submissions are due by the fifteenth of the month prior to publication.

Please use the following format:

Month Day (Day of week) Event Title - Class A, B, C

Description Text - Please include distance, elevation change, and round trip driving distance.

Do not capitalize full words, lines or sentences for emphasis
Day trip descriptions should be under 100 words.

Depart: Meeting place, with address if possible, and departure time

Leader: Name Phone and/or email.

Editor: Phillip Jackson
503-639-6250
10544 SW Windsor Ct
Tigard, OR 97223

Send pictures, new events, corrections and anything else for the Trails Club of Oregon Web site to
webmaster@trailsclub.org.